

Tales of the Tape

July/August

PBATS.COM

Special points of interest:

- All-Star Game 2013
- Arizona Fall League 2013
- PBUc—Fundraiser
- PBATS Hall of Fame
- MiLB ATOY

Inside this issue:

PRESIDENTIAL ADDRESS	2
AFL ATC's	2
TEAM BERTSCHY	3
CEU CORNER	3
ALL-STAR GAME CONT.	4
PBATS INTERN	5
PBATS HOF	6

2013 ALL-STAR GAME—New York

The 2013 Major League Baseball All-Star Game was hosted by the New York Mets in New York City from July 15th through the 18th. From a spectacular Home Run Derby to the outstanding pitching performances by both leagues during the Midsummer Classic, the event was one to remember. Four members of the PBATS family will not soon forget the experience as they donned their organization's logo as the representatives for each league. Ron Porterfield of the Tampa Bay Rays, Rick Jameyson of the Boston Red Sox, Lee Kuntz of the Washington Nationals, and Ray Ramirez of the host New York Mets were selected to

represent the leagues. Each athletic trainer was experiencing his first MLB All-Star Game and they were all nice enough to take time out of their busy schedule to reflect on the event.

The experience was second to none for Ray Ramirez of the host New York Mets. When asked about the highlights

of the experience he said, "The NL All-Star team picture, taking a separate picture with the Mets All-Star representatives, walking through a clubhouse filled with the best players in the League, and having my two sons on the field during the HR Derby will remain memorable treasures for



MINOR LEAGUE ATHLETIC TRAINER OF THE YEAR AWARD

The 2013 Minor League Athletic Trainer of the Year Award voting is in the final stages of production on PBATS.com. As in years past, each Minor League Athletic Trainer and Minor League Medial/Athletic Training Coordinator will be asked to select a member from their respective league or position who they feel best represents the profession. Each Minor League Athletic Trainer will receive a user name and password and will log into their respective league on PBATS.com to cast their vote. A special bulletin will be sent out in the coming days with instructions on the process. Please stay tuned and the Minor League Athletic Trainer of the Year Award Committee appreciates your patience with this process.

GREETINGS FROM THE PRESIDENT

Greetings,

Congratulations to Rick, Ron, Lee, and Ray for the great job they did at the All-Star Game and for the professionalism with which they represented PBATS at the mid-season event!

By now everyone should have had an opportunity to see the memo and video from Zach Reed on the ATC (Ability Transcends Challenges) program. This new program has gotten off to a very fast start in the community in general. It is going to be a big one for us!

The PBATS Executive Board meetings will be held October 28-29. Should you have any items for the board to be discussed, get them to a board member as soon as possible so that they can be put in the agenda.

Winter Meeting Dates: Looks right now that the PBATS dates for the Winter Baseball Meetings are as follows:

*Thursday Dec 5th: Exec Board Meeting
Friday Dec 6th: PBATS Business Mtg & Product Review
Saturday Dec 7th: Physician / Athletic Trainers Educational Meeting
Sunday Dec 8th: PBATS Business Mtg / Elections*

Remember, this is an election year for PBATS, so start thinking and discussing about your future PBATS Leadership!

Good luck and stay healthy as we head into the final days of the season.

Richie



2013 ARIZONA FALL LEAGUE—ATHLETIC TRAINERS



The Professional Baseball Athletic Trainers Society would like to acknowledge and congratulate the following athletic trainers on their appointment to the Arizona Fall League for the 2013 Season.

Mesa Solar Sox

Scott Barringer—*Chicago Cubs*
Travis Timms—*Oakland Athletics*

Salt River Rafters

Masa Abe—*Arizona Diamondbacks*
Shawn McDermott—*Toronto Blue Jays*

Scottsdale Scorpions

Julio Hernandez—*Atlanta Braves*
Lee Meyer—*New York Yankees*

Glendale Desert Dogs

James Kruk—*Chicago White Sox*
Cesar Roman—*Miami Marlins*

Peoria Javelinas

Mickey Kozack—*Philadelphia Phillies*
Bryan Bacha—*Houston Astros*

Surprise Saguaros

Sean Fields—*Texas Rangers*
Steve Patera—*Milwaukee Brewers*

Again, congratulations to you all and enjoy the experience!

TEAM BERTSCHY—FORMER MILB UMPIRE BATTLES CANCER



From the Desk Of Mark Stubblefield

Former Minor League Baseball Umpire, Jason Bertschy, was recently diagnosed with a rare form of bladder cancer, called ureter cancer, and he is currently undergoing treatment at his home in Arizona. A fund raising endeavor has been established in his name through YouCaring.com and the proceeds will be going towards the medical expenses that are accumulating. Any amount helps and please take a moment and go to the link at the right to read more about this touching story.

*You can help by donating to Jason at the following website...
www.youcaring.com/medical-fundraiser/team-bertschy-/45596*

CEU CORNER— KEINSO TAPING® ASSOCIATION INTERNATIONAL

The Kinesio Taping® Association International (KTAI) is a community of therapists and other healthcare practitioners who are trained in the most up-to-date techniques and advancements of the Kinesio Taping® Method (KTM). As knowledgeable professionals, KTAI members have always been an integral part of the KTM strategy, and are responsible for the astounding worldwide growth in KTM usage, techniques and methodology.

During the late 1970s, when Dr. Kenzo Kase was developing the KTM, his research sparked interest throughout the health care community. It wasn't long before he was asked to share his findings and to provide information so other practitioners could extend the benefits to their own patients. From the very beginning, Dr. Kase grasped the importance of having a community of practitioners and instructors to share their progress and provide a standard for the use of the newly-developing KTM.

In order to facilitate the sharing of research and development of applications, the first Kinesio Taping® Association was formally constituted in Japan starting in 1984. This gave practitioners a convenient way to share results and ideas, in addition to the symposiums.

Today KTAI encompasses members from seven regions of Japan and more than thirty countries worldwide. With more than 10,000 members worldwide, including 5,000 in the United States, the KTAI community continues to grow, bringing healing knowledge and a high level of expertise to patients and clients throughout the world.

With an ever growing foundation of health professionals desiring and willing to become certified in the Kinesio Taping® Method, the Kinesio Taping Association International (KTAI) has designed a certification process that will allow dedicated practitioners to earn their designation as a Certified Kinesio Taping Practitioner (CKTP®).



2013 ALL-STAR GAME—New York (Cont.)



me.”

When asked what it meant to be selected for this game, Porterfield explained, “The experience of being selected to work the 2013 All-Star Game was one of great gratitude. The excitement, yet chaos, of watching MLB put on a historical classic that occurs yearly was impressive. The work involved to make it all happen. I felt gracious to represent my prestigious colleagues and watch the best players of today compete against each other. It was a true honor.” Ron also echoed the significance of a moment he was able to be a part of which was Mariano Rivera’s final All-Star Game appearance. “The most memorable moment had to be the 8th inning of the game and watching Mariano Rivera come onto the field that was vacated by everyone with the exception of one television cameraman to honor such a wonderful career and an individual that has had such an astonishing career. You could not help but have a tear come to your eye, the hair on your arms raise and give you a thrill of excitement. Mariano is truly a humble, gracious and true professional. He actually took the time to play catch with my son as well as take a photo with him. A memory my son

will have forever.”

Rick Jameyson of the Boston Red Sox had a similar take on the game as well as that major moment that took place during the 8th inning.

“Personally, it was to have my son on the field with me for the Home Run Derby. Professionally, it was being witness to Mariano Rivera's last All-

Star Game and the reception when he pitched. He is a true professional on and off the field and it was an honor to meet him.” Jameyson added, “The Game was a true honor. It was definitely one thing I was looking forward to at some point throughout my career and the experience did not disappoint”.

From the National League side, Lee Kuntz of the Washington Nationals also mentioned what an honor it was on being selected to represent his Club and League. “It meant a lot to me to be selected for the All-Star Game. It means I have been around for a long time and I feel this is just a reward for working with players at the highest level of our sport for that period of time”. Lee also commented on the athletic training aspect of this experience and said, “Getting information on all of the players attending and their specific needs, as well as all the coordination Ray had to do to get a full medical staff assembled for the event was the biggest learning lesson for me.”

Not only did these men have the rare opportunity of working this historic event, but they got to do it with colleagues that they normally don’t get to spend much time with. In true PBATS fashion, each member of the All-Star game staff was excited and honored to work alongside the various players and more importantly the partner in the Athletic Training Room. “I had the privilege of working

with Rick Jameyson”, said Porterfield. “We see each other quite a few times during the season, however our contact is usually brief, but during the two days of the Home Run Derby and All-Star Game I got to know him a little bit better, that he is a very caring athletic trainer for his players, a family man, and that he does a great job heading up the medical staff of a team that is constantly under high headline news and scrutiny. He handles it very well. I really enjoyed watching pitcher after pitcher that entered the game throwing “gas”. It was one after the other of the best arms in the game. It was neat to see the individual personalities of players that you would never get to see interact on a daily basis as you usually see them from across the field and really don’t get to meet them on a personal note. I thoroughly enjoyed it and hope that each and every athletic trainer gets the opportunity to work this game. It is a truly great experience and one feather in the cap of your career. I also feel that everyone needs to understand what the host athletic trainer goes through. He does a great deal of work to make it successful. Ray Ramirez did a great job and is to be commended. ‘Thank you Ray’.”

Kuntz had this to say about his experience in the trenches with some new faces. “I truly enjoyed seeing Ron, Ray, and Rick and seeing their families. We see one another all the time, but rarely do we get to see their families. I also enjoyed meeting many new players from all the clubs. I also enjoyed seeing Jim Malone from the Mets. I have worked with both Rick Jameyson and Jim Malone in the minor leagues with Cleveland. The Home Run Derby was probably my highlight and having one of our players go to the final round was very enjoyable.”

PBATS INTERNSHIP—KEVIN HARMON

The PBATS Internship program was once again a huge success with athletic training students all over the county. The following is a letter that was sent to Kevin Harmon of the Texas Rangers regarding his experience during his PBATS internship. Also, a thank you needs to go out to **Scott Barringer** for creating a great environment for an aspiring athletic trainer to learn and for taking the time to “pay it forward”!

Kevin,

I went out to Tennessee on May 22nd and spent 15 days out there until June 10th. I was able to see three, 5 game series. First was a home stand, then a trip to Birmingham, and finished with a second home stand. The internship itself was extremely educational, and I think I got much more out of it than I thought I would; everyday I learned or observed something new. The athletic trainer there, Scott Barringer, recommended that I write down what I learned everyday so I could look back at it later. This was a great idea and I am very glad I did it, I would definitely recommend this to anyone else doing the internship. At first I was doing this at night after I went back to the hotel, remembering what I did for that day. But after a few days I just brought my laptop with me to the clubhouse everyday and was typing things throughout the day whenever something new came up. I have like 30 something pages typed on my computer now that I can go back to if I don't remember something exactly.

It was a kind of internship I haven't experienced before because usually we go out to local high schools or colleges, and they operate differently than a minor league baseball team. The things he is able to do with the athletes is really interesting because he has a lot of one on one time with players individually, while in high schools and colleges it might be tough to do some of the things he does because there isn't always time for that. The hours there were pretty long, usually 11am to 11 or 12pm, which I also wasn't expecting. After seeing how things work, I am sure that it is probably like that at any baseball team, though. There was always things to do for the entire day so it didn't feel bad, plus if I drove all the way down to Tennessee for an internship I should probably spend as much time as possible there.

Another thing I learned about is that different kinds of classes and workshops you can take after you graduate. I knew about CEU and classes before the internship, but I have never heard of some of the ones that he has been to and implements their techniques everyday. They were things like Dynamic Neuromuscular Stabilization, Postural Restoration Institute classes, and Primal Reflex Release Techniques. These are concepts I have never even heard in undergrad, and have become extremely interested in them since I saw and learned a little bit of what they are about. Now that I know that those classes are out there I will definitely look to take them after I graduate, as soon as I have the time to. I got a basic understanding behind the concepts and techniques from talking with Scott, and they are definitely something I would like to implement in my practice after I graduate. For the short time I was there, I did see positive results from players who Scott treated with various soft tissue techniques.

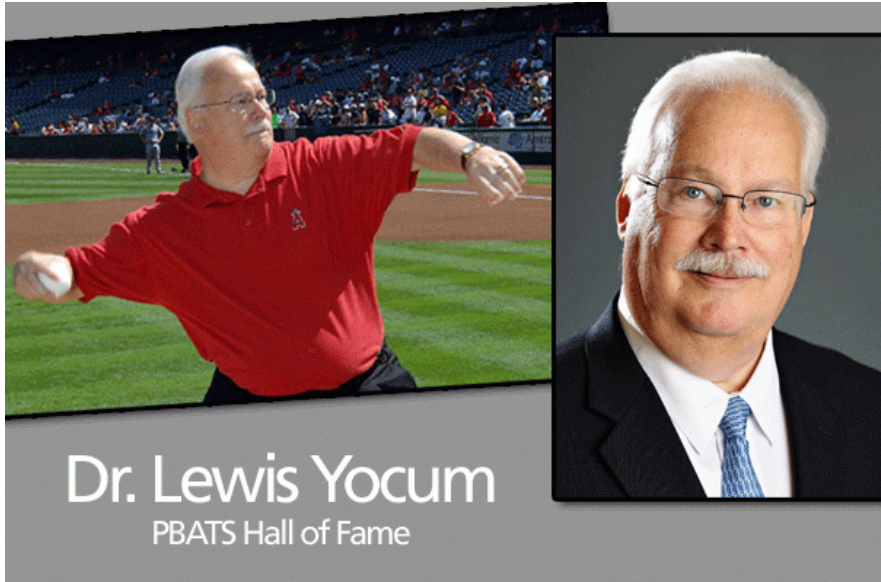
I would definitely recommend the internship to anyone who is interested in seeing a very different way of working as an athletic trainer, as compared to athletic trainers at schools. I would love to try another PBATS internship in the future, maybe with a different team because I feel like they may do things slightly different than Scott. It would be interesting to see a different perspective from someone else who is doing the same job, and what kinds of things they do differently or the same. Would also like to see if the techniques they use on the daily basis are similar to what Scott does or not. But I don't know the policy on participating in more than one internship or if it is allowed, also wouldn't want to take spots away from anyone who hasn't gotten to go at all yet. But nevertheless, the one internship was plenty interesting and I learned very much.

Kyle Tuohy

“I would definitely recommend the internship to anyone who is interested in seeing a very different way of working as an athletic trainer...”



PBATS HALL OF FAME



2013 PBATS
Hall of Fame
Inductee
Dr. Lewis
Yocum

The Professional Baseball Athletic Trainers Society—Hall of Fame Committee would like to announce to all eligible members that the deadline for the 2013 PBATS Hall of Fame voting is quickly approaching. As a reminder, all Hall of Fame candidates must receive two letters of recommendation from the membership and they must be submitted to one of the following Hall of Fame Committee Members:

- Rick Griffin, Seattle Mariners
- Herm Schneider, Chicago White Sox
- Steve Donahue, New York Yankees
- Mike Kozak, Miami Marlins

The Letters of Recommendation must be completed and submitted by AUGUST 31st, 2013 and a ballot will be prepared for election during the 2013 Winter Meetings.

The Following Athletic Trainers are eligible for the 2013 Hall of Fame Class:

- Bill Buhler, Los Angeles Dodgers
- Gus Mauch, New York Yankees/New York Mets
- Charlie Moss, Boston Red Sox
- Jimmy Warfield, Cleveland Indians
- Paul Spicuzza, Cleveland Indians
- Nick Swartz, Kansas City Royals
- Ned Bergert, California Angels/Anaheim Angels
- Bill Zeigler, Texas Rangers
- Larry Starr, Cincinnati Reds/Florida Marlins
- Jeff Cooper, Philadelphia Phillies
- Gene Gieselman, St. Louis Cardinals
- Ron McClain, Montreal Expos
- Dave Labossiere, Houston Astros
- Kent Biggerstaff, Pittsburgh Pirates

