

TALES OF THE TAPE

JUNE, 2012

WWW.PBATS.COM

PROFESSIONAL BASEBALL ATHLETIC TRAINERS SOCIETY

GET TO KNOW THE PBATS PRESIDENT

Twenty-nine years, twenty-nine years with one club; two years in rookie ball, four years in Triple-A, four years as a Major League Assistant Athletic Trainer, nineteen years as a Major League Head Athletic Trainer. *Richie, with such an inspiring career you have to have mentors in both your personal and professional life. Who were your mentors?* "Personally, my parents were always there for me to guide the way and help. They are no longer with us and I miss that reassurance that was there to give. Professionally, Bobby Barton, former head athletic trainer at Eastern Kentucky University where I did my graduate work has to be the major influence on my professional life. He made

me feel like I could do this as a career and showed me the way. I still turn to him for advice when an issue comes up that I need to resolve." *In the length of this career there has to be many memorable moments. What was the most memorable moment, so far, in your career?* "There have been many. However, the one that always stands out happened on a sunny afternoon in Cooperstown, NY. When Cal Ripken Jr., mentioned in his hall of fame acceptance speech, his gratitude to me as his athletic trainer both professionally and personally. I was overcome emotionally to say the least."

With ten years in the minor leagues and nineteen in the ma-



jor leagues what was your biggest adjustment in going from the minors to the majors? "Almost every day seems like an adjustment and you have to learn to adapt. The biggest adjustment when I first came to the major leagues was the daily pressure that comes with trying to win and

PBATS ALUMNI CONTINUE TO IMPACT THE NATA SYMPOSIUM

From speaking on elbows and shoulders to being inducted into the NATA Hall of Fame the PBATS Alumni continue to make their presence felt at the NATA Annual Symposium. Their presence and involvement have helped encourage and foster the

relationship between PBATS and the NATA. As the mass membership of PBATS is unable to attend the annual symposium due to the scheduling conflict with the baseball season the importance of the Alumni continuing their impact on the meet-

ing has thus kept PBATS in the know of young athletic training students and symposium attendees. On page 5 you will see the itinerary for PBATS in this years NATA Symposium.

PLAY EVENTS FOR JUNE



COLORADO ROCKIES — JUNE 13TH

SAN FRANCISCO GIANTS — JUNE 13TH

ROUND ROCK EXPRESS — JUNE 15TH

TEXAS RANGERS — JUNE 16TH

CLEVELAND INDIANS — JUNE 18TH

SAN DIEGO PADRES — JUNE 19TH

DURHAM BULLS — JUNE 23RD

MIAMI MARLINS — JUNE 27TH



Professional
Baseball Athletic
Trainers
Society®

"The kids had a lot of fun and sweat as Phoenix in June is warm!" said Ken Crenshaw

D-BACKS COIL AROUND "PLAY"

On a dry and hot day in June the Arizona Diamondbacks coiled and prepared to strike at childhood obesity, steroids and other childhood health issues. They did indeed strike with the help of the "Taylor Hooton Foundation" hosting 90 youths from local boys and girls clubs during a PLAY campaign event on June 6th. Ken Crenshaw, along with PJ Mainville and Nate Shaw, rotated all the youths

through 3 stations, each designed to raise awareness of childhood health issues. The stations housed activities based on educating youths of the pitfalls of inactive lifestyles. "The kids had a lot of fun and sweat as Phoenix in June is warm!" said Ken Crenshaw. Once the activities were done, Don Hooton of the Taylor Hooton Foundation, gave a talk on the dangers of steroids and performance enhancing drugs. Josh Collemeister, Dia-

monbacks Pitcher solidified the day with a talk on the importance of living a healthy lifestyle and remaining active. We would like to thank Ken and his crew for their part in this PLAY campaign.



TAPE ENDS

The Journal of Athletic Training (Vol. 47, Number 3, May-June 2012) Glenohumeral Rotational Motion and Strength and Baseball Biomechanics. The purpose of this study was to "evaluate the relationships among clinical measures of shoulder rotational motion and strength and 3-dimensional pitching biomechanics and to evaluate the presence of coupling between the shoulder and the elbow during pitching to provide insight into the influence of clinical shoulder characteristics on elbow biomechanics". This article, plus all studies published in the *Journal of Athletic Training* can be found at <http://goo.gl/APtvy> and are available to all members of the National Athletic Trainers Association.

RICHIE BANCELLS CONT. PG 1

get the players back on the field quickly but healthy. It moves much faster at this level. The caliber of athlete you are dealing with is much higher but that is why they are in the big leagues." *Richie as the current President of the Professional Baseball Athletic Trainers Society and has Major League Athletic Trainer what advice can you give to Minor and Major League Athletic Trainers alike?* "Never, never, never stop learning. This profession is always advancing and it is important to stay current. Read at least one journal article everyday related to this profession. Have passion for the job and don't worry about the clock, get the task at hand done. Learn how to communicate effectively especially when it comes to listening. Listening is the important side of communicating."

CUE CORNER: HOME CUE CONNECTIONS

Home CEU Connections is an on-line based CEU provider offering quality courses in a wide range of professions including Athletic Training and Strength and Conditioning.

All courses are advertised as convenient and are priced affordable. The course allows for the edu-

cation modules to be completed at your convenience. Home CUE Connections is great alternative to travelling to conferences to obtain CEU's. Thus with limited means for Major and Minor League ATC's to obtain continuing education units during the season having an on-line provider is of great help.

Click on the link to the link below for more information.



PRESIDENTIAL ADDRESS

Greetings All,

Hope the first half of the season has everyone as healthy as is possible for this time of year. First let me say that I have been receiving great news on the way the PLAY Campaign continues to go. In the major as well as minor league programs. Nice going people!

At the recent MLB Medical Advisory Committee meeting many topics were discussed. Some of those items that directly affect us are; Toradol Injections, Concussion, WBC Coverage, EMR (of which there is a note in this issue), T.U.E., and Vaccinations. Many of these topics will be discussed further at the winter meetings.

The NATA Symposium takes place later this month, June 26 - 30. A special thanks to the PBATS Alumni for all their involvement and representation in the many activities in the name of PBATS. Thanks also to Greg Hauck and Dr. Paletta for the presentation they will be doing at the PBATS Session. There are other PBATS members and Alumni doing presentations, thanks to them also. And let's not forget the big day for PBATS, congrats again to Jeff Cooper for his induction into the NATA Hall of Fame. Enjoy the day Coop!

Congrats to the All-Star Athletic Trainers. I know we will be represented well by Nick, Lonnie, Paul and Jim. Enjoy the time and great honor. Congrats also to the athletic trainers working the Future's Game.

Take Care All,

Richie

SUTTON UPGRADES COMING SOON

The next release will be during or immediately after the All-Star Break. The main changes are as follows:

Changes to Visiting Team Injury Report:

Changes to the visiting team injury report are intended to make it easier and more efficient to take care of a player from a different organization. This feature is often used during the Arizona Fall League and the World Baseball Classic. Sutton will be updating the form so that ATCs have more options in terms of entering events/ATC notes/Doctor's notes rather than just entering free text. Once approved by the player's organization, these events/notes will automatically become a part of the player's medical file.

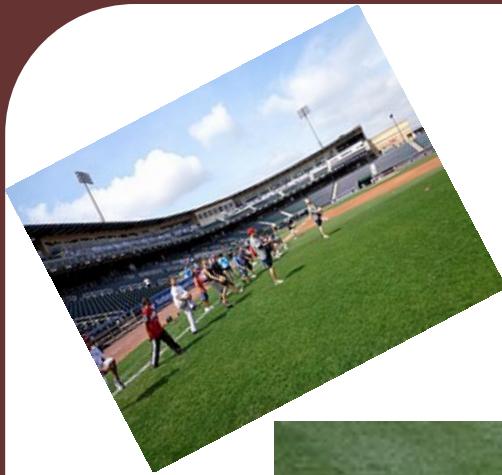
Updates to the Diagnostic/Medical Service Form:

Sutton will be updating and streamlining a number of the options available on the Diagnostic/Medical Service form. This includes adding missing body parts as well as enhancing the available surgery options.

Additional Bugs/Minor Upgrades also addressed

TAPE ENDS

The American Journal of Sports Medicine (Vol. 40, Number 5, May 2012) looked at the use of diagnostic ultrasound to assess the humeral retroversion in baseball players. Titled [Ultrasonographic Assessment of Humeral Retroversion in Baseball Players: A Validation Study](#), the goals were to "establish validity of an ultrasound assessment of humeral torsion by comparing data obtained using both ultrasound and computed tomography, the current gold standard". The abstract for this study can be found at <http://goo.gl/cAYXf> along with many other great works from the AJSM.



D-BACKS



PLAY PICS



2012 NATIONAL ATHLETIC TRAINERS SYMPOSIUM PBATS ALUMNI AGENDA

NATAPAC Breakfast – Wednesday, June 27, 7:00 am – 9:00 am; Renaissance Grand, Statler.

PROFESSIONAL BASEBALL ELBOW PRESENTATION:

Understanding Elbow Ulnar Collateral Ligament Injuries (II) AC, Rooms 100-105

Understanding The UCL: Anatomical Considerations, Diagnostic Techniques, Surgical and Non-Surgical Approaches George Paletta, MD, St. Louis Cardinals

Non-Operative and Operative Rehabilitation of Ulnar Collateral Ligament Injuries Todd Hooks, ATC, PT, SCS, Beacon Orthopaedics

Exploring the Kinetic Chain: Contributing Factors for UCL Injuries Ned Bergert, MS, ATC, PTA, Chapman University

Moderator: Alice Wilcoxson, PhD, ATC, PT, Purdue University

Young Professionals Social Event: Remembering our Past and Forging Our Future

Wednesday, June 27, 4:30 pm – 6:30 pm; Convention Center, Room 131. (Members of the NATA Board of Directors, Hall of Famers, and national leaders (including PBATS Alumni) unwind with NATA's young professionals.

District Meetings – Wednesday, June 27 6:15 – 7:15 pm; – site TBD.

Hall of Fame Induction Ceremony – Thursday, June 28, 2:00 pm – 3:00 pm.

JEFF COOPER 2012 PBATS INDUCTEE !!!!!!!!!!!!!!!!!!!!!!!

PBATS Student Lounge Session - more information to follow.

6th Annual International President/PBATS Alumni Reception – Tuesday June 26, at 5:00 - 6:30 room TBD.

NATA Foundation Donor Reception – more information to follow.

National Athletic Training Students' Committee-Career Roundtable – more information to follow.

PBATS Professional Education Presentation -

"Upper Extremity Rehab Exercise Program with the Use of Global Stabilization", Gregory Hauck, St. Louis Cardinals Head ATC.; Friday, June 29, 8:15 am – 8:35 am; room information to follow.

Pinky Newell Scholarship & Student Leadership Breakfast

Friday, June 29,

8:00 am – 9:45 am, site TBD.