

FALL 2021

YOUTH TO THE BIG LEAGUES:

MANAGING THE DEVELOPING PLAYER

Nov. 11-13 • OLC • Rosemont, IL

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American Orthopaedic Society
for Sports Medicine

**REGISTER
NOW!**

We Keep You in the Game.[™]



Keep yourself at the top of your field and your players in the game.

AOSSM has partnered with team physicians and the Professional Baseball Athletic Trainers Society (PBATS) to bring you the latest sports medicine education, hands-on practice with expert faculty, in a state-of-the-art learning environment at the OLC Conference & Learning Center.

The agenda covers various medical topics that impact the baseball athlete. Through didactic lectures, case discussions, panel discussions, demonstrations, and hands-on cadaver practice, this course will strengthen your decision-making and diagnostic skills in the care of youth, collegiate and professional athletes in a team sport setting.

Physicians will test their surgical skills in UCL reconstruction, arthroscopic labrum repair, and bicep tenodesis. Athletic trainers will have the opportunity to be up close to see how physicians perform the surgery, ask questions, and potentially help with the procedure.

Learning Objectives

Upon course completion, learners should be able to:

- Analyze epidemiological trends in baseball injuries for youth, collegiate and professional players.
- Integrate prevention strategies with their health care team(s) to improve musculoskeletal and medical health for players.
- Assess and apply surgical and non-surgical treatment recommendations and rehabilitation protocols for the management of essential musculoskeletal and medical conditions.
- Implement strategies to institutionalize enhanced collaboration between allied health personnel and team physicians to care for athletes.

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**Professional
Baseball
Athletic Trainers
Society**

Agenda and faculty subject to change without notice.

AGENDA

Thursday, November 11

- 2:55–3 pm **Welcome and Course Overview**
Marc I Harwood, MD,
Michael Salazar, DAT, MAE, LAT, ATC
Mark S Schickendantz, MD
- 3 –4 pm **The Basics**
Moderator: Keith Meister, MD
- 3:00–3:15 pm *The New Normal: Adaptation or Pathology?*
Mark S Schickendantz, MD
- 3:15–3:30 pm *Biomechanics of Throwing*
Michael T Freehill, MD
- 3:30–3:45 pm *Physical Assessment of the Throwing Athlete*
Gary J Calabrese, DPT
- 3:45–4 pm Panel Discussion
- 4 –5 pm **Elbow, Hand, and Wrist Part I**
Moderator: Michael T Freehill, MD
- 4:00–4:30 pm *Common Hand and Wrist Injuries in Baseball*
Thomas J Graham, MD
- 4:30–4:45 pm *Adolescent Shoulder and Elbow Problems*
Paul M Saluan, MD
- 4:45–5 pm Panel Discussion
- 5 –5:45 pm **Dinner**
- 5:45–6:45 pm **Elbow, Hand, and Wrist Part II**
Moderator: Michael T Freehill, MD
- 5:45–6 pm *UCL Surgery: Reconstruction or Repair?*
Nikhil N. Verma, MD
- 6:00–6:15 pm *Medial Elbow Pain: When It's not the UCL*
Keith Meister, MD
- 6:15–6:30 pm *Managing Complex Elbow Problems*
Keith Meister, MD
- 6:30–6:45 pm *Panel Discussion with Case Presentations*

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6:45 – 7 pm **Break**

7 – 8:15 pm **Shoulder**

Moderator: Keith Meister, MD

7 – 7:15 pm *Labrum Repair or Biceps Tenodesis?*
Nikhil N. Verma, MD

7:15 – 7:30 pm *Managing Rotator Cuff Injuries in Pitchers*
Salvatore J Frangiamore, MD

7:30 – 7:45 pm *Shoulder Instability in Throwers*
Mark S Schickendantz, MD

7:45 – 8 pm *Post-Op Rehabilitation Prescriptions for the Shoulder*
Gary J Calabrese, DPT

8 – 8:15 pm *Panel Discussion with Case Presentations*

8:15 – 9:30 pm **Musculoskeletal Ultrasound Lab**

8:15 – 8:30 pm *Introduction to Musculoskeletal Ultrasound*
Jason A Genin, DO

8:30 – 9:30 pm *Ultrasound Lab: Shoulder and Elbow*
Alex B Behar, MD
Jason A Genin, DO
Christopher Hicks, MD, PM&R
Rajiv Kumar Verma, DO

Friday, November 12

7:30 – 8 am Breakfast

8 – 10:15 am **Medical Issues**

Moderator: Kathleen M Weber, MD, MS

8 – 8:15 am *Management of the Concussed Athlete*
Stephen A Stache, MD

8:15 – 8:30 am *Thoracic Outlet/Vascular Problems*
Kathleen M Weber, MD, MS

8:30 – 8:45 am *Cardiac Screening: What's Adequate?*
Marc I Harwood, MD

Agenda and faculty subject to change without notice.

8:45 – 9:15 am *Sleep: Making Restoration a Competitive Advantage*
Meeta Singh, MD

9:15 – 9:45 am *Mental Health and Skills: Power of the Mind*
Ryan Maid, PhD

9:45 – 10:15 am *Panel Discussion with Case Presentations*

10:15 – 10:30 am **Break**

10:30 – 12 pm **Sports Performance**
Moderator: Gary J Calabrese, DPT, PT

10:30 – 10:45 am *Preseason Evaluation: Key Parameters*
Scott Sheridan, PT/ATC

10:45 – 11 am *Wearable Technology: How Does It Help Us?*
Tom Tomczyk, ATC/LAT

11:00 – 11:15 am *Performance Enrichment Modalities*
Joseph Bengé, ATC/LAT

11:15 – 11:30 am *Return to Play: What Matters*
James Quinlan, PT, AT

11:30 – 12:00 pm *Panel Discussion with Case Presentations*

12: – 12:45 pm **Lunch**

12:45 – 2:30 pm **Knee**
Moderator: Charles A Bush-Joseph, MD

12:45 – 1:15 pm *Knee Ligament Injuries*
Paul M Saluan, MD

1:15 – 1:30 pm *Meniscus and Cartilage Injuries*
Charles A Bush-Joseph, MD

1:30 – 1:45 pm *Anterior Knee Pain*
T Sean Lynch, MD

1:45 – 2 pm *Tibial Stress Syndrome/Shin Splints*
Marc I Harwood, MD

2:00 – 2:30 pm *Panel Discussion with Case Presentations*

2:30 – 2:45 pm **Break**

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2:45- 5:00 pm **Core-Hip-Spine and Foot & Ankle**

Moderator: T Sean Lynch, MD

2:45 – 3 pm *The Painful Hip*
T Sean Lynch, MD

3 – 3:15 pm *Hamstring Injury Management*
Joseph Benge, ATC/LAT

3:15 – 3:30 pm *Core/Sports Hernia*
Straun H Coleman, MD

3:30 – 3:45 pm *Low Back Pain*
Brett Walker, PT, AT

3:45 – 4 pm *Abdominal Oblique Injuries*
Struan H Coleman, MD

4 – 4:30 pm *Panel Discussion with Case Presentations*

4:30 – 4:45 pm *Ankle Sprains: When to be Concerned*
Kirk A McCullough, MD

4:45 – 5 pm *Management of Mid-Foot and Fore-Foot Injuries*
Kirk A McCullough, MD

5 – 7:30 pm **Dinner**
Coaches Corner: Case Presentations and Discussion

Saturday, November 13

7:15 – 8:45 am **Breakfast**

7:45 – 8:30 am **Keynote Presentation: Ortho-biologics in Baseball**
Brian J Cole, MD, MBA

8:30 – 12 pm **Surgical Skills Lab**

8:30 – 10 am *UCL Reconstruction and Repair*
Mark Schickendantz, MD (demonstration)

10 – 11 am *Arthroscopic Labrum Repair*
Nikhil N Verma, MD (demonstration)

11 – 12 pm *Biceps Tenodesis*
Nikhil N Verma, MD (demonstration)

Adjourn the Meeting

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REGISTRATION

Who Should Attend? This conference is designed for physicians, certified athletic trainers, physical therapists, coaches, and those involved with the management, prevention, or rehabilitation of injuries to the baseball athlete.

Fees

Registration Type	Early Bird until October 11	Regular Rate after October 12
Member Physician	\$2,400.00	\$2,500.00
Non-Member Physician	\$2,900.00	\$3,000.00
Allied Health – with lab	\$1,000.00	\$1,100.00
Allied Health – without lab	\$350.00	\$450.00
Fellows/Residents	\$1,900.00	\$2,000.00

Register Risk-Free: AOSSM fully recognizes that every individual's situation is changing daily, and our goal is to make your decision to register in advance as simple as possible. Once registered, if you're unable to attend the meeting, full refunds will be available when canceling before **October 13, 2021**, by sending a written request to registration@aossm.org. After October 13, 2021, there will be a \$150.00 processing fee.

Registration Hours

Thursday, November 11	2:00 pm – 10:00 pm
Friday, November 12	7:15 am – 5:00 pm
Saturday, November 13	7:15 am – 12:00 pm

Hotel Accommodations: A block of rooms has been reserved at Hyatt Rosemont, located one block from the OLC Education & Conference Center, at a group rate of \$124, plus taxes. Reservations may be made at <https://www.hyatt.com/en-US/group-booking/ROSEM/G-AO22> or by calling (847) 518-1234 and asking for the American Orthopaedic Society for Sports Medicine room block. The room reservation deadline is **October 20, 2021**, pending availability. Reservations after this date may be at a higher rate. Attendees are encouraged to book early.

Location: The Orthopaedic Learning Center (OLC) 9400 W. Higgins Road, Suite 100, Rosemont, IL 60018, USA

Attire: Attire is business casual. Consider dressing in layers to accommodate all temperatures.

Program: AOSSM attests that the people responsible for developing this live activity did so independently and were not influenced by commercial supporters.

Continuing Medical Education Credit: The American Orthopaedic Society for Sports Medicine (AOSSM) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. AOSSM designates this live activity for a maximum of 20.25 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Continuing Education for Athletic Trainers: The American Orthopaedic Society for Sports Medicine (AOSSM) (BOC AP# P460) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 20.25 EBP Category hours/CEUs. ATs should claim only those hours actually spent in the educational program.

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Disclaimer: The material presented in this continuing medical education program is being made available by the AOSSM for educational purposes only. This material is not intended to represent the only methods or procedures appropriate for the medical situation discussed, but rather it is intended to present an approach, view, statement, or opinion of the faculty, which may be helpful to others who face similar situations. Neither the content (whether written or oral) of any course, seminar, or other presentation in the program, nor the use of a specific product in conjunction therewith, nor the exhibition of any materials by any parties coincident with the program, should be construed as indicating endorsement or approval of the views presented, the products used, or the materials exhibited by the AOSSM, or its Committees, Commissions, or Affiliates. The AOSSM makes no statements, representations, or warranties (whether written or oral) regarding the Food and Drug Administration (FDA) status of any product used or referred to in conjunction with any course, seminar, or other presentation being made available as part of this course. Faculty members shall have sole responsibility to inform attendees of the FDA status of each product that is used in conjunction with any course, seminar, or presentation and whether such use of the product is in compliance with FDA regulations.

Disclosure Statement: In accordance with the guidelines of the Accreditation Council for Continuing Medical Education (ACCME), it is the policy of the American Orthopaedic Society for Sports Medicine that faculty and planners disclose to the learners all financial relationships during the past twelve months with any commercial interest (any entity producing, marketing, re-selling, or distributing health care goods and services consumed by, or used on, patients). Any and all disclosures will be provided in the final program that is distributed at the meeting to program participants. In accordance with AOSSM policy, faculty participation is predicated upon timely submission and review of AOSSM disclosures. Non-compliance results in faculty being stricken from the program.

Americans with Disabilities Act: The AOSSM wishes to take those steps to ensure that no individual with a disability is excluded, denied services, segregated, or otherwise treated differently than other individuals because of the absence of auxiliary aids and services. If you require any of the auxiliary aids or services identified in the Americans with Disabilities Act in order to attend this program, please contact AOSSM prior to arrival at info@aossm.org.