

Tales of the Tape

Professional Baseball Athletic Trainers Society

MINOR LEAGUE ATHLETIC TRAINERS OF THE YEAR

The 2013 Minor League Athletic Trainers of the Year have been announced by PBATS and this year's class was headed by Jay Williams of the San Francisco Giants. The awards are presented annually to the Minor League Athletic Trainer in each league that best portrays the values and professionalism of athletic training and the Professional Baseball Athletic Trainers Society. This year's winners are as follows:



Jay Williams, San Francisco Giants—Minor League Medical Coordinator

Jeff Allred, Washington Nationals—International League

Eric Ortega, San Francisco Giants—Pacific Coast League

Scott DiFrancesco, New York Yankees—Eastern League

Charles Leddon, Cincinnati Reds—Southern League

Carlos Olivas, Texas Rangers—Texas League

Alan Rail, Minnesota Twins—Florida State League

Grand Hufford, Houston Astros—California League

Patrick Wesley, Baltimore Orioles—Carolina League

Chris Tomashoff, Tampa Bay Rays—Midwest League

Mark Keiser, Kansas City Royals—South Atlantic League

Jason Schwartzman, Detroit Tigers—NY/Penn League

Reggie Mugrue, Toronto Blue Jays—Northwest League

Kiyoshi Tada, New York Mets—Appalachian League

John Duff, Colorado Rockies—Pioneer League

Clete Sigwart, Cincinnati Reds—Arizona League

Phillip Mastro, Pittsburgh Pirates—Gulf Coast League

Alex Rodriguez, Texas Rangers—Dominican Summer League

The Minor League Athletic Trainers would also like to pass along a special thank you to **Frank Neville** of the Milwaukee Brewers for his dedication and hard work in making the voting process more streamlined and web based. Thank you, Frank!

Special points of interest:

- MiLB ATOY
- Steve Carter—Retiring
- Winter Meetings
- ASMI Course

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THANK YOU—Eve Becker-Doyle

As a gesture of appreciation for all she has done for PBATS, the relationship between PBATS and the NATA and for athletic trainers in general, PBATS presented Eve Becker-Doyle with this ATV to use on her property in Colorado. As you know, Eve recently retired from the NATA and she has retired with her husband Barry to a home and large property in Colorado. Needless, to say, Eve was speechless and overcome with emotion and gratitude by this act of kindness from the members of PBATS.

Eve Becker-Doyle taking a ride on her new ATV courtesy of PBATS.



PLAY-OFF BASEBALL—CONGRATULATIONS

PBATS would like to send it's congratulations to the entire medical staffs of the following teams for helping their teams reach the 2013 Post-Season.

Best of luck to the Boston Red Sox, Detroit Tigers, Oakland Athletics, Tampa Bay Rays, Cleveland Indians, Los Angeles Dodgers, St. Louis Cardinals, Pittsburgh Pirates, Cincinnati Reds, and the Atlanta Braves.



MESSAGE FROM THE PRESIDENT—RICHIE BANCELLS

Greetings,

Congrats to all the staffs that have made the playoffs. As the non-playing season is upon the rest of us, may everyone enjoy some time with family and friends.

The PBATS Executive Board Meetings will take place October 28 -29. If there is anything you would like placed on the agenda for discussion please let a board member or myself know.



Winter Meetings Schedule:

Thursday December 5: PBATS Executive Board Meeting

Friday December 6: PBATS Business Meeting 8am -12pm PBATS Product Review 1pm - 6pm

Friday December 6: MLB Medical Advisory Meeting 3pm - 7pm

Saturday December 7: Physicians & Athletic Trainers Educational Session

Sunday December 8: PBATS Business Meeting 8am - 5pm

Sunday December 8: Minor League Coordinators Meeting TBA

Remember this is an election year!

Peace,

Richie

2013 WINTER MEETINGS SCHEDULE

The following is the schedule for the PBATS portion of the Baseball Winter Meetings at the Walt Disney Dolphin Hotel, Orlando, FL.

- Thursday December 5th: PBATS Executive Board Meeting
- Friday December 6th: PBATS Business Meeting (8am - 12pm) PBATS Product Review (1:30pm - 6pm)
- Friday December 6th: MLB Medical Advisory Committee Meeting (3pm - 7pm)
- Saturday December 7th: Physicians & Athletic Trainers Educational Program
- Sunday December 8th: PBATS Business Meeting (8am - 5pm) (election year)
- Sunday December 8th: Minor League Coordinators Meeting (TBD)
- Monday December 9th: The Official Baseball Winter Meetings Open.

STEVE CARTER—IN HIS OWN WORDS



With the leaves changing colors and the crisp autumn air of Michigan bellowing through the dugout, the end of an era in the Motor City has taken place. Since 1989, the Detroit Tigers have had one constant set of hands working on their players. There has been one constant smiling face to greet them as they head in for help and comfort over the past quarter century. Some know him as “Tiger Steve” or “Sarge”, however, for the athletes who have taken the field wearing the old English “D” over the past 25 years, he has been known as someone they could turn to in their time of need.

With the season winding down, his last season, Steve Carter, the long time assistant athletic trainer for the Detroit Tigers, took a moment to reflect on his career and Major League journey.

TOT: *What was the most significant moment in your career and why?*

SC: *In 2006 when we clinched a playoff spot in Kansas City. That game was the beginning of a great run where we went to the playoffs 4 out of 8 years, including 2 World Series appearances. That success enabled me to retire from baseball at age 53, slow down, and enjoy life with my wonderful wife, Tari.*

TOT: *Who played the most significant role in your career and why?*

SC: *Former head athletic trainer, Russ Miller. When he came on board, he fired the entire minor league athletic training staff, except for me, leaving me as the long ATC left. This resulted in me jumping from A Ball to AAA. This put me in position to be a Major League Athletic Trainer 2 years later after Pio DiSalvo retired. Russ’ decision enabled me to go from a High School Athletic Trainer to a Major Leaguer in 6 short years!*

TOT: *What will you miss most about being in the dugout?*

SC: *Having an up close view of history being made and being able to feel the electricity from the crowd.*

TOT: *What words of wisdom and experience would you like to pass along to an athletic trainer currently striving to have a career in the Big Leagues?*

SC: *Learn Spanish and understand that because of the amount of money that is now involved, realize that many different people are giving players medical advice and your opinion is low on the scale of what they may believe.*

This author has had the privilege to work in the same department as Steve Carter for 7 years, and I am a better athletic trainer, and most importantly, a better person because of it. Treating our athletes as people and simply being nice to everyone you meet has become a bit lost in our society, however, I can honestly say those are the two strongest messages Steve Carter passed along to his fellow athletic trainers who have looked up to him. So with that, on behalf of the Detroit Tigers and the entire PBATS family, we would like to wish you all the best in the next chapter of your life and that if success is measured by the smiles you have brought to the game, then you have had a Hall of Fame career.



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American Sports Medicine Institute

To Improve the understanding, prevention, and treatment of sports-related injuries through research and education

**Grand Hyatt Atlanta Buckhead
Atlanta, Georgia
January 24 - 26, 2014**

The American Sports Medicine Institute's Injuries in Baseball course was initiated in 1983 by the United States Olympic Committee (USOC). The first three programs were Co-Chaired by Dr. Chuck Dillman and Dr. James R. Andrews. After three years, the USOC sought other medical programs, but Dr. Andrews felt the course was too good to be terminated. He accepted the challenge and has lead the course ever since.

Designed to attract all members of the baseball healthcare team, the course is multidisciplinary. It is attended by physicians, athletic trainers, physical therapists, coaches, scientists, and players to address common problems. It has traditionally drawn from all levels of the game with good representation from youth, high school, college, university, and professional organizations.



The purpose of the course is to exchange information regarding all aspects of baseball healthcare including mechanisms of injury, conservative and surgical treatment of injuries, rehabilitation, conditioning, nutrition, mental, skill, and injury prevention. The course normally draws 300 to 400 participants along with a nationally recognized faculty. Baseball health related exhibitors provide attendees the opportunity to see the latest in equipment and materials.

The course is conducted in January at locations around the nation.
Recognized by [USA Baseball](#)

American Sports Medicine Institute is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. See details in Accreditation.

Course Chairmen:

James R. Andrews, M.D.
Kevin E. Wilk, P.T., D.P.T., F.A.P.T.A.
Glenn S. Fleisig, Ph.D.

For more information, contact Caroline May @ carolinem@asmi.org

Originally written, published, and posted on the ASMI Website located at <http://www.asmi.org/injuriesInBaseball.php>.