



Professional  
Baseball Athletic  
Trainers  
Society



TALES OF THE TAPE

# BOSTON RED SOX—WORLD SERIES CHAMPIONS—Rick Jameyson

The Boston Red Sox were crowned World Champions after a hard fought battle against the St. Louis Cardinals. The epitome of a “team”, the Red Sox were able to capture their 3rd Championship in the last decade. Head Athletic Trainer, Rick Jameyson, was kind enough to take some time out of his much needed off-season, to reflect on the win that he and his medical staff were such a key part of.



*World Series run that will stick with you?*

RJ: Impossible to single out one memory, but I feel the unity of the members of the team will stay with me the most. Spending so much time during the season there is always a feeling of family, but this team was especially close.

*ToT: Is there anyone you would like to thank that helped personally or professionally in your Championship Season?*

RJ: First, my wife Jenni, daughter Jessica, and son Nick who sacrifice so much during the year for my profession. My mother and father for everything, especially instilling the work ethic and commitment in whatever

I chose to do. I would like to thank the Boston Red Sox organization, owners, front office, for the opportunity. The Cleveland Indians for the growth & development they allowed me. All the other AT's that I had the pleasure of working with and learning from; Paul Spicuzza, Jimmy Warfield, Lonnie Soloff, Nick Kenney, Nick Paparesta, Jeff Desjardins, Lee Kuntz, and Todd Tomczyk in particular. Also, Garry Miller, my friend and head athletic trainer at Baldwin-Wallace College who gave me the passion for this profession.

PBATS would like to once again congratulate Rick, his staff, and the entire Boston Red Sox Organization on their Championship.

*ToT: What does it mean to you as an athletic trainer working all season with your club, to win the last game of the season and know your hard work has played a key role in that?*

RJ: This was my first championship in my 21 year career in professional baseball, so it was particularly meaningful. Rewarding not just with the time and effort this season and off-season, but reflecting back to the time in the minor leagues; A dream come true.

*ToT: What is the one special memory from the entire*

### Inside this issue:

|                                  |   |
|----------------------------------|---|
| WINTER MEETINGS—2013—SCHEDULE    | 2 |
| WINTER MEETINGS—2013—SCHEDULE    | 3 |
| Roland Hemond Award—Dave Cilladi | 4 |

### Special points of interest:

- World Series Champion—Rick Jameyson
- Winter Meetings—2013
- Dave Cilladi receives prestigious honor

# 2013 MLB Winter Meetings—PBATS Schedule

## FRIDAY DECEMBER 6<sup>TH</sup>, 2013

### WALT DISNEY WORLD SWAN & DOLPHIN, ORLANDO, FL.

#### SOUTHERN HEMISPHERE: SALON 1

7:00AM CONTINENTAL BREAKFAST

8:00AM PRESIDENT'S OPENING REMARKS

SECRETARY'S REPORT – O'Neal

TREASURER'S REPORT – Porter

PRODUCT REVIEW – Lovell

WORLD BASEBALL CLASSIC

MLB MEDICAL ADVISORY COMMITTEE

GAME DAY OPERATIONS MANUAL –  
Pruemmer

HENRY SCHEIN

MINOR LEAGUE ATHLETIC TRAINERS/  
COORDINATORS

COMMISSIONER'S OFFICE – Caplinger

ELECTRONIC MEDICAL RECORDS SYSTEM –  
EMR CMTE

(Athlete Record Management System)

BIOMET / EBI

RESEARCH (Stan Conte—UCL Research)

ALUMNI – Larry Starr

SKIN CANCER

R&A COMMUNICATIONS UPDATE – Romano

P.L.A.Y.

A.T.C. - ABILITY TRANSCENDS CHALLENGES

BASEBALL HALL OF FAME

HOOTON FOUNDATION (Don Hooton)

MLB FIT / BOYS & GIRLS CLUB

SPIT TOBACCO

CIRRUS

R.B.I.

MLB.COM

HISTORY

WEBSITE

11:00AM NATA- Jim Thornton / David Saddler

11:30AM GATORADE – Magie LaCambra

12:00PM LUNCH-SOUTHERN HEMISPHERE: SALON II

1:30PM PRODUCT REVIEW—NORTHERN HEMISPHERE: SALON C/D

## SUNDAY DECEMBER 8th, 2013

### WALT DISNEY WORLD SWAN & DOLPHIN, ORLANDO, FL.

#### NORTHERN HEMISPHERE: SALON E1-E3

7:00AM CONTINENTAL BREAKFAST

8:00AM EDUCATIONS COMMITTEE REPORT –  
DUGGER & PORTERFIELD

SPRING TRAINING SEMINARS—  
Sheridan/Arizona

CEU PROGRAMS—Poulis

PBATS SEMINAR

NEWSLETTER—Porterfield

SCHOLARSHIPS—Lessard

INTERNSHIPS—Harmon / Turner

WEBSITE—Ball

NATA SYMPOSIUM—Nodine

10:00AM PUBLIC AFFAIRS COMMITTEE—KOZAK &  
NODINE

CONFIDENTIAL DIRECTORY—  
Donohue

MEDIA GUIDE—Ebel

TALES OF THE TAPE—Corey Tremble

SPORTS TRAUMA AND OVERUSE  
PREVENTION (S.T.O.P.) DR.  
ANDREWS—Porterfield

NATA AWARDS COMMITTEE

NATA 25 YEAR SERVICE AWARD

PBATS 20 YEAR SERVICE AWARD

PBATS 20 YEAR MAJOR LEAGUE  
PHYSICIAN SERVICE AWARD

PBATS 20 YEAR MINOR LEAGUE  
ATHLETIC TRAINER SERVICE  
AWARD

PBATS 20 YEAR MINOR LEAGUE  
PHYSICIAN SERVICE AWARD

PBATS MINOR LEAGUE ATHLETIC TRAINER OF  
THE YEAR

PBATS DISTINGUISHED SERVICE AWARD

PBATS HONORARY MEMBER AWARD

PBATS MAJOR LEAGUE STAFF OF THE YEAR

PBATS HALL OF FAME COMMITTEE — Griffin

# 2013 MLB Winter Meetings—PBATS Schedule

**SUNDAY DECEMBER 8th, 2013**

**WALT DISNEY WORLD SWAN & DOLPHIN, ORLANDO, FL.**

**NORTHERN HEMISPHERE: SALON E1-E3**

*(Cont. from Previous Page)*

INTERNATIONAL COMMITTEE—Griffin  
 FOREIGN TRAINER EXCHANGE—Ramirez  
 ROOKIE DEVELOPMENT PROGRAM—Ramirez  
 ALL-STAR ATHLETIC TRAINERS—Rand  
 FUTURES GAME ATHLETIC TRAINERS—Rand  
 ROLEX RAFFLE—Crenshaw  
 10:30AM ASST. SECRETARY DEPT OF LABOR  
 UNITED STATES BUSINESS LEADERSHIP NET  
 WORK  
 12:00PM ELECTIONS  
 12:30PM LUNCH—AMERICAS SEMINAR  
 1:30PM *MLB – Gary Green MD, Jon Coyles, Dan Halem,  
 Chris Marinak, Dr.Mandelbaum*  
 2:15PM *TEAM SCOTTI – John Scotti*  
 2:30PM *B.A.T. BASEBALL TEAM ASSISTANCE – Erik Niel-  
 sen*  
 2:45PM GENERAL COUNSEL – Rollin Mallernee  
 PBATS 2014 BUDGET  
 NEW BUSINESS  
 ADJOURN  
 VISITING ATHLETIC TRAINING ROOMS

**SUNDAY DECEMBER 8th, 2013**

**WALT DISNEY WORLD SWAN & DOLPHIN, ORLANDO, FL.**

**NORTHERN HEMISPHERE: SALON E1-E3**

***MINOR LEAGUE COORDINATOR SCHEDULE***

7:00AM CONTINENTAL BREAKFAST  
 8:00AM MEET WITH PBATS—MORNING ANNOUNCEMENTS  
 8:30 AM MOVE TO ROOM FOR MINOR LEAGUE COORDINATORS MEET  
 INGS  
 SIGN-IN  
 AGENDA  
 9:00 AM MARK LETENDRE—MLB UMPIRES/MARK STUBBLEFIELD—  
 MINOR LEAGUE UMPIRES  
 9:15 AM ERIK NILSEN—BATS  
 9:30 AM KEVIN COSTIN—WALK DISNEY WORLD/DISNEYLAND—MEDICAL  
 EVENTS  
 9:45 AM TONY PASCO—MODERN MEDICAL  
 10:00 AM JOHN SCOTTI—TEAM SCOTTI AND KATHI HECT— HIGHMARK/  
 BCBS  
 10:30 AM BREAK  
 10:45 AM DR. BRYAN SMITH, DR. LARRY WESTREICH; JOHN COYLES—MLB;  
 TUE; MLB DRUG AND PREVENTION PROGRAM; EMR  
 11:45 AM SAM RADBIL—THE ROMANO GROUP  
 WEBSITE  
 12:00 PM LUNCH—TBA  
 1:00 PM GENERAL MEETING  
 DIRECTORY  
 SEASON (FULL/SHORT/WINTER)  
 TALES OF THE TAPE  
 PBATS WEB SITE  
 “ONE DAY” CHARITY  
 DROP BOX  
 ATHLETIC TRAINER OF THE YEAR (E-VOTE)  
 DOMINICAN REPUBLIC/VENEZUELA  
 SUTTON  
 STANDARDS  
 MINOR LEAGUE EMERGENCY PROCEDURE  
 AMENDMENT TO PBATS LIAISON POSITION—  
 ELECTION OF REPRESENTATION  
 3:00 PM DR. GARY GREEN—MLB

*\*TBA — RICHIE BANCELLS AND NEW PBATS PRESIDENT*



# DAVE CILLADI—2013 Hemond Award Recipient

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## Athletic Trainer Dave Cilladi—2013 Hemond Award Recipient

**Phoenix, Arizona** — Athletic trainer Dave Cilladi, the Arizona Fall League’s medical care coordinator the past 12 years, is the recipient of the 2013 Roland Hemond Award.



The award is presented annually to recognize baseball executives who have provided outstanding service to professional baseball and served the Arizona Fall League in a key leadership capacity. Cilladi will receive the award during pre-game ceremonies at tonight’s nationally-televised (MLB Network, MLB.com) 7 p.m. MST game between the Salt River Rafters and Scottsdale Scorpions at Scottsdale Stadium.

**Cilladi** — In his capacity as the Fall League’s medical overseer, the former major league athletic trainer establishes policies and procedures and serves as a liaison between the league’s team athletic trainers and the local medical community.

The Brockport, PA native graduated from Penn State University in 1984 with a bachelor’s degree in health education.

The next summer, he began his professional athletic training career as the head athletic trainer for the Peoria Chiefs, the Chicago Cubs’ affiliate in the Class-A Midwest League. One year later, he found himself at Wrigley Field as the parent Cubs first full-time assistant athletic trainer. He served in that capacity through the 1992 season when he was named the Colorado Rockies first full-time head athletic trainer. Since leaving the Rockies following the 1998 season, Cilladi has been associated with Physiotherapy Associates, working primarily with baseball players.

Cilladi and his wife, Jamie, reside in Mesa. They have two sons — Stephen, a catcher in the Los Angeles Dodgers’ organization and a certified athletic trainer, and Joseph.

**Hemond** — Hemond, a veteran baseball executive, is a three-time winner of MLB’s Executive-of-the-Year Award and the 2011 recipient of the second Buck O’Neil Lifetime Achievement Award.

The Arizona Fall League Hemond Award is one of four awards in his name. The others are the White Sox Roland Hemond Award, the *Baseball America* Award and the Society for American Baseball Research (SABR) Award.

Hemond’s dream of creating a six-week off-season league for baseball’s top prospects in Arizona each fall became reality when the Arizona Fall League began play in 1992 after he spent two years selling the concept to baseball’s hierarchy — first general managers, then owners.

— afl —

Original Press Release Courtesy of the Arizona Fall League (MLB)  
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## ROLAND HEMOND AWARD RECIPIENTS

2013—Dave Cilladi  
2012—Paul Jensen  
2011—Dr. Fred Dicke/  
Dr. Angelo Mattalino  
2010—Tim Purpura

2009—Terry Ryan  
2008—Rich Garcia  
2007—Frank Robinson  
2006—All Rosen/Dick Wagner  
2005—Joan McGrath

2004—Bill Murray  
2003—Mike Port  
2002—Dan O’Brien, Sr.  
2001—Roland Hemond