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AUGUST 2012

## TALES OF THE TAPE

# WBC — ATHLETIC TRAINERS

South Africa – Nate Brooks, Oakland Athletics Israel – Barry Weinberg, St. Louis Cardinals Spain – Omar Uribe, Los Angeles Angels of Anaheim

France -- Ben Cates, Miami Marlins

Canada – Tommy Craig, Milwaukee Brewers Great Britain – Randy Roetter, Seattle Mariners Germany – Clete Sigwart, Cincinnati Reds

**Czech Republic** – Frank Neville, Milwaukee Brewers

Panama – Wilkin Perez, Chicago Cubs Columbia – Mauricio Elizondo, Boston Red Sox Nicaragua – Anthony Reyes, St. Louis Cardinals Brazil – Rafael Freitas, Cincinnati Reds Thailand – Anthony Reyes, St. Louis Cardinals Philippines – Erwin Valen-

cia, Pittsburgh Pirates

New Zealand -- Ned Bergert

### 2012 ALL-STAR — ATHLETIC TRAINERS

The 2012 Major League All-Star Game was played out in Kansas City and behind the main stage of the game were the Major League Athletic Trainers. This year Nick Kenney, Lonnie Soloff, Paul Lessard and Jim Lovell were honored in being selected to proved the medical coverage for the ASG. We asked them to relay their experiences and emotions:

Describe this experience, being selected to represent the American League as one of the Athletic Trainers in the 2012 MLB All-Star Game?

Kenney: It was a tremendous honor to be selected to take care of the best of the best in the sport that you love and respect so much and I was extremely excited to work with my mentor/friend Lonnie Soloff on top of that.

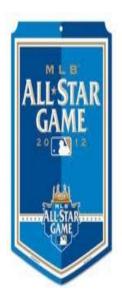
Lovell: I was representing the National League. The All-Star Game is an AMAZING experience. I was fortunate to be able to work 4 during my minor league career. The MLB All-Star Game was wonderful, and completely awed me. Everything was above first class. Nick Kenney, of the Kansas City Royals our host, had all of our equipment and supplies ready.



We just had to show up and go to work. The folks in Kansas City did a Great job. The entire city was "up" for the game. Katy Feeney from the National League Office welcomed us and made sure that we were treated just as special as our players. Maggie La-Cambra was there representing Gatorade, and took really good care of us as always. The fans were great. I knew that this was a "once in a career" type opportunity. I did concentrate on taking it all in; enjoying the celebration of

## TAPE FROM THE PAST

As a founding member of PBATS and the man credited with naming our monthly newsletter, "The Tales of the Tape", Gene Gieselmann has been giving back to the profession and to the athlete for over 40 years. His career began in the 1968 when he joined the St. Louis Cardinals Class-A Affiliate in St. Petersburg, FL, however, this was only for a brief time before he rose to the Major League ranks (1969) and then that of Head Athletic Trainer with the parent club in 1971. "Geno" had the rare and prestigious honor of working 3 All-Star Games (1982, 1987, 1993...2-1 record) as well as the ultimate goal of everyone in the game by earning 3 trips to the World Series with his Cardinals. Aside from giving our wonderful publication its title ("Tales of the Tape), Gene was instrumental in the forma-



#### TAPE ENDS

Hurd, W.J. & Kaufman, K.R. (2012). Glenohumeral rotational motion and strength and baseball pitching biomechanics. *Journal of Athletic Training, Vol. 47(3)*, 247-256.

Owens, B.D., Dickens, J.F., Kilcoyne, K.G., & Rue, J.P. (2012). Management of Mid-Season Traumatic Anterior Shoulder Instability in Athletes. *The Journal of the American Academy for Orthopaedic Surgeons, Vol. 20(8),* 518-526.

### ALL-STAR GAME CONT. PG 1

our game, in addition to performing our professional duties. The athletes were all very gracious, and appreciative of what we do and did for them. Special thanks to PBATS for the privilege of working one, and for the per diem that really helps with the additional expenses.

#### What emotions/feelings where you experiencing as you stepped on the field?

Lessard: It was a combination Rock Concert/Broadway Show/Sporting Event rolled into one! It seemed like there were 1000 media members on the field during our workout before the HR Derby. Once Lovie and I got to the batting cage, we stayed there because there was nowhere else to stand and actually see the whole field!

Lovell: Humility. It is a privilege to work with MLB players on a daily basis. They are all elite athletes. To have the chance to work with the "elite of the elite" was a humbling experience indeed.

# Looking back what memory or story do you think will stick with you when you relive this experience?

Soloff: Sharing the experience with a former colleague in Nick Kenney was one of the highlights for me. Additionally, the memory of working the Home Run Derby with my two sons by my side will stay with my forever.

Lessard: We were treated very well by the Kansas Citians! We were able to do our job pre, during and post-game and still feel like you were part of the action. I truly enjoyed being there and was happy I could have my wife and daughter there to share it with them.

Kenney: Having the ability to allow my family to share in my experience will always stay with me. Having my boys with me on field for the Home Run Derby was priceless.





#### TAPE ENDS

Wyland, D.J., Pill, S.G., Shanley, E., Clark, J.C., Hawkins, R.J., Noonan, T.J., Kissenberth, M.J., & Thigpen, C.A. (2012). Boney Adaptation of the Proximal Humerus and Glenoid Correlate Within the Throwing Shoulder of Professional Baseball Players. *American Journal of Sports Medicine*, Vol. 40(8), 1858-1862.

Aldridge, R., Stephen G.J., Whitehead, M.T., & Head, P. (2012). The Effects of a Daily Stretching Protocol on Passive Glenohumeral Internal Rotation In Overhead Throwing Collegiate Athletes. *International Journal of Sports Physical Therapy*, Vol. 7 (4), 365-371.

2012 PBATS PRODUCT REVIEW UPDATE:

THE PRODUCT REVIEW FOR THE 2012 PBATS WINTER METTINGS HAS BEEN SOLD OUT. WE WOULD LIKE TO THANK EVERYONE WHO HAS SENT LEADS TO HELP SELL THIS EVENT OUT.

JIM LOVELL

### PRESIDENTIAL ADDRESS

Greetings All,

Hope all is well as we are in the midst of the "dog days". Play Campaign is going very well thanks to all of you. We had a great presentation in Milwaukee as Commissioner Selig had some very nice things to say about PLAY and PBATS.

A week ago the cooperative program of BASE (Be A Superior Example) between the Baseball Hall of Fame, Hooton Foundation, and PBATS was announced. This educational program geared to our youth is a large move forward on a national level by PBATS. Neil Romano was our representative at the announcement ceremony in Cooperstown.

Reminder, the PBATS Executive Board meeting will be held October 29-30. Should you like anything brought before the board at that meeting please get it to a board member for presentation.

Take Care,

Richie

#### 2012 MINOR LEAGUE ATHLETIC TRAINERS OF THE YEAR

The Professional Baseball Athletic Trainers Society would like to congratulate the following minor league athletic trainers on being named Athletic Trainer of the Year for their respective leagues. We would also like to thank everyone who voted and a special thank you to Frank Neville of the Milwaukee Brewers for taking the time to coordinate this process once again.

Minor League Medical Coordinator - Carl Randolph (Pittsburg Pirates) International League (AAA) – Darren London (New York Yankees) Pacific Coast League (AAA) – Brad LaRosa (Oakland Athletics) Eastern League (AA) – Larry Bennese (Minnesota Twins) Southern League (AA) - Joshua Fallin (Chicago White Sox) Texas League (AA) - Carlos Olivas (Texas Rangers) Florida State League (A-Adv.) - Tommy Craig (Milwaukee Brewers) California League (A-Adv.) - Greg Spence (Los Angeles Angles of Anaheim) Carolina League (A-Adv.) - Jeremy Heller (Cleveland Indians) Midwest League (A) - Alan Rail (Minnesota Twins) South Atlantic League (A) – Billy Whitehead (Colorado Rockies) New York-Penn League (Short Season A) – T.J. Obergefell (Detroit Tigers) Northwest League (Short Season A) – Andrew C. Benning (San Francisco Giants) Appalachian League (Rookie) - Ryan Hedwall (Minnesota Twins) Pioneer League (Rookie) - Masa Abe (Arizona Diamondbacks) Arizona League (Rookie) - Randy Roetter (Seattle Mariners) Gulf Coast League (Rookie) - Troy Hoffert (Philadelphia Phillies) Dominican Summer League (Rookie) - Wilken Perez (Chicago Cubs)



Professional Baseball Athletic Trainers Seciety ©

"Listen and learn from your peers. Put forth your best work ethic and continue to strive for the best."

## GENE GIESELMANN CONT. PG 1

tion and growth of PBATS and served as the National League Representative for the Society. Since his retirement from the game, Gene has continued to give back to the athletics world and was appointed the Secretary of the Taylor Hooten Foundation. Gene was nice enough to take a moment from his hectic schedule to lend the Tales an insight into his career. What got you started in the athletic training profession and how did you get your start in Baseball? I started out in Junior High as a student athletic trainer, and decided to take the Cramer Course. After my sophomore year I moved to Lindsborg, Ks. and then on to Wichita State continuing to be a student athletic trainer. Since Wichita State was in the Missouri Valley conference, I had the opportunity to meet Bob Bauman, who was working with the SLU Billikens during his off season as Head Athletic trainer with the St. Louis Baseball Cardinals. Bob approached me and asked if I had an interest in baseball, then flew me to St. Louis for an interview. I was hired and upon graduation began my career in 1968.

What is your most memorable professional moment as an athletic trainer? Winning the World Series in 1982! I also served as athletic trainer during 3 "All Star" games. Almost unheard of these days, in the mid-seventies, we went

the whole season without placing anyone on the DL. What struggles, if any, did you find along your journey as an athletic trainer? Before Brad Henderson was hired as my assistant, I was overwhelmed and really needed two extra hands.

Who was the most influential person in your professional career and why? Actually there are several, but my coaches in high school encouraged me, as did Tom Reeves, my athletic trainer from Wichita State. Of course Bob Bauman and Dr. Stan London of the St. Louis Cardinals played major roles in my professional and personal life.

What was the most rewarding part of the job?
Getting players back on the field sooner than expected.

What advice would you give to a minor league athletic trainer who is aspiring to one day have the opportunity to work in the major leagues?

Listen and learn from your peers. Put forth your best work ethic and continue to strive for the best.

What do you hope your former players and staffs would say about you? I would hope they would say that I had great dedication to my job in getting them the back on the field, plus had a great sense of humor!

Since you were the creator of the name for "Tales of the Tape", what did the formation and now growth

of the society mean to you and our profession? PBATS is the greatest invention since pre-wrap! I remember with great fondness, the meetings we had in my hotel room in Hollywood, Florida, MLB thought that we were starting up a union, but in reality, the sole purpose was to form an educational society for all athletic trainers. I think the NATA and PBATS speak for itself. What was your favorite or most useful "trick of the trade"? Soaking a blister on a player's finger in tincture of benzoin to toughen it up and then placing a steristrip over the wound. What do you think was your greatest achievement in the game? My grestest achievement was helping PBATS in the establishment of higher educational values in baseball. As a member of

members.
Tongue in cheek: Surviving two years under the management of Tony LaRussa.

(president at the time), we

bridged the gap between

the NATA and the PBATS

the PBATS team, led by

Kent Biggerstaff,