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Society

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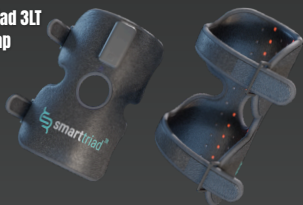
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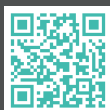
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Letter from the President

April 2026

For more than 40 years, the **Professional Baseball Athletic Trainers Society (PBATS)** has been committed to one clear mission: to set the global standard for excellence in athletic training. That mission is not rooted in recognition or prestige, but in our responsibility to the health, safety, and performance of the players and teams we serve.



As PBATS President, I am proud of how our membership continues to evolve alongside the game. Sports medicine is not static. Advances in performance science, injury prevention, technology, and mental health awareness are reshaping how we care for athletes at every level. It is our obligation to stay ahead of those changes — not simply to adapt, but to lead.

Player health today extends far beyond the physical. While arm care, workload management, and youth sports safety remain central priorities, we also recognize the growing importance of mental health, holistic wellness, and long-term player sustainability. The modern athletic trainer operates at the intersection of medicine, performance, and human connection. That responsibility requires constant education, collaboration, and innovation.

PBATS remains deeply committed to outreach initiatives that impact the broader baseball community. Through our nationally recognized **PLAY (Promoting a Lifetime of Activity for Youth) campaign**, we continue to visit Major League ballparks and communities across the country to educate young athletes and families about safe play, multi-sport participation, and healthy lifestyle habits.

We are grateful for the continued support of **Major League Baseball Charities**, as well as our partners at **Gatorade**, **Song for Charlie**, the **Taylor Hooton Foundation**, **Henry Schein**, and the **Henry Schein Cares Foundation**.

Our **Ability Transcends Challenges (ATC) program**, developed in partnership with the **U.S. Department of Labor's Office of Disability Employment Policy (ODEP)**, remains a cornerstone of our commitment to inclusion. ATC highlights the invaluable contributions of individuals with disabilities throughout baseball's history and reinforces the message that opportunity, inclusion, and ability are fundamental to the strength of our game and our society.

As baseball continues to grow globally and evolve competitively, PBATS will remain focused on advancing research, strengthening education, and supporting best practices that protect the long-term health of our athletes. We are honored to serve alongside dedicated professionals who work tirelessly behind the scenes to keep players on the field and performing at their highest level.

On the following pages, you will learn more about the initiatives, partnerships, and programs that define our work. Whether you are part of the national media or a club communications team, we hope this guide serves as a valuable resource throughout the season. We are confident you will have opportunities to interact with our members, and when you do, you will see firsthand the professionalism and commitment that define PBATS.

Thank you for your continued interest in our society and in the important work of athletic trainers across **Major League Baseball**.

Sincerely,

Nick Kenney
PBATS President

PBATS ORGANIZATIONAL MISSION STATEMENT

The mission of the **Professional Baseball Athletic Trainers Society** (PBATS) is to serve as an educational resource for the Major League and Minor League Baseball athletic trainers. PBATS serves its members by providing for the continued education of the athletic trainer as it relates to the profession, helping to improve their understanding of sports medicine so as to better promote the health of the constituency— professional baseball players. PBATS also serves as a resource to educate those outside the professional baseball athletic trainer community about the profession and about the athletic trainer's integral position within the sports medicine team.

The Education Committee

The PBATS Education Committee serves to broaden and improve the knowledge base of the practicing athletic trainer within Major League and Minor League Baseball. This committee administers and oversees the PBATS initiatives that contribute to the continued education of the athletic trainer.

The Public Affairs Committee

The PBATS Public Affairs Committee serves to promote the society and its activities beyond the realm of the professional baseball athletic trainer. Additionally, this committee promotes communication among the PBATS membership and its Minor League Baseball affiliates.

The Development Committee

The PBATS Development Committee serves as the chief fundraising entity of the society, responsible for developing and executing revenue-generating activities to support all official programs of the society.

PBATS' Programs

PBATS Educates on Public Health Issues with PLAY Campaign

Developed in 2004, PBATS program, **PLAY (Promoting a Lifetime of Activity for Youth)**, continues to work to impact the lives of America's youth. PLAY enters its 22nd year, making it the longest running health education campaign in professional sports, designed specifically to help America's young people lead active and healthy lifestyles.

Along with its partners, the Henry Schein Cares Foundation, the Taylor Hooton Foundation, Song for Charlie, and Major League Baseball Charities, the PLAY Campaign hosted events in 20+ MLB stadiums in 2025 and aims to do the same in 2026.

PBATS Works Towards Total Inclusion in the Workforce

In 2020, PBATS continued development and promotion of the **Ability Transcends Challenges** program, or ATC. This program is designed to educate the American people about the role that people with disabilities have played throughout baseball's history, while speaking to the important lessons of inclusion and the need to harness this valuable source of American manpower. Our ultimate goal is to do nothing less than change America's perception about the value of people with disabilities.

Along with PBATS spokespeople, Jim Abbott, Curtis Pride and Jim Eisenreich and Jason Johnson, the ATC program has partnered with The Arc, the U.S. Business Leadership Network and the United States Department of Labor's Office of Disability Employment Policy (ODEP) to promote total inclusion worldwide.

In 2015, PBATS released a baseball card set, produced by Topps, that showcased the talents of both past and present players with disabilities.

In 2016 and 2017, PBATS hosted an event at the Yogi Berra Museum & Learning Center, at which Jim Abbott and Curtis Pride spoke to children about their careers and their advocacy work for people with disabilities.

In 2022, PBATS members renewed an important alliance with the U.S. Department of Labor in Washington, D.C. and will work in 2025 to promote mental health awareness and inclusion in sports and the workplace.

In 2025, PBATS completed the second annual Ability Transcends Challenges awards campaign, honoring 20 businesses across MLB cities for advancing employment opportunities for people with disabilities. In 2026, the program will expand to recognize 30 businesses as its national impact continues to grow.

PBATS would like to thank Major League Baseball for its generous support for all our programs and initiatives.

Athletic Trainers of the Year

PBATS Honors the Best of the Best in Major League Baseball



PBATS is proud of all of its athletic trainers and athletic training staffs — they are among the most skilled and respected professionals in all of sports. Each year, however, PBATS members have the opportunity to recognize one Major League athletic training staff whose skill, professionalism, and dedication exemplify the core mission of our society.

In 2025, the winner of the Major League Athletic Training Staff Award was the **Toronto Blue Jays** athletic training staff.

The Blue Jays' staff in 2025 included **Jose Minstral**, **Voon Chong**, and **Drew MacDonald**.

“In 2025, no staff demonstrated greater commitment to excellence and player care than the Toronto Blue Jays,” PBATS President Nick Kenney said. “Across Major League Baseball, athletic trainers and medical staffs work tirelessly behind the scenes to support their clubs throughout the season. Jose Minstral, Voon Chong, and Drew MacDonald represent the very best of our profession, and this recognition is a reflection of their dedication and impact.”

International Program

PBATS International Programs Educate Globally

The PBATS international program is Chaired by former Mariners' head athletic trainer **Rick Griffin**.

The PBATS International Student Exchange Program continued its record growth in 2025, marking the strongest year in the program's history. A total of 20 international students completed four-week summer placements across professional baseball, surpassing last year's total and reflecting the increasing global interest in baseball sports medicine.

Thirteen Major League organizations hosted students in 2025, including four new clubs — the Colorado Rockies, Boston Red Sox, Miami Marlins, and Seattle Mariners. The program's continued success is made possible by the mentorship and professionalism of PBATS members throughout the league. Demand remains highly competitive, with leading academic partners including SETU and TUS in Ireland, as well as St. Mary's University and the University of Salford in the United Kingdom.

The program continues to produce meaningful success stories. Former exchange student Rachel Boner became the first international participant hired full-time by a Major League club and now works with the Boston Red Sox. In addition, former interns are contributing across professional baseball, underscoring the long-term impact of the initiative.

PBATS will further its international outreach in 2025–2026 through continued collaboration with JPBATS in Japan, participation in the World Federation of Athletic Training & Therapy Conference in Dublin, and ongoing evaluation visits to partner universities. The society also maintained its \$1,500 International Student Stipend to support global participation.

The PBATS International Program has become a recognized model for international sports medicine education, drawing interest from organizations worldwide. We thank our members, host clubs, and international partners for their continued dedication to advancing the profession on a global scale.

2026 MLB All-Star Game

All-Star Game Assignment is a Favorite of Many PBATS Members

Just as every Major Leaguer aspires to be selected for baseball's annual "Mid-Summer Classic," members of the Professional Baseball Athletic Trainers Society view selection as an All-Star Game athletic trainer as one of the highest honors in the profession. Athletic trainers who have served at the Major League level for a minimum of 10 years — or who serve as the head athletic trainer of the host club — are eligible for the four coveted All-Star assignments.

The 2026 Major League Baseball All-Star Game, hosted by the **Philadelphia Phillies**, will feature **Paul Buchheit** of the host **Phillies** and **Yosuke Nakajima** of the **Los Angeles Dodgers** caring for National League players. On the American League side, **Jeff Collins** of the **Athletics** and **Eric Munson** of the **Los Angeles Angels** will oversee player medical services.

"Players consider selection to the All-Star Game one of the greatest honors of their careers, and the same is true for athletic trainers," PBATS President Nick Kenney said. "Being chosen as an All-Star athletic trainer reflects the respect of your peers and a long-standing commitment to excellence. Paul, Yosuke, Jeff, and Eric are incredibly deserving of this recognition, and we are proud to see them represent our profession on such a prestigious stage."

A huge congratulations to all of the athletic trainers participating this year.

Spring Training Seminar

Co-Chaired by **Ryan DiPanfilo** of the **Arizona Diamondbacks**, **Kyle Torgerson** of the **Seattle Mariners**, the Spring Training Seminars are a great way for PBATS to bring in national experts in Sports Medicine to provide continuing education opportunities for athletic trainers who are new to the game of baseball.

Each year's seminars feature presentations on topics related to the medical care of professional baseball players. Topics are of keen interest to the baseball medical community and their inclusion at the PBATS Spring Training Seminar will ensure that athletic trainers of both the Major and Minor League levels will receive the best information and support possible on these often everyday occurrences.

In 2026, the **Los Angeles Dodgers** and the **Tampa Bay Rays** led the seminars. PBATS looks forward to more educational seminars in 2027 and beyond.

Internship Program

PBATS Gives Students a Taste of Life in the Major Leagues

One of the primary missions of PBATS is to be an educational resource, not only to Major League Baseball athletic trainers, but also those who aspire to become one someday. Two on-going educational initiatives of the organization that are helping to do just that, are the annual Spring Training Seminar for athletic trainers in Minor League Baseball, and the internship program for undergraduate athletic training students.

Undergraduate Internship Program

In 2026, PBATS will continue its long-standing internship program, through which a selected group of students receive a unique learning experience working in a professional baseball athletic training room.

Chaired by **Dave Yeager** of the **Milwaukee Brewers**, the PBATS Internship Program is renowned throughout the athletic training profession for its unique ability to provide invaluable career experience that can lead to future employment opportunities for the athletic trainers of tomorrow.

In 2025, PBATS received nearly 250 applications from students for the internship program and worked to place many interns in training rooms across the Major and Minor Leagues for the 2026 season.

Today, there are more than 100 certified athletic trainers working throughout baseball who began their careers through a PBATS internship — a statement that the organization is extremely proud to make.

“PBATS is proud of the progress made within the internship program in 2025, especially under the current guidance of such an awesome champion of athletic training in Dave Yeager,” PBATS President Nick Kenney explained. “So many intelligent, capable and motivated students have become highly respected athletic trainers at all levels of baseball, and we’re proud to have helped so many get a start in professional baseball and in their athletic training careers. We take great joy in providing opportunities for students — it means a lot to all of us at PBATS.”

PBATS Speakers Bureau

Would you like to have a professional athletic trainer speak at an upcoming engagement or event? Many PBATS members are available for interviews and educational presentations on a variety of sports medicine topics. If you are a member of the media or if you are interested in the benefits of having a PBATS member address your audience, please contact PBATS communications firm, The Romano Group, LLC. Additional information about the speakers' bureau also is available on the PBATS website at www.pbats.com.

The Romano Group, LLC

Tel: 414.614.9909

Email: sam@theromanogroup.com

Listing of Conditioning Coordinators

A team-by-team listing of conditioning coordinators can be found on page 77 of the media guide. Athletic trainers work hand-in-hand with their club's conditioning coordinators to design injury prevention and rehabilitation programs for their athletes. Some of baseball's conditioning coordinators are also certified athletic trainers.

Medical Resources

The back of this booklet features a glossary of medical terms and anatomical charts beginning on page 79. For additional information about a particular athletic injury, please contact your local athletic trainer.

Media Guide

This guide was produced by PBATS through the direction of President, **Nick Kenney** and Director of Communications and Partnerships, **Sam Radbil**.

For more information on the organization, please visit their website at pbats.com.

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Frank W. Jobe, M.D.

Class of 2013

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Jeff Cooper, ATC
Charlie Moss, ATC
Lewis Yocum, M.D.

Class of 2015

Larry Starr, ATC
Gene Monahan, ATC
Kent Biggerstaff, ATC

Class of 2018

Dr. James Andrews
Gene Gieselmann, ATC

Class of 2021

Richie Bancells, ATC

Class of 2023

Mark Letendre, ATC
Rick Griffin, ATC

PBAT's Executive Committee

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NL Assistant Representative	Joe Rauch , <i>Assistant Athletic Trainer</i> Philadelphia Phillies Citizens Bank Park 1 Citizens Bank Way Philadelphia, PA 19148
AL Assistant Representative	Chad Wolfe , <i>Assistant Athletic Trainer</i> Cleveland Guardians Progressive Field 2401 Ontario St. Cleveland, OH 44115
NL At-Large Representative	PJ Mainville , <i>Director of Medical Services</i> Chicago Cubs Wrigley Field 1060 W. Addison St. Chicago, IL 60613
AL At-Large Representative	Brad Pearson , <i>Vice President, Sports Medicine</i> Boston Red Sox Fenway Park 4 Jersey St. Boston, MA 02215
Past President	Ron Porterfield , <i>Medical Consultant</i> Los Angeles Dodgers Dodger Stadium 1000 Vin Scully Ave. Los Angeles, CA 90012
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Communications & Partnerships	Sam Radbil The Romano Group 3620 Peregrine Falcon Dr. Austin, TX 78746

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Scott BARRINGER

Head Athletic Trainer

East Stroudsburg University of Pennsylvania (B.S.)
 East Carolina University (M.S.)
 Years in MLB: 9



Scott enters his second season as Head Athletic Trainer with the Baltimore Orioles and tenth at the Major League level. He held the same position with the Milwaukee Brewers from 2019-2024. Before joining Milwaukee, Scott was with the Houston Astros, where he served as an assistant athletic trainer. In his first season in that position (2017), Scott was part of a group that won the World Series and was named Athletic Training Staff of the Year. This award is presented by the Professional Baseball Athletic Trainers Society (PBATS) and voted on by their peers. Scott also served the Astros as minor league medical coordinator in 2016. Before his stint with the Astros, Scott worked as a minor league athletic trainer in the Arizona Diamondbacks (2011-12) and Chicago Cubs (2013-15) organizations. He was also an athletic trainer for the Mesa Solar Sox of the Arizona Fall League in 2013. He previously served as an associate professor in 2012 at his alma mater, East Stroudsburg University, where he earned his Bachelor's degree in athletic training. Scott earned his Master's degree in athletic training from East Carolina University. Scott and his wife, Lindsey, reside in Forest Hill, Maryland, with their daughter, Leila, and dog, Maisy.

Ben FRASER

Assistant Athletic Trainer

Concordia University Wisconsin (B.S.)
 Indiana State University (M.S.)
 Years in MLB: 6



Ben Fraser enters his first season as an Assistant Athletic Trainer with the Baltimore Orioles after spending six seasons in the same role with the San Diego Padres. Prior to joining the Padres' Major League staff, he served as the organization's Minor League Athletic Training Coordinator from 2018-2019. Before his time in San Diego, Fraser spent five seasons as the Assistant Athletic Training Coordinator with the Seattle Mariners (2013-2017) and four seasons as a minor league athletic trainer with the Arizona Diamondbacks (2009-2012). A native of Racine, Wisconsin, Fraser earned his bachelor's degree in Athletic Training and Exercise Leadership from Concordia University Wisconsin and his master's degree in Athletic Training from Indiana State University. He resides in San Diego, California, with his wife, Melissa, and their two children, Harper and Jack.

Patrick WESLEY

Assistant Athletic Trainer

Assistant Athletic Trainer
 McKendree University (B.S.)
 Years in MLB: 9



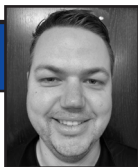
Patrick Wesley is entering his 9th season as an Assistant Athletic Trainer, after previously spending 18 years in the Baltimore Orioles Minor League System. He was a member of the Orioles' staff who won the 2023 Athletic Training Staff of the Year. Most recently, he served as the Head Athletic Trainer for the AA Bowie Baysox (2015-2017). Wesley was named the Carolina League Athletic Trainer of the Year in 2013 and the South Atlantic League Athletic Trainer of the Year in 2008 and 2009. In 2009, he was also selected to represent the Baltimore Orioles Organization as an Athletic Trainer for the Phoenix Desert Dogs in the Arizona Fall League. He received his Bachelor's of Science in Athletic Training in 2001 from McKendree University in Lebanon, IL. Wesley is a certified member of the National Athletic Trainers Association and is licensed to practice Athletic Training in both Maryland and Florida. Wesley currently resides in Frederick, MD with his wife Jessica, twin sons Chase and Caleb, and daughter Chloe.

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Chris POOLE

Assistant Athletic Trainer

Towson University (B.S.)
William Paterson University (M.S.)
Years in MLB: 4



Chris Poole is entering his 5th season as the Assistant to the Head Athletic Trainer and 12th year as a member of the Baltimore Orioles Athletic Training staff. He was a member of the Orioles' staff who won the 2023 Athletic Training Staff of the Year. He spent previous seasons serving as the club's Secondary Compliance Officer for health and safety protocols in 2021 and Primary Compliance Officer in 2020. Poole was selected to represent the Orioles as an Athletic Trainer for the Glendale Desert Dogs in 2014 and was the Head Athletic Trainer for the Gigantes del Cibao of LIDOM in 2016. Poole received his Bachelor of Science degree in Athletic Training from Towson University in 2010 and his Master of Science degree in Exercise Science with a concentration in Exercise Physiology from William Paterson University in 2012. He is a certified member of the National Athletic Trainers Association, and the Maryland Athletic Trainers Association and served as the Member at Large for the Mid-Atlantic Athletic Trainers Association from 2017-2019. He currently resides in Columbia, MD with his wife Kristina, daughter Josephine, and son Liam.

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Athletic Trainers' History

HEAD ATHLETIC TRAINER

Scott Barringer2025 - Present

Brian Ebel2018 - 2024

Richie Bancells1988 - 2017

Ralph Salvon1968 - 1987

Eddie Weidner1954 - 1967

ASSISTANT ATHLETIC TRAINER

Ben Fraser2026 - Present

Chris Poole2022 - Present

Patrick Wesley2018 - Present

Mark Shires2018 - 2025

Brian Ebel1997 - 2017

Chris Correnti2014 - 2017

Chris Poole2015 - 2017

Jamie Reed1989 - 1996

Richie Bancells1984 - 1987

Ralph Salvon1966 - 1967



Boston Red Sox

Brad PEARSON

Vice President, Sports Medicine

Springfield College (B.S.)
University of Massachusetts (M.S.)
Years in MLB: 15



Brad, 47 enters his 4th season as VP of Sports Medicine. He previously held the title of Director of Sports Medicine/Head Athletic Trainer for 7 years. Before becoming Head Athletic Trainer, Brad served as assistant athletic trainer for from 2012-2015. Prior to being an assistant athletic trainer at the major league level, he spent 9 seasons in the minor league system. While in the minor leagues, Brad held the roll of Minor League Athletic Training Coordinator from 2008-2012. He served as an Athletic Trainer at the affiliate level prior to that. Brad serves on the PBATs executive board as the AL at large representative and is also a member of the MLB research committee. The Ludlow, VT native attended Springfield College (Springfield, MA) where he graduated with B.S. in Athletic Training and also attended the University of Massachusetts (Amherst, MA) and graduated with M.S. in Exercise Science. He is certified through both the NATABOC and the NSCA respectively. Brad currently resides in Lincoln, MA. with his wife Candace, and his children Felicity and Cameron.

Brandon HENRY

Head Athletic Trainer

Xavier University (B.S.)
West Virginia University (M.S.)
Years in MLB: 8



Brandon, 44, begins his 4th season as Head Athletic Trainer after spending 2 year as an Associate Head Athletic Trainer. Prior to being promoted to the major league level, he spent 12 seasons in the minor league system, most recently serving as Athletic Training Coordinator for three seasons. Brandon is a Beckley, WV native who attended Xavier University (Cincinnati, OH) where he received his B.S. in Athletic Training in 2004. He then attended West Virginia University (Morgantown, WV) where he graduated with a M.S. in Athletic Training in 2006. Brandon currently resides in Hudson, MA with his wife Nicole, and their sons Miles and Bryant.

Masai TAKAHASHI

Assistant Athletic Trainer

University of Nevada - Las Vegas (B.S., M.S.)
Years in MLB: 20



Masai, 50, is entering his 20th year as an Assistant Athletic Trainer for the Red Sox after formerly serving as Head Athletic Trainer for the AA affiliate of the Red Sox in Portland, ME, and the A affiliate of the Sarasota Red Sox in Florida. The Tokyo, Japan native moved to Nevada in 1995 and attended UNLV for his BS and MS degrees. He enjoys cycling and photography in his spare time. Masai, his wife, Ayumi, and their four sons, Kaisei, Shoei, Kensei and Kosei reside in Southborough, MA.

Jon JOCHIM

Assistant Athletic Trainer/Major League Rehab Specialist

DePauw University (B.A.)
Indiana State University (M.S.)
Years in MLB: 10



Jon, 50 enters his 10th season as Assistant Athletic Trainer and 6th season as MLB Rehab Coordinator/Specialist. Prior to being an assistant athletic trainer at the Major League level, he spent 14 seasons in the minor league system. Jon held the role of AAA Athletic Trainer for 6 years and Senior Athletic Trainer for 1 year. The Mariah Hill, IN native attended DePauw University (Greencastle, IN) where he graduated with a B.A. in Health and Physical Performance and also attended Indiana State University and graduated with M.S. in Athletic Training. He is Certified through both the NATABOC and the NSCA respectively. Jon currently resides in Hopkinton, MA with his wife and 3 children.

Fenway Park
4 Yawkey Way | Boston, MA | 617.226.6000

Anthony CERUNDOLO

Assistant Athletic Trainer

Northeastern University (B.S.)
Boston University (M.S.)
Years in MLB: 7



Anthony, 58, begins his 7th season with the Boston Red Sox as an Athletic Trainer. Prior to being named an Athletic Trainer at the major league level, he spent 22 years as the Head Athletic Trainer/Director of the Sports Medicine/Assistant Athletic Director at the College of the Holy Cross from 1998 - 2020. Cerundolo began his career as an Athletic Trainer at Harvard University in 1994 upon completion of his Master's Degree at Boston University. He moved on to Holy Cross to advance his career as the Head Athletic Trainer. A member of the National Athletic Trainers' Association, Cerundolo received his bachelor's degree in Athletic Training and Physical Education from Northeastern University in 1991. He and his wife, Laura, reside in Worcester, with their daughter Sophia and son Anthony.

David HERRERA

Assistant Athletic Trainer

Graceland University (B.S.)
Ventura College (A.A.)
Years in MLB: 4



David, 42, Begins his 4th season with the Boston Red Sox as an Assistant Athletic Trainer. Prior to being at the major league level he spent 15 seasons in the Red Sox minor league system. 4 years as head athletic trainer with the Triple-A club (2019-22). Served in the same capacity for the Gulf Coast League Red Sox (2008, 2016-18) and as the Red Sox Minor League Latin American Medical Coordinator (2016-18). He was also athletic trainer for the Salem Red Sox (2012-15), the Greenville Drive (2010-11) and the Lowell Spinners (2009). He graduated from Graceland University with a B.A. in athletic training and a minor in health.

Organizational Athletic Trainers & Performance Staff

Sports Medicine Administrative Manager

Elana Webb 781.775.8677

Major League Physical Therapist

Kevin Avilla kavilla@redsox.com 508.341.9628

Clinical Educator

Jamie Creps jcreps@redsox.com

Athletic Training Coordinator

Chelsea Willette cwillette@redsox.com 802.999.9282

Assistant Athletic Training Coordinator, Latin American

Michael Feliciano mfeliciano@redsox.com 832.392.3479

Minor League Rehab Specialist

Joel Harris jharris@redsox.com 802.299.6326

Worcester Red Sox (AAA)

Nick Kuchwara nkuchwara@redsox.com 303.870.5041

Scott Gallon sgallon@redsox.com 508.579.8493

Portland Sea Dogs (AA)

Robert Stachura rstachura@redsox.com 860.316.8870

Kelsey Branstetter kbranstetter@redsox.com 303.601.1987

Greenville Drive (A+)

Marissa Sciabarra msciabarra@redsox.com 443.537.7149

Salem Red Sox (A)

Jessica Von Kessel jvonkessel@redsox.com 917.537.7149

Athletic Trainers' History

HEAD ATHLETIC TRAINER

Brandon Henry	2021 - Present
Brad Pearson	2016 - 2020
Richard Jameyson	2012 - 2015
Mike Reinold	2010 - 2011
Paul Lessard	2006 - 2009
Jime Rowe	1995 - 2005
Charlie Moss	1975 - 1994
Buddy LeRoux	1966 - 1974
Jack Fadden	1950 - 1965

ASSISTANT ATHLETIC TRAINER

David Herrera	2023 - Present
Anthony Cerundolo	2020 - Present
Masai Takahashi	2007 - Present
Jon Jochim	2016 - Present
Brandon Henry	2019 - 2020
Paul Buchheit	2016 - 2019
Brad Pearson	2012 - 2015
Greg Barajas	2010 - 2011
Mike Reinold	2006 - 2009
Chris Correnti	2001 - 2005
Chang-Ho Lee	2002 - 2005
Rich Zawacki	1990 - 2000



James KRUK

Head Athletic Trainer/Medical Director

Coastal Carolina University (B.S.)
Texas Tech University Health Sciences Center (M.A.T.)
Years in MLB: 8



James Kruk, is entering his 6th year as Head Athletic Trainer and 2nd as Medical Director for the Chicago White Sox. He spent 2 seasons as Assistant Athletic Trainer (2019-2020). Kruk joined the White Sox Organization in 2008 and has served as the Athletic Trainer at Class AAA Charlotte (2018), Class AA Birmingham (2016-2017), Class A Kannapolis (2014-2015), and Advanced Rookie Great Falls (2009-2013). James also spent the two previous seasons as an athletic training intern with the Philadelphia Phillies. He obtained a Master's Degree in Athletic Training from Texas Tech University Health Sciences Center in 2008 and a Bachelor's degree in Physical Education from Coastal Carolina University in 2006. James is a certified member of the National Athletic Trainers Association (NATA), and is a certified Strength and Conditioning Specialist (CSCS). He lives in Acworth, GA with his wife, Lauren and their three children, Quinn, Landon, and Owen.

Josh FALLIN

Assistant Athletic Trainer

New Mexico State University (B.S.)
Years in MLB: 7



Josh Fallin, is entering his 7th year as Assistant Athletic Trainer for the Chicago White Sox. Fallin joined the White Sox Organization in 1999 and has served as the Athletic Trainer for Class AAA Charlotte (2019), Class AA Birmingham (2011-2012), Class A Winston-Salem (2001-2010, 2013-2018), and Class A Burlington (1999-2000). He has been awarded Athletic Trainer of the Year 3 times in the Carolina League (2005, 2007, 2014) and once in the Southern League (2012). Fallin obtained his Bachelor's degree in Athletic Training from New Mexico State University in 1998 where he worked with the football and baseball programs. He served as the Head Athletic Trainer for the 2007 National Champion Men's Soccer team at Wake Forest University. Josh is a certified member of the National Athletic Trainers Association (NATA) and the North Carolina Athletic Trainers Association (NCATA). He resides in Lewisville, NC with his wife, Brenna and their two daughters Kaylee and Anna.

Hyeon KIM

Assistant Athletic Trainer

Troy University (B.S.)
Auburn University at Montgomery (M.Ed)
Years in MLB: 2



Hyeon Kim, is entering his 2nd year as Assistant Athletic Trainer for the Chicago White Sox. Kim joined the White Sox Organization in 2018 and has served as the Athletic Trainer for Class AAA Charlotte (2023-2024), Class AA Birmingham (2021-2022), Class A Winston Salem (2019), and Rookie Ball Great Falls (2018). Kim obtained his Bachelor's Degree in Athletic Training from Troy University and Masters in Education from Auburn University at Montgomery. Kim was the Head Athletic Training for the Arizona Fall League (2022) and in the WBC for Team Korea (2023). Hyeon is a certified member of the National Athletic Trainers Association (NATA) and is a Certified Strength and Conditioning Specialist (CSCS). He resides in Latham, NY with his wife, Hwaseon and their daughter Ani.

U.S. Cellular Field

333 West 35th Street | Chicago, IL 60616 | 312.674.1000

Organizational Athletic Trainers & Performance Staff**Minor League Medical Coordinator**

Kevin Pillifant.....970.376.4541

Charlotte Knights (AAA)

Carson Wooten916.224.1324

Birmingham Barons (AA)

AJ Smith828.620.8297

Winston-Salem Dash (A)

Austin Smith563.320.2137

Kannapolis Intimidators (A)

Kira Felise510.909.3576

Arizona League (Rookie)

Abby McGurrin781.941.0323

Minor League Physical Therapist

Cheyenne Conger832.299.8100

Melissa Tighe973.897.6069

Medical Administrator (Arizona)

Scott Takao520.444.6571

Senior Director of Sports Performance

Geoff Head859.360.4190

Major League Strength & Conditioning Director

Brad Lawson415.601.1399

Major League Strength & Conditioning Coach

Alex Tavarez954.817.7841

Athletic Trainers' History**HEAD ATHLETIC TRAINER**

James Kruk2021 - Present

Brian Ball2019 - 2020

Herm Schneider.....1979 - 2018

Charlie Saad1967 - 1978

Ed Froelich1954 - 1966

Myron Esler1951 - 1953

Ed "Packy" Schwartz1943 - 1950

Ed Froelich1942

Dr. A.F. Schacht.....1933 - 1941

ASSISTANT ATHLETIC TRAINER

Hyeon Kim.....2024 - Present

Josh Fallin.....2020 - Present

Brett Walker2018 - 2024

James Kruk2019 - 2020

Brian Ball2001 - 2018

Mark Anderson1986 - 2000

Roy Ogren1985

Brandt McFarlin1984



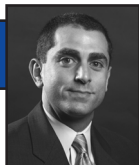
Lonnie SOLOFF

Senior Vice President, Medical Services

St. Louis University (B.S., MPT)

Northeastern University (DPT)

Years in MLB: 28



Lonnie Soloff, 51, is beginning his thirteenth season leading Medical Services after spending 10 years as head athletic trainer for the Cleveland Indians. In this role, Lonnie leads the organization's efforts in research and development pertaining to physical development, performance enhancement and injury prevention while assisting club executives in short-term and long-term injury risk assessments relative to strategic amateur and professional player personnel decisions. Lonnie oversees the organization's athletic trainers, physical therapists, team physicians, sports scientists and sport psychology teams, supervising injury treatment, rehabilitation systems and physical development at both the major league and minor league levels. Active in teaching orthopedics and baseball sports medicine, Soloff participates in clinical research and lectures. Soloff shared the honor of Major League Athletic Training Staff of the Year Award in 2016 and 2007 and Dick Martin Award in 2007. In addition to serving as American League athletic trainer for the 2012 MLB All-Star game alongside close friend Nick Kenney, Soloff was honored to represent his country working as an athletic trainer with Team USA during their Gold Medal run in the 2017 World Baseball Classic. Prior to joining the Indians organization in 2003, Lonnie served as physical therapist from 1999-2002 and assistant athletic trainer in 2003 for the Cincinnati Reds. A member of the NATA and APTA, Soloff began his career in baseball with the St. Louis Cardinals in 1996 as part of the PBATS internship program. A native of New Orleans, Soloff lives in Avon Lake, Ohio with his wife and three children.

Jeff DESJARDINS

Head Athletic Trainer

Plymouth State College (B.S.)

National University (M.A.)

Years in MLB: 17



Jeff Desjardins, 52, is beginning his twenty sixth season with the Cleveland Guardians organization. This will be his seventeenth season at the major league level and his third season in the role of Head Athletic Trainer. Prior to being elevated to the major league level in 2010, Desjardins spent 9 seasons as a minor league athletic trainer in the Cleveland Indians Player Development System. He spent three seasons (2007-2009) serving a dual role as the Indians athletic training coordinator and athletic trainer at the club's Triple-A affiliates in Buffalo, NY and Columbus, OH. In 2005 and 2006, he was the athletic trainer for the Indians AA affiliate in Akron, Ohio. In 2006, he was named the Eastern League Athletic Trainer of the Year and was selected to represent the Indians in the Arizona Fall League. He held the same position in Kinston, NC in 2004 and in Lake County, OH in 2003. Desjardins originally joined the Indians organization in 2001, as the athletic trainer in Burlington, NC and served in that role for two seasons. In 2019, he was selected as the AL Assistant Athletic Trainer for the MLB All Star Game at Progressive Field in Cleveland, OH. In 2016, Jeff shared honors with Lonnie Soloff, James Quinlan and Michael Salazar as "Major League Athletic Training Staff of the Year." In 2021, Desjardins was voted by his peers to be the American League Assistant Athletic Trainer Representative on the Professional Baseball Athletic Trainers Society Executive Board. A graduate of Plymouth State College in Plymouth, New Hampshire, Desjardins is a certified athletic trainer and a certified strength and conditioning specialist. He went on to complete a master's degree in performance psychology through National University in 2021, graduating with distinction. He is also an American Red Cross First Aid and CPR for the Professional Rescuer instructor. In 2025, Desjardins was inducted into the State of Maine Baseball Hall of Fame. A native of Gorham, ME., he and his family currently reside in Cleveland, Ohio.

Chad WOLFE

Assistant Athletic Trainer

East Carolina University (B.S.)

East Carolina University (MA)

Years in MLB: 8



Chad Wolfe, 46, enters his eighth season as the club's Assistant Athletic Trainer and is entering his 23rd overall season as an Athletic Trainer in the organization. After spending a single season at rookie-level Mahoning Valley in 2004, Chad incrementally increased his time at each level by one year, beginning with Lake County in 2005 (2005-06) and concluding with five campaigns in Triple-A Columbus (2014-18). He spent three seasons in A Kinston, 2007-09, and four in AA Akron, 2010-13. Additionally, he spent two seasons as the Head Athletic Trainer for Aguilas Cibaenas (2012-13) in the Dominican Winter League, was named Carolina League Athletic Trainer of the Year in 2008 and the following year represented the organization in the Arizona Fall League. In 2026, Wolfe was appointed to be the American League Assistant Athletic Trainer Representative on the Professional Baseball Athletic Trainers Society Executive Board. The Graham, NC native earned his graduate and undergraduate degrees from East Carolina University, earning a master's degree in health education in 2003. He is also an American Red Cross First Aid and CPR for the Professional Rescuer instructor. Chad resides in Macedonia, Ohio, with his wife Sarah and their two children.

Progressive Field

2401 Ontario Street | Cleveland, OH 44115 | 216.420.4200

Bobby RUIZ

Assistant Athletic Trainer



University of La Verne (B.S.)
 University of Connecticut (M.A.)
 A.T. Still University (DAT)
 Years in MLB: 3

Ruiz, 39, enters his third season as the club's Assistant Athletic Trainer and is entering his 16th overall season as an Athletic Trainer in the organization. Ruiz spent his first three seasons at then Low-A Lake County (2011-2013), five seasons at High-A Carolina (2014)/Lynchburg (2015-2018), and two seasons AA Akron (2019-2020), before being named the Athletic Trainers Coordinator for three seasons (2021-2023). He represented the organization in the Arizona Fall League in 2014. He also served as an Athletic Trainer with Team Mexico during the Premier12 tournament (2019) with a Bronze Medal finish, as well an Athletic Trainer with Team Mexico during the 2023 World Baseball Classic. Ruiz was named Carolina League Athletic Trainer of the Year in 2017. He earned his undergraduate degree in Athletic Training from the University of La Verne (La Verne, CA), graduate degree in Kinesiology with an emphasis in Exercise Science from the University of Connecticut (Storrs, CT), and completed his Doctor of Athletic Training degree from A.T. Still University (Mesa, AZ). The Corona, CA native currently resides in Buckeye, AZ with his wife Alexandra and their two children.

Organizational Athletic Trainers & Performance Staff**Major League Rehabilitation Coordinator**

Dan Himmerick dhimmerick@cleguardians.com 701.720.5437

Athletic Training Coordinator

Jeremy Heller jheller@cleguardians.com 216.533.3767

Director, Minor League Medical Services, Minor League PT

Jeremy Harris jharris@cleguardians.com 216.256.4432

Minor League Medical Administrator

Teddy Blackwell tblackwell@cleguardians.com 216.702.2902

Columbus Clippers (AAA)

Jake Legan jlegan@cleguardians.com 910.548.2993

Franklin Sammons fsammons@cleguardians.com 765.570.3655

Akron Rubberducks (AA)

Derrick Diaz ddiaz@icleguardians.com 216.402.6374

Laura Gutierrez-Sogel lsogel@gleguardians.com

Lake County Captains (A)

Yuka Ogata yogata@cleguardians.com 216.218.3851

Sho Katayama skatayama@cleguardians.com 562.202.8721

Lynchburg Hillcats (A)

Karina Gonzalez kgonzalez@cleguardians.com 714.793.7664

Patrick Reynolds preynolds@cleguardians.com 302.985.7072

Arizona Guardians (Rookie)

Luis Estala lestala@cleguardians.com 216.618.9069

Isabel Portillo iportillo@cleguardians.com 408.781.7907

Minor League Physical Therapist (Arizona)

Randy Nava rnava@cleguardians.com 219.677.6227

Lil Padro lpadro@cleguardians.com 786.351.7053

Dominican Complex Athletic Trainer

Carlos Vega-Diaz cveguilladiaz@cleguardians.com 216.389.9329

Harrison Faulk hfaulk@cleguardians.com 406.788.0142

Dominican Complex Physical Therapist

Rances Palacio rpalacio@cleguardians.com 829.325.6202

Dominican Complex Physio

Pedro Reyes preyes@cleguardians.com 829.644.9004

Athletic Trainers' History**HEAD ATHLETIC TRAINER**

Jeff Desjarsins 2024 - Present

James Quinlan 2014 - 2023

Lonnie Soloff 2004 - 2013

Paul Spicuzza 1997 - 2003

Jim Warfield 1971 - 1996

ASSISTANT ATHLETIC TRAINER

Bobby Ruiz 2024 - Present

Chad Wolfe 2019 - Present

Jeff Desjardins 2010 - 2023

Michael Salazar 2012 - 2018

Richard Jameyson 2003 - 2011

Nick Kenney 2005 - 2009

Jim Warfield 1997 - 2002

Paul Spicuzza 1982 - 1996



Ryne EUBANKS

Head Athletic Trainer

University of Arkansas (B.S.E. & M.A.T.)
Years in MLB: 7



Ryne enters his fourth season as the Head Athletic Trainer for the Detroit Tigers. Prior to his time with the Tigers, he spent nine seasons with the Arizona Diamondbacks organization where he served as Major League Assistant Athletic Trainer (2020-2022), Minor League Medical Coordinator (2019) and Assistant Minor League Medical Coordinator (2018). Prior to the 2018 season he was the affiliate athletic trainer for Double-A Jackson (2017), Double-A Mobile (2016), Short-season A Hillsboro (2015), & AZL Rookie D-backs (2014). Ryne also completed a PBATS internship with the St. Louis Cardinals in 2013. He graduated in 2014 from the University of Arkansas with a master's degree in athletic training and in 2012 from the University of Arkansas with a bachelor's degree in Kinesiology-Exercise Science. He is a certified member of the NATA. In 2024, Ryne shared the honor alongside his teammates of being selected as the PBATS Major League Athletic Training Staff of the Year. He currently resides in the metro Detroit, MI area with his wife Amber and sons Elias, Jonah, & Judah. In his free time, he enjoys playing golf and spending time outdoors.

Kelly RHOADES

Assistant Athletic Trainer

Illinois State Univ. (B.S.) & A.T. Still Univ. (M. AT.)
Years in MLB: 3



Kelly enters her third season with the Detroit Tigers as a Major League Assistant Athletic Trainer. Previously, she worked for nine seasons in the Arizona Diamondbacks organization as an athletic trainer in the following roles: Minor League Medical Coordinator (2022-2023), Assistant Medical Coordinator (2021), Alternate Site (2020), Full-Season Low-A Kane County (2018 & 2019), Short Season Low-A Hillsboro (2017), AZL Rookie Ball (2016), and Seasonal Rehab Intern (2015). In 2024, Kelly shared the honor of being selected as PBATS Major League Athletic Training Staff of the Year, alongside her teammates. Kelly resides in Tempe, Arizona in the offseason with her husband, Taylor, and their miniature dachshund, Brynlee. Outside of work, Kelly enjoys going to the gym with her husband, trying new restaurants and coffee shops, visiting family, and traveling as much as possible.

Chris MCDONALD

Assistant Athletic Trainer

Bowling Green State University (B.S.)
Years in MLB: 7



Chris enters his seventh season on the Club's Major League training staff and his 26th season as a trainer in the Tigers organization. In 2024, Chris shared the honor of being selected as PBATS Major League Athletic Training Staff of the Year, alongside his teammates. Chris was also named PBATS Minor League Athletic Trainer of the Year in 2019, PBATS International League Trainer of the Year in 2018 and 2019, and the PBATS Eastern League Trainer of the Year in 2011. Prior to earning a major league role, he spent six seasons as an athletic trainer for Triple A Toledo and eight seasons in Double A Erie. He served as the athletic trainer for Single A Lakeland (2003-05), Single A Oneonta (2002), and Gulf Coast League Tigers (2001). Chris is also proud to have served as the athletic trainer for Leones de Escogido (2004), Tigres de Licey (2005-2010) in Dominican Winter League and Leones de Caracas (2012) in Venezuelan Winter League. Chris graduated from Bowling Green State University in 2000 with a Bachelor of Science degree in education after majoring in sport management with an emphasis in athletic training. A native of Troy, MI, McDonald currently resides in Champions Gate, FL with his daughter Haley.

Comerica Park

2100 Woodward Ave. | Detroit, MI 48201 | 313.962.4000

Organizational Athletic Trainers & Performance Staff**Major League Rehab Coordinator & Physical Therapist**

Duncan Evansduncan.evans@tigers.com.....404.368.7929

Henry Ford Embedded Athletic Trainer

Jim Schollerjscholl1@hfhs.org.....313.326.9569

Major League Performance Coach

Aaron Spanoaaron.spano@tigers.com704.685.1004

Major League Assistant Performance Coach

Drew Heithoffdrew.heithoff@tigers.com.....605.661.0340

Director, Medical Administration & Lakeland Operations

Doug Teterdoug.teter@tigers.com.....863.602.8621

Minor League Medical Coordinator

Sean McFarlandsean.mcfarland@tigers.com262.758.0635

International Medical Coordinator

Erick Floreserick.flores@tigers.com618.334.1555

Toledo Mud Hens (AAA)

Scott Thurstonscott.thurston@tigers.com970.389.6507

Erie Seawolves (AA)

Bryce Hietpasbryce.hietpas@tigers.com920.636.8509

West Michigan Whitecaps (A)

Nick Wheelernicholas.wheeler@tigers.com816.301.2689

Lakeland Flying Tigers (A)

Justin Waglerjustin.wagler@tigers.com226.972.8092

FCL Tigers (Rookie)

Haley Brownhaley.brown@tigers.com816.301.2689

DSL Tigers 1

Tyler Spicertyler.spicer@tigers.com571.232.7296

DSL Tigers 2

Laramie Gloverlaramie.glover@tigers.com830.391.2702

Minor League (Lakeland) Physical Therapist

Ryoki Aokiryoki.aoki@tigers.com857.272.2967

Zach Masonzachary.mason@tigers.com609.661.8904

Frankie Ann McCauley frankie-ann.mccauley@tigers.com347.844.0557

Minor League Strength & Conditioning Coordinators

Jeff Dolanjeff.dolan@tigers.com585.813.6468

Athletic Trainers' History**HEAD ATHLETIC TRAINER**

Ryne Eubanks2023 - Present

Doug Teter2018 - 2022

Kevin Rand2003 - 2018

Russ Miller1991 - 2002

Pio DiSalvo1985 - 1990

Bill Beam1967 - 1984

Jack Homel1946 - 1966

Dr. Gustav Nemitz1941 - 1945

Denny Carroll1936 - 1940

Jimmy Duggan1922 - 1931

ASSISTANT ATHLETIC TRAINER

Kelly Rhoades2024 - Present

Chris McDonald2020 - Present

Matt Rankin2014 - 2023

Doug Teter2006 - 2017

Steve Carter1995 - 2013

Bill Armstrong1985 - 1990

Pio DiSalvo1980 - 1984, 1991 - 1994

Joe Liscio1946 - 1962

Dr. Raymond Forsyth1944 - 1945



Eric VELAZQUEZ

Head Athletic Trainer



University of California, Davis (B.S.)
 Stephen F. Austin State University (M.S.)
 Years in MLB: 5

Eric Velazquez begins his first year as the Astros Major League head athletic trainer after serving as an assistant athletic trainer for the past four years. Eric previously served as the Athletic Training Coordinator for the Boston Red Sox from 2019-2021, after serving as an affiliate athletic trainer in Triple A, Pawtucket (2017-2018), and Double A, Portland (2016). He began his professional baseball work with New York Mets at their Dominican Republic Academy in 2010 and also served as Latin American Coordinator (2011) and as an athletic trainer for the Short-A Brooklyn (2012-2013) and Single-A Savannah (2014-2015). Eric has served as athletic trainer for the World Baseball Classic (2017), as well as worked the Venezuelan Winter League (2014-2015), the Arizona Fall League (2012) and Dominican Winter League which included a Caribbean Series Championship in 2011. He received his Bachelor's degree in Exercise Biology from the University of California, Davis and his Master's in Athletic Training from Stephen F. Austin University. Originally from Los Angeles, California, Eric resides in Montgomery, Texas with his wife and two daughters.

Rafael FREITAS

Assistant Athletic Trainer

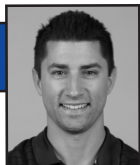


Florida State University (BS)
 Florida International University (MS)
 Australian Catholic University (MS)
 Years in MLB: 10

Rafael Freitas, 39, a native of Rio de Janeiro, Brazil is entering his first season as Assistant Athletic Trainer for the Houston Astros. Prior to joining the Astros, Rafael spent five seasons (2021-2025) as the Major League Head Athletic Trainer for the Pittsburgh Pirates and four seasons (2017-2020) as a Major League Assistant Athletic Trainer with the Milwaukee Brewers. He began his career as a minor league athletic trainer with the Cincinnati Reds (2012-2013) working at their Dominican Republic Academy. In 2014-2015 he served as the Arizona Diamondbacks' Low A Athletic Trainer (South Bend SilverHawks '14, Kane County Cougars '15) and spent the 2016 season as the AAA Athletic Trainer for the St. Louis Cardinals organization (Memphis Redbirds). Rafael worked with the Toros Azucareros del Este in Dominican Winter Ball in 2013 as well as serving as the Head Athletic Trainer for Team Brazil during the World Baseball Classic Tournaments in 2012-13 and 2016. In 2015 he was voted by his peers as the Midwest League Athletic Trainer of the Year. He earned a bachelor's degree in athletic training from Florida State University in 2010, master's degree in sports and fitness from Florida International University in 2012 and a masters in high performance sports in 2025 from Australian Catholic University. Freitas is an NATA Certified Athletic Trainer and is also certified by the NSCA as a Strength and Conditioning Specialist. Rafael resides in Milwaukee, Wisconsin, with his wife Genevieve and two sons Hayden and Enzo.

Taylor WITCZAK

Assistant Athletic Trainer / Physical Therapist



Purdue University (B.A.)
 Grand Valley State University (B.S.)
 Grand Valley State University (D.P.T.)
 Years in MLB: 4

Taylor Witczak joined the Astros Major League staff as an assistant athletic trainer/physical therapist in 2023. Taylor previously served as the Minor League Rehabilitation Coordinator for the Miami Marlins from 2021-2022 as well as the Minor League Medical Coordinator for the 2022 season. Prior to beginning his career in baseball, he completed a seasonal athletic training/physical therapy internship with the San Francisco 49ers during the 2020 season. He received his Bachelor's in Athletic Training degree and Doctorate of Physical Therapy degree from Grand Valley State University (MI) where he completed internships with EXOS, the Arizona Diamondbacks, and Northwestern University football. Additionally, he is currently a Board Certified Sports Clinical Specialist through the American Board of Physical Therapy Specialties and a Certified Strength and Conditioning Specialist (CSCS) through The National Strength and Conditioning Association. Taylor is from Hudsonville, Michigan and currently resides in Houston, Texas with his wife, Jessi, and their dogs, Izzy and Marlin.

Minute Maid Park

501 Crawford St. | Houston, TX 77002 | 713.259.8000

Organizational Athletic Trainers & Performance Staff**Major League Physical Therapist**

Christian Huckfeldt.....215.983.7274

Minor League Medical Coordinator

Brandon Zumbach.....561.281.6303

Minor League Rehab Coordinator

Victor Kuri956.832.4440

Assistant Minor League Medical Coordinator

Max Mahaffey713.907.1798

Strength and Conditioning Coordinator

Zach Reding.....972.741.3877

Minor League Physical Therapist

Emilee Jamann.....269.223.0071

Sugar Land Space Cowboys (AAA)

Takeaki Ando.....808.724.5546

Chorpus Christi Hooks (AA)

Jennifer Bardales713.384.0275

Ashville Tourists (A+)

Eric Pimentel.....713.553.1588

Fayetteville Woodpeckers (A)

Daniel Gonzalez407.451.8744

GCL Astros (Rookie)

Sandy Garibay-Flores509.440.0319

Mikaela Quinn281.221.3647

Dominican Summer League

Kailey Nipper.....863.206.8575

Jose Puntiel.....829.355.3715

Athletic Trainers' History**HEAD ATHLETIC TRAINER**

Eric Velazquez2026 - Present

Jeremiah Randall.....2016 - 2025

Nathan Lucero2009 - 2015

David Labossiere.....1983 - 2008

Don Kiger.....1978 - 1982

Jim Ewell1962 - 1977

ASSISTANT ATHLETIC TRAINER

Rafael Freitas2026 - Present

Taylor Witczak2023 - Present

John Gregorich2024 - 2025

Eric Velazquez.....2022 - 2025

Jeff Lewis2021- 2022

Lee Meyer2019 - 2022

Sam Bell2019 - 2020

Scott Barringer.....2017 - 2018

Daniel Roberts.....2016 - 2017

James Ready.....2015 - 2016

Rex Jones1994 - 2015



Nick KENNEY

Director of Medical Administration

Wilmington College (B.S.)
Years in MLB: 24



Nick Kenney, 53, is entering his 17th season with the Kansas City Royals and 12 were as the head athletic trainer. He had spent the previous five years as the assistant athletic trainer with the Cleveland Indians after two years with the Cincinnati Reds. Kenney was the American League host for the 2012 MLB All-Star game. Prior to working in baseball, Kenney spent seven years as an athletic trainer with the Cincinnati Cyclones of the International Hockey League. The Wilmington, Ohio, native and Wilmington College graduate also worked from 2000 to 2002 as the program manager of sports medicine for TriHealth in Cincinnati. When not working, Kenney enjoys lifting weights and fishing. He lives in Overland Park, KS with wife, Patty, and their children, Paige, Colin, Nathan, and Madison.

Kyle TURNER

Head Athletic Trainer

Southern Utah University (B.S.)
Years in MLB: 27



Kyle is entering his 17th season with the Kansas City Royals and 5th as the Head Athletic Trainer. From 2007 to 2009, he served as the Royals' minor league medical coordinator after spending 7 seasons with the Texas Rangers in different capacities in the minor leagues: Turner played 4 years of Division 1 baseball while at SUU and took his 1st Athletic Training position as the Head Athletic Trainer at Northern Oklahoma College. After spending 2.5 years at NOC he committed to his Professional Baseball career. Kyle enjoys playing golf, hunting, fishing, home improvement projects but most importantly, spending time with his wife Wendy and two beautiful daughters, Brooke and Malia.

Jeffrey BLUM

Major League Physical Therapist/Rehab Director

Illinois College (B.S.)
Regis University (DPT)
Elon University (MPT)
Years in MLB: 19



Jeff Blum is entering his 19th season as the Kansas City Royals Major League Physical Therapist and Rehab Director. He had spent the previous six years with the Atlanta Braves serving as the Minor League Rehab Coordinator from 2006 - 2007. Prior to working in baseball, Blum was a Student Athletic Trainer, CNA/PRA, and played baseball while at Illinois College. When not working, Jeff enjoys outdoor activities and his family. He lives in Blue Springs, MO with his wife Heather, and their children, Maranatha, Austin, and Samuel.

Chris DELUCIA

Assistant Athletic Trainer

St. Leo University (B.S.)
Years in MLB: 34



Chris is entering his 8th season on the Royals Major League Staff and his 4th season as Assistant Athletic Trainer. He spent the 3 seasons as the Major League Tissue Therapist and 17 seasons overall with the Royals organization previously spending time as their Minor League Medical Coordinator/Draft Medical Coordinator and AA affiliate Athletic Trainer. Chris is entering his 34th year in professional baseball having previously worked in the Texas Rangers (2001 - 2006) and New York Yankees (1992 - 1998) organizations. Prior to working in professional baseball, DeLucia was a collegiate soccer player while completing his degree. When not working, Chris enjoys, mountain biking, hiking, playing golf and spending time with his family. He resides in Goodyear, Arizona in the off season.

Kauffman Stadium

1 Royal Way | Kansas City, MO 64141 | 816.921.8000

Dave IANNICCA

Manual Therapist / Assistant Athletic Trainer



Old Dominion University (MSEd)
Bowling Green State University (B.S.)
Years in MLB: 21

Dave Iannicca is entering his 5th season as the Royals' manual therapist / assistant athletic trainer. He spent three seasons as the Royals minor league medical coordinator, after spending the previous eight seasons as the certified athletic trainer at Omaha (AAA). He joined the Royals in 2007 as the athletic trainer at Burlington (A), then worked from 2008-10 at Wilmington (A+). He spent the 2006 season with the Atlanta Braves in Orlando. Iannicca was an intern in the New York Yankees' organization from 2003-2004, working with the Columbus Clippers (AAA) and at the Yankees Player Development Complex in Tampa. Dave enjoys mountain biking, hiking, camping, and spending time with his family. He resides in Buckeye, Ariz., with his wife, Jacqueline, and son, Ryan.

Organizational Athletic Trainers & Performance Staff**Medical Coordinator**

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Latin American Medical Coordinator

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Major League Strength & Conditioning Coordinator

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Major League Assistant & Latin American Coordinator

Joey Greanyjoseph.greany@royals.com314.566.3339

Minor League Strength & Conditioning Coordinator

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Athletic Trainers' History**HEAD ATHLETIC TRAINER**

Kyle Turner2022 - Present

Nick Kenney2010 - 2021

Nick Swartz1991 - 2009

Mickey Cobb1978 - 1990

Jim Dudley1973 - 1977

Bill Jones1969 - 1972

ASSISTANT ATHLETIC TRAINER

Dave Iannicca2022 - Present

Chris DeLucia2019 - Present

Kyle Turner2010 - 2021

Jeff Stevenson2008 - 2009

Frank Kyte2003 - 2009

Lee Kuntz1999 - 2002

Steve Morrow1991 - 1998

Nick Swartz1989 - 1990

Paul McGannon1984 - 1988



Los Angeles Angels

Mike FROSTAD

Director of Sports Medicine & Head Athletic Trainer

University of Calgary (B.P.E.)
University of St. Augustine (M.H.S.)
Years in MLB: 15



Mike Frostad, 52, enters his 5th season with the Los Angeles Angels as the Director of Sports Medicine and Head Athletic Trainer after spending four seasons as the assistant athletic trainer with the Atlanta Braves. This is Mike's 15th Major League season, and 31st season overall in professional baseball. He spent 22 seasons with the Toronto Blue Jays, 6 of them as the Major League assistant athletic trainer. A Calgary native, Mike earned his undergraduate degree from the University of Calgary and a Master of Health Science from the University of St. Augustine. He is certified by the NATA in the U.S. and the CATA in Canada. He started his baseball career in 1996 with the St. Catharines Stompers (Short A) and made stops along the way in Medicine Hat Alberta, Hagerstown Maryland, and Dunedin Florida. Mike was named to the position of Minor League Medical Coordinator in 2005, a position he held until the 2010 season when he was appointed to Toronto as the Assistant Athletic Trainer. In 2004 and 2005 he won the Athletic Trainer of the Year Award for the Florida State League. In 2005 he was also the recipient of the Minor League Athletic Trainer of the Year Award. Mike was one of the American League athletic trainer representatives at the 2023 All Star game in Seattle and was a member of the 2021 MLB Athletic Training Staff of the Year in Atlanta that also won the World Series. During the off season, Mike resides in Redcliff, Alberta with his wife, Candice.

Rick SMITH

Athletic Training Services Coordinator

University of Texas-El Paso (B.S.)
Years in MLB: 48



Rick "Ranger Rick" Smith, 72 is beginning his 51st year in professional baseball, all with the Angels organization. Rick gives a great deal of himself to the Angels, but he doesn't stop there as he regularly donates his time and auction items to the Child Abuse Prevention Center in Orange, Ca. Before his promotion to the Angels' parent club in 1978, where he served as the Angels' head athletic trainer from 1979 to 1990, Smith was the head athletic trainer for the Class AA El Paso Diablos. An El Paso, Texas native, Smith was a student athletic trainer for the University of Texas-El Paso Miners' athletic teams from 1971 until his graduation in 1975 and was inducted into the El Paso Texas Baseball Hall of Fame, in 2007. He served as American League athletic trainer for MLB All-Star Games in 1984, 1989 and 1997. Smith resides in Santa Ana Ca, with his wife Janell.

Eric MUNSON

Assistant Athletic Trainer

North Dakota State University (B.S.)
Years in MLB: 10



Eric Munson, 46, joins the Los Angeles Major League Athletic Training Staff for his 10th season as the Angels Assistant Athletic Trainer after working in the team's minor league system for 7 seasons and the Minor League Rehab Coordinator for 5. Munson served as the head athletic trainer in AA Arkansas (2008-2010), Rancho Cucamonga (2007), Cedar Rapids (2005, 2006, 2011) and has served as the Minor League Rehab Coordinator based in Tempe (2012-2016). A native of North Dakota, Munson, received his undergraduate degree from North Dakota State University. Eric, his wife Leslie, and daughter Nora reside in Avondale, AZ.

Robert TARPEY

Assistant Athletic Trainer

University of Maine at Presque Isle (BS)
California University of Pennsylvania (MS)
Years in MLB: 1



Robert "Bob" Tarpey enters his first season at the Major League level after 20 years working in Minor League Baseball. Most recently, he spent the past two seasons as Director of Minor League Medical for the Los Angeles Angels. Prior to his time with the Angels, Tarpey dedicated 15 years to the Toronto Blue Jays organization, progressing from Rookie-level Pulaski (VA) to Triple-A with the Buffalo Bisons. He joined the New York Mets in 2021, where he worked one season at the Triple-A level in Syracuse before serving two years as the medical coordinator. A native of York, Maine, Tarpey earned his bachelor's degree in Athletic Training from the University of Maine at Presque Isle in 2003 and completed his master's degree in Athletic Training at California University of Pennsylvania in 2005. He began his professional career as an Athletic Training intern with the Carolina Mudcats (Double-A, Colorado Rockies) during the 2002 season, followed by a Major League Spring Training internship with the Toronto Blue Jays in 2003. That opportunity ultimately led to his first full-time position with the organization in 2006. Tarpey has received numerous professional honors, including Midwest League Athletic Trainer of the Year in 2008 while with the Lansing Lugnuts and Eastern League Athletic Trainer of the Year in 2014 with the New Hampshire Fisher Cats. Later that year, he was named Minor League Athletic Trainer of the Year by the Professional Baseball Athletic Trainers Society (PBATS). In 2015, he was selected as the World Team Athletic Trainer for the MLB Futures Game in Cincinnati, Ohio. During the offseason, Tarpey resides in Winthrop, Massachusetts with his wife, Erin, and their 9 year old twins, Brady and Hannah.

Angels Stadium

2000 Gene Autry Way | Anaheim, CA 92803 | 714.940.2000

Kenji ITO

Soft Tissue Specialist

University of Central Florida (B.S.)
 Florida State University (M.S.)
 Years in MLB: 7



Kenji Ito returns for his second season as the soft tissue specialist after spending three seasons with Houston and Toronto as Performance Coach and two seasons with Seattle as Physical Trainer. Prior to his career in Major League Baseball, he spent 13 years with Hanshin Tigers of the Nippon Professional Baseball. Ito is certified in both acupuncture treatment and massage therapy from Japan. He and his wife have a daughter.

Organizational Athletic Trainers & Performance Staff**Coordinator, Minor League Medical**

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Coordinator of Minor League Medical Administration

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Rehab Coordinatoor

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Minor League Physical Therapist

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Dan Turnerdaniel.turner@angels.com619.535.5482

Rocket City Trash Pandas (AA)

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Tri-City Dust Devils (A)

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Rancho Cucamonga Quakes (A)

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Arizona League Angels (Rookie)

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Athletic Trainers' History**HEAD ATHLETIC TRAINER**

Mike Frostad2022 - Present

Adam Nevala2011 - 2021

Ned Bergert1991 - 2010

Rick Smith1979 - 1990

Freddie Frederico1962 - 1978

ASSISTANT ATHLETIC TRAINER

Robert Tarpey2026 - Present

Kenji Ito2024 - Present

Eric Munson2016 - Present

Matt Biancuzzo2022 - 2025

Geoff Hostetter2021 - 2021

Brian Reinker.....2021 - 2021

Rick Smith1991 - 2019

Adam Nevala.....2005 - 2010

Ned Bergert1979 - 1990

Rick Smith.....1978

Bruce Swart.....1976 - 1977

Doug Atkinson1974 - 1975

Curt Rager1968



Nick PAPARESTA

Head Athletic Trainer

Baldwin-Wallace College (B.S.)

Years in MLB: 19



Nick is entering his fourth season as the Head Athletic Trainer with the Minnesota Twins, after spending 12 years with the Oakland Athletics in the same role. Prior to Oakland, he had the prestigious honor of working for three seasons as an assistant athletic trainer for the Tampa Bay Rays. He spent his first two seasons with the Rays as Minor League Athletic Trainer and Rehabilitation Coordinator, where he was responsible for overseeing all minor league athletic trainers and rehabilitation with minor league players, as well as assisting with the major league club. A native of North Fort Myers, Fla., Paparesta started his career working in the Cleveland Indians organization for 11 seasons, including three with Triple-A Buffalo. He is a graduate of Baldwin-Wallace College in Berea, Ohio, and is certified by the National Athletic Trainers' Association (NATA). In 2009, Paparesta shared honors with Ron Porterfield and Paul Harker of the Tampa Bay Rays as "Major League Athletic Training Staff of the Year." Paparesta had the honor of being the Head Athletic Trainer for the American League team during the 2017 All-Star Game in Miami, FL. In 2019, Paparesta shared honors with Jeff Collins and Brian Schulman of the Oakland A's as "Major League Athletic Training Staff of the Year." Nick and his wife, Kristel, reside in Queen Creek, AZ with Champ, their Golden Retriever and Scout, their Golden Doodle.

Masamichi ABE

Assistant Athletic Trainer

University of Northern Colorado (B.S.)

University of Arkansas (M.S.)

Years in MLB: 9



Masamichi Abe is entering his 9th season in the major leagues as an Assistant Athletic Trainer for the Minnesota Twins. Abe spent seven seasons as a minor league athletic trainer for the Arizona Diamondbacks organization, spending 2016-17 with Triple-A Reno, 2014-15 with Double-A Mobile, 2013 with High-A Visalia, 2012 with Rookie-Missoula, and 2011 with the AZL Diamondbacks. He also trained for the Japanese Team during the World Baseball Classic in 2017 and in the Arizona Fall League in 2013 and '14. He was named 2017 Pacific Coast League Athletic Trainer of the Year and 2012 Pioneer League Athletic Trainer of Year. He graduated with a degree in exercise science from the University of Arkansas, including a master's degree in biomechanics, there he also served as graduate assistant athletic trainer for U of A baseball team 2008-2010. He was an athletic trainer/strength conditioning intern in 2007. He earned a B.S. in Kinesiology – Athletic Training from the University of Northern Colorado. Abe is originally from Nagoya, Japan and recently resides in Hiroshima, Japan with his wife Naomi & son Kaito & Sota.

Jason KIRKMAN

Assistant Athletic Trainer

Nova Southeastern (MHSC)

Boise State University (B.S.)

Years in MLB: 5



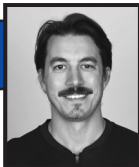
Jason Kirkman is entering his 5th season as an Assistant Athletic Trainer for the Minnesota Twins. Prior to being hired by the Twins in 2020, Kirkman was with the Andrews Institute for Orthopedics and Sports Medicine and Nemours Children's Health System in 2019. He also brings 20 years of baseball experience as an athletic trainer. Kirkman began his professional baseball career with the Philadelphia Phillies organization at Low-A Batavia (2003), moved to Single-A Lakewood (2004-05), Double-A Reading (2007), Triple-A Lehigh Valley (2008-11), and High-A Clearwater (2006, 2012-13). From there he was with the Atlanta Braves as the Athletic Trainer at the Rookie-level Gulf Coast Braves (2014). Kirkman also served as an athletic trainer with the Los Angeles Dodgers organization and was with High-A Rancho Cucamonga (2015-16) where he was the California League Athletic Trainer of the Year in 2016. He also spent time in Double-A Tulsa (2017) and at Triple-A Oklahoma City (2018). Kirkman also served as the athletic trainer for team Great Britain at the Baseball European Championships in 2019. In addition to his time in baseball, Kirkman has professional hockey experience in the West Coast Hockey League with the Tacoma Sabercats (2000-2002) as the head athletic trainer. He earned his Bachelor of Science with an athletic training option from Boise State University in 2000 and Master of Health Science with an athletic training option from Nova Southeastern University in 2007. Kirkman is an Idaho native and currently resides in Orlando, FL.

Christian HINTZ

Major League Physical Therapist

University of Wisconsin – La Crosse (B.S.), (DPT)

Years in MLB: 3



Christian Hintz is entering his third season as Major League Physical Therapist for the Minnesota Twins and eighth in the organization. He spent 2019-2023 in a minor league physical therapist role, working with players at all levels of the Twins system out of the Fort Myers complex. Christian completed his post-graduate training with the Fairview Sports Residency program in the Twin Cities, working with athletic programs at Augsburg University, Hamline University, and Lakeville North High School. He graduated from the University of Wisconsin-La Crosse, earning his Bachelor of Science degree in Exercise Science and a Doctor of Physical Therapy degree. Christian and his wife, Brooke, reside in Andover, MN with their two children.

Organizational Athletic Trainers & Performance Staff

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Aaron Rhodesaaronrhodes@wins.com618.540.2771

Athletic Trainers' History

HEAD ATHLETIC TRAINER

Nick Paparesta2023 - Present

Michael Salazar2020 - 2022

Tony Leo2018 - 2019

Dave Pruemer2013 - 2018

Rick McWane2005 - 2012

Jim Kahmann.....2002 - 2004

Dick Martin.....1973 - 2001

George Lentz.....1947 - 1972

Mike Martin1912 - 1946

ASSISTANT ATHLETIC TRAINER

Jason Kirkman2022 - Present

Masamichi Abe2018 - Present

Matt Biancuzzo2018 - 2021

Tony Leo2011 - 2017

Lanning Tucker2013 - 2017

Dave Pruemer2005 - 2012

Rick McWane2002 - 2004

Jim Kahmann.....1996 - 2001

Doug Nelson1990 - 1995

Dick Martin1972



Mike SCHUK

Director of Sports Medicine & Rehabilitation

Nova Southeastern University (DPT)
University of Central Florida (B.S.)
Years in MLB: 12



Schuk, 43, in his seventh season as Director of Sports Medicine and Rehabilitation and his 13th season with the organization. He spent his first six seasons as the team's Physical Therapist and Assistant Athletic Trainer from 2014-19. Before joining the Yankees, Schuk worked on the THOR3 initiative from 2012-14, a program designated to aid the physical and mental abilities of Army Special Forces. Prior to his work with the Army, he served as an athletic trainer in the Cleveland Indians' minor league system in 2006 and again in 2010. He graduated from the University of Central Florida in 2005 and earned a Doctor of Physical Therapy degree at Nova Southeastern University in Fort Lauderdale, Fla., in 2010.

Tim LENTYCH

Head Athletic Trainer

Ball State University (B.S.)
University of Tennessee (M.S.)
Years in MLB: 10



Lentych, 47, in his seventh season serving as the Yankees' Head Athletic Trainer and his 23rd season with the organization. He spent four seasons (2016-19) as an Assistant Athletic Trainer for the Yankees after serving as the club's Minor League Head Athletic Trainer for Player Development from 2012-2015. He began his Yankees career in 2004 as the athletic trainer for short-season Single-A Staten Island before holding the same role for Single-A Charleston from 2005-07. From 2008-11, he was the athletic trainer for Double-A Trenton, earning Eastern League "Athletic Trainer of the Year" honors in 2009. Lentych earned his Bachelor's degree in applied sciences and technology with a concentration in athletic training from Ball State University in 2002 and was inducted into the Cardinal Sports Medicine Society Ring of Honor in 2024...worked as an Athletic Training Student intern with the Baltimore in 2001... Orioles that year. He Earned his a Master's degree from the University of Tennessee in 2004...resides in Tampa, FL with his wife.

Alfonso MALAGUTI

Assistant Athletic Trainer

University of South Florida (B.S.)
Years in MLB: 6



Malaguti, 39, in his seventh season as the Yankees' Assistant Athletic Trainer and his 15th in the Yankees' organization. He served as the Yankees International Player Development Athletic Trainer from 2018-2019. He joined the Yankees as an Athletic Training intern with Single-A Tampa in 2010 and served in the same role with Player Development in 2011. Was the GCL Yankees Athletic Trainer before becoming the Latin America Medical Coordinator from 2012-2015. Served as an Athletic Trainer with the US Men's National Softball Team from 2017-2019, which included the 2019 Lima Pan American games. In 2016, founded Centro de Medicina Deportiva Malaguti, a sports medicine clinic and rehab center in Juan Dolio, D.R. Awarded the GCL Athletic Trainer of the year award in 2014. Earned a bachelor's degree in athletic training from the University of South Florida in 2011. Is a native of Maracay, Venezuela.

Steve DONOHUE

Director of Medical Services

University of Louisville (B.S.)
Years in MLB: 41



Donohue, 69, will begin his 48th consecutive season in the Yankees organization and seventh as the team's Director of Medical Services in 2024. He served as the team's Head Athletic Trainer for 8 seasons (2012-19) after spending 26 years (1986-2011) as the Yankees' Asst. Athletic Trainer under Gene Monahan, during which time he shared MLB's "Athletic Training Staff of the Year" honors in 1990 and 2010. In 2023, he was awarded the "PBATS 2023 President's Distinguished Service Award" for his outstanding service in Professional Baseball. In January 2020, he was inducted into the New York State Athletic Trainers Association Hall of Fame and in January 2018, he was named the winner of the "Most Distinguished Athletic Trainer Award" by the National Athletic Trainers Association. He began his athletic training career in 1979 at the Yankees' Double-A West Haven affiliate before being promoted to Double-A Nashville (1980-81) and Triple-A Columbus (1982-85). Donohue is a 1974 graduate of Cardinal Spellman High School in the Bronx and a 1979 graduate of the University of Louisville. He is a member of the NATA and on the organization's Connections and Engagements Committee and Chairman of PBATS Hall of Fame Committee is also a member of the Eastern Athletic Trainers Association. Donohue and his wife, Paula, have two daughters, Shannon and Margaret.

Yankee Stadium

One East 161st Street | Bronx, NY 10451 | 718.293.4300

Jimmy DOWNAM

Assistant Athletic Trainer

Liberty University (B.S.)
Liberty University (M.S.)
Years in MLB: 1



Downam, 39, is begins his 2nd season as an Assistant Athletic Trainer at the Major League level and entering his 14th season with the New York Yankees organization. He began his tenure with the Yankees in 2013 as the Athletic Trainer for the Short Season Single-A Staten Island Yankees. Over the years, he progressed through various levels within the organization, including the Low-A Charleston RiverDogs (2014-2016), the Double-A Trenton Thunder/Somerset Patriots (2017-2021), and the Triple-A Scranton/Wilkes-Barre RailRiders (2022-2024). A graduate of Liberty University, earning a Bachelor's Degree in Athletic Training in 2009, followed by a Master's Degree in Sports Administration in 2012. His professional experience also includes a stint as a Rehabilitation Intern with the Philadelphia Phillies in Clearwater, FL, in 2012. Downam, with his wife Nicole, have two daughters, Kinsley and Eliana.

Organizational Athletic Trainers & Performance Staff

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Athletic Trainers' History

HEAD ATHLETIC TRAINER

Tim Lentych2020 - Present
Steve Donohue2012 - 2019
Gene Monahan1973 - 2011
Joe Soares1962 - 1972
Gus Mauch1944, 1948 - 1961
Ed Froelich1943, 1945 - 1947
Earl Painter1930 - 1942
Albert "Doc" Woods1918 - 1929

ASSISTANT ATHLETIC TRAINER

Jimmy Downam2025 - Present
Alfonso Malaguti2020 - Present
Tim Lentych2016 - 2019
Mike Schuk2014 - 2019
Mark Littlefield2012 - 2015
Steve Donohue1986 - 2011
Mark Letendre1982 - 1985
Barry Weinberg1979 - 1981
Herm Schneider1976 - 1978
Don Seger1962 - 1968
Gus Mauch1946



Brian SCHULMAN

Sr. Director of Sports Medicine & Performance



University of California, Santa Barbara (B.A.)
California State University, Fresno (M.A.)
Years in MLB: 16

Brian Schulman, 46, enters his 16th year in the Oakland Athletic organization, and his 4th season serving as the Director of Sports Medicine and Performance. Schulman served as an assistant athletic trainer with the Athletics for the past 12 seasons. Currently, Schulman serves as the co-chairman of the PBATS Electronic Medical Records committee. In 2019, Schulman shared honors with Nick Paparesta and Jeff Collins as the Major League Athletic Training Staff of the year. He is also one of the recipients of the 2012 PBATs President's Distinguished Service award for his work on the Electronic Medical Records. Previously he was an assistant athletic trainer at the University of California, Berkeley from 2004-08 before being promoted to rehabilitation coordinator from 2008-10. He also served previous internships with the San Francisco 49ers in 2003-04 and the Los Angeles Dodgers in 2000, as well as a graduate assistant trainer position at Fresno State in 2001-03. He is a certified strength and conditioning coach (CSCS), holds a Bachelor's degree in political science from UC Santa Barbara (2001) and a Masters in Kinesiology from Fresno State (2003). In his spare time he enjoys endurance sports, ice hockey, cooking, and spending time with his family. He resides in San Ramon, California with his wife, Megan, and their two sons, Luke and Gavin.

Jeff COLLINS

Head Athletic Trainer



Southern Illinois University (B.S.)
University of Nevada (M.S.)
Years in MLB: 10

Jeff Collins, 52, is in his 29th season within the A's organization and his tenth on the Major League staff. This will be the fourth season for Collins serving as the team's Head Athletic Trainer after spending six seasons as an assistant. Prior to his current role, Collins had spent 19 seasons in the A's organization, with 16 of those years as the Minor League Medical Coordinator. Collins also served as the Athletic Trainer for Short-Season Vancouver in 2004 and served in the same capacity for Single-A Visalia (2000) and Short-Season Southern Oregon (1998-99). Collins was honored by his peers as the PBATS Medical Coordinator of the Year in 2014 and again in 2016. In 2019, Collins was honored as a member of the PBATS Major League Athletic Training Staff of the Year. Collins holds a Bachelor of Science degree in Athletic Training from Southern Illinois University and received his Master of Science degree in Health, Wellness and Exercise Science at the University of Nevada. He is a certified member of the National Athletic Trainers' Association (NATA) and is a Licensed Athletic Trainer in the state of Arizona. Collins makes his off-season home in Illinois with his wife Renea.

Nate BROOKS

Assistant Athletic Trainer



Murray State University (B.S.)
Auburn University (MSEd)
Years in MLB: 2

Nate Brooks, 45, is entering his 22nd season in the A's organization and second season at the Major League level as an Assistant Athletic Trainer. Prior to this season he spent eight seasons as the A's Minor League Medical Coordinator after spending the previous four seasons as the organization's Minor League Rehab Coordinator. Brooks also previously served as the athletic trainer for Single-A Stockton (2010-12), Single-A Kane County (2008-09), Short-Season Vancouver (2006-07) and the Rookie-Level Arizona A's (2005). Brooks was honored by his peers as the PBATS Medical Coordinator of the Year and Minor League Athletic Trainer of the Year in 2023. Brooks earned his undergraduate degree in exercise science from Murray State in 2002, and his master's degree in biomechanics from Auburn in 2005. He is a certified member of the National Athletic Trainers' Association and is a Licensed Athletic Trainer in the state of Arizona. Brooks resides in Phoenix, Ariz., with his wife, Sarah, and son, Cad.

Sutter Health Park

400 Ballpark Drive | West Sacramento, CA 95691 | 916.376.4722

Elliot DIEHL

Assistant Athletic Trainer

San Diego State University (B.S.)

Years in MLB: 4



Elliot Diehl returns to the Athletics for his fourth season as a Major League Assistant Athletic Trainer. Prior to joining the Athletics, he spent the 2022 season as the Triple A Athletic Trainer for The Phillies in Lehigh Valley. From 2019-2021 he served as the Astros Minor League Assistant Medical Coordinator where he was tasked with overseeing the medical operations at the Astros Dominican Complex and assisted with all long term rehab cases in West Palm Beach, FL. Also with the Astros, he made stops as a Minor League Athletic Trainer in Greeneville, TN (2015-2016) and Quad Cities, IA (2017-2018). After graduating from San Diego State University, he began his career in professional baseball as the Rehabilitation and Minor League Athletic Training Intern for the Philadelphia Phillies in Clearwater, FL for the 2014 season. Born and raised in San Jose, CA, Elliot currently resides in San Diego, CA.

Organizational Athletic Training Staff**Medical Coordinator**

Nick Voelkernvoelker@athletics.com317.755.9269

Minor League Athletic Training Coordinator

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Minor League Rehab Coordinator

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Minor League Physical Therapist

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Las Vegas Aviators (AAA)

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Eric Fasthefasth@athletics.com208.943.1864

Midland Rockhounds (AA)

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Arizona League Athletics

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Director of Strength & Conditioning

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Head Major League Strength & Conditioning Coach

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Major League Assistant Sports Performance Coordinator

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Athletic Trainers' History**HEAD ATHLETIC TRAINER**

Jeff Collins2023 - Present

Nick Paparesta2011 - 2022

Stephen Sayles2008 - 2010

Larry Davis1998 - 2007

Barry Weinberg1982 - 1997

Joe Romo1969 - 1981

ASSISTANT ATHLETIC TRAINER

Nate Brooks2024 - Present

Elliot Diehl2023 - Present

Brad LaRosa2023 - 2024

Jeff Collins2016 - 2022

Brian Schulman2011 - 2022

Walt Horn2008 - 2016

Stephen Sayles1998 - 2007

Larry Davis1984 - 1997



Kyle TORGERSON

Head Athletic Trainer



University of Washington (B.S.)
Weber State University (M.S.)
Years in MLB: 7

Kyle, 39, enters his seventh season as the Head Athletic Trainer for the Mariners after spending 7 years with the Arizona Diamondbacks, most recently as an Assistant Athletic Trainer. During his time with Arizona, he was also their Minor League Medical Coordinator (2016-18) and Manual Performance coordinator (2013-15). He spent 2012 as a trainer for the Royals' Rookie-Advanced Idaho Falls. He graduated in 2012 from Weber State University with a master's degree in athletic training and 2009 from the University of Washington with a bachelor's degree in physiology. He is a certified member of the NATA and the National Strength & Conditioning Association (NSCA). He currently resides in Snoqualmie, WA with his wife (Ashley), his son (Jack) and his dog (Crosby). They enjoy staying active outdoors, spending time with family, and traveling during the off-season.

Kevin ORLOSKI

Assistant Athletic Trainer



Ithaca College (B.S.)
University of St. Augustine (DPT)
Years in MLB: 5

Kevin, 37, enters his fifth year in MLB as Assistant Athletic Trainer with the Mariners. He previously spent 10 years with the LA Dodgers, most recently as the Minor League Medical Coordinator from 2018-20. Prior to that, he spent time as Assistant Medical Coordinator (2016-18), Rehab Athletic Trainer (2013-15), and Athletic Trainer for the Rookie League AZL Dodgers in 2012. Prior to working in professional baseball, he completed one year as a seasonal assistant with the NFL's NY Jets after graduating from Ithaca College in 2010 with a bachelor's degree in Athletic Training. He received his Doctorate in Physical Therapy from the University of St Augustine at the end of 2020 and is currently a certified member of the NATA and NSCA. Kevin currently resides in Buckeye, AZ and enjoys outdoor activities, traveling, and spending time with his wife and dog.

Taylor BENNETT

Assistant Athletic Trainer



Northern Arizona University (B.S.)
New Mexico State University (M.A.)
Years in MLB: 5

Taylor, 35, enters his fifth year in MLB as Assistant Athletic Trainer with the Mariners after spending 4 years in the minor leagues. A Page, Arizona native, Bennett began his baseball career as a certified athletic trainer with the Everett Aquasox. Bennett worked at New Mexico State University as the Baseball athletic trainer in 2014 and 2015. In 2016 he worked at the University of The Incarnate Word as an assistant football athletic trainer. Since joining the Mariners in 2017, Taylor has spent four minor league seasons between Everett (2017), Clinton (2018), Modesto (2019), and the alternate training site (2020). Taylor is a certified member of the NATA. Currently, Taylor resides in Phoenix, AZ with his wife Mollie and newborn Emory; they enjoy hiking, hunting, fishing, and golfing.

7-Mobile Park

1250 First Avenue South | Seattle, WA 98134 | 206.346.4000

Rob SCHEIDEGGER

Vice President, Health & Performance

Central Washington University (B.S.)

Years in MLB: 5



Rob, 46, enters his third season as the Vice President for Health & Performance for the Mariners after joining the team in 2021 as Manager of Athletic Training. In his current role he supervises the Athletic Training, Rehab & Return to Play, Strength & Conditioning, Sports Science and Nutrition Departments. He spent the previous 18 years with the University of Washington Athletic Department, most recently as the Head Athletic Trainer and Associate Athletic Director for Health & Wellness. During his time with UW, he was also their Head Football Athletic Trainer (2005-19) and Assistant Athletic Trainer for baseball and football (2003-05). He graduated in 2002 from Central Washington University with a bachelor's degree in Exercise Science. He is a certified member of the NATA.

Organizational Athletic Trainers & Performance Staff**Minor League Athletic Training Coordinator**

Damon Reel765.480.5622

Tacoma Rainers (AAA)

Aric Quinney715.853.8795

Amanda Lee (Assistant AT Coordinator)918.520.9114

Arkansas Travelers (AA)

Dan Laberry815.546.4033

Brooke Boggs262.370.9950

Everett Aquasox (A)

Blake Wooten623.258.7634

Inland Empire 66ers (A)

Bryanna Brown775.830.1294

Arizona Complex League Mariners (Rookie)

Randy Roetter206.419.2402

Cameron Werme803.415.0421

Dominican Summer League Mariners (Rookie)

Humberto Figueroa562.274.3451

Athletic Trainers' History**HEAD ATHLETIC TRAINER**

Kyle Torgerson2020 - Present

Rick Griffin1983 - 2018

Gary Nicholson1977 - 1982

ASSISTANT ATHLETIC TRAINER

Taylor Bennett2021 - Present

Kevin Orloski2021 - Present

Rob Nodine2006 - 2020

Matthew Toth2012 - 2020

Takayoshi Morimoto2012

Tom Newberg1990 - 2006



Joe BERGE

Head Athletic Trainer

Loyola (MD) University (B.S.)
Fresno Pacific University (M.A.)
Florida International University (DAT)
Years in MLB: 9



Joseph Benge, 48, is entering his ninth season as head Major League Athletic Trainer with the Tampa Bay Rays. Prior to his promotion to head athletic trainer, he spent seven seasons in the Rays organization, including six (2012-17) as minor league medical coordinator, overseeing all minor league athletic trainers and rehabilitation with minor league players while assisting the major league club. He was named 2015 Minor League Athletic Trainer of the Year by the Professional Baseball Athletic Trainers Society (PBATS) and served as the athletic trainer for the World Team at the Futures Game in San Diego in 2016. Joe joined the Rays organization in 2011 as the athletic trainer for Triple-A Durham, following 10 seasons (2001-2010) as an athletic trainer in the Baltimore Orioles system. In total, Joe has served as an athletic trainer for teams in Bluefield, WV; Abingdon, MD; Salisbury, MD; and Bowie, MD, reaching Double-A Bowie in his final seasons with Baltimore. Joe has also spent time in winter ball assignment in La Romana, Dominican Republic (2001-2002, 2002-2003) as well as Honolulu, HI (Honolulu Sharks) in 2007. Prior to that he graduated from Loyola (MD) University with a B.S. in biology in 1999, received his master's degree in kinesiology from Fresno Pacific University in 2010, and Doctorate in Athletic Training from Florida International University in August of 2025. He resides in Sarasota, FL and has a daughter Isla, age 15.

Mike SANDOVAL

Assistant Athletic Trainer

New Mexico State University (B.S.)
Years in MLB: 20

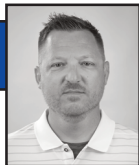


Mike Sandoval, 60, was promoted to first assistant athletic trainer in November 2021 after four years as assistant athletic trainer. Entering his 14th season in the Rays organization, he spent six years (2012-17) as an athletic trainer with Triple-A Durham. He was named an athletic trainer for the AL Team for the 2022 All-Star Game at Dodger Stadium. In 2021, he was named Rays Co-Employee of the Year as a result of his efforts and dedication as the club's designated Infection Control Protection Coordinator (ICPC) during the COVID-19 pandemic. In total, he begins his 39th season in professional baseball, including 25 years with the Pirates organization. From 2001-11, he was the Pirates assistant athletic trainer and major league rehab coordinator. In 2002 he and the Pittsburgh Pirates staff were named Major League Athletic Staff of the year voted on by their peers. In 2008 the Pittsburgh Pirates staff were named the Dick Martin Major League Staff of the year voted on by Baseball prospectus. He also worked for Team Mexico in the World Baseball Classic in 2006 and 2009. Arizona Fall League in 1992 and 2000, Hawaii winter ball in 1993 and 1994 for Kauai Emeralds. Dominican Republic for Escogido in 1991 as well in Venezuela in 1990 for Maracay and in 2012 for Margarita. He began his professional career in 1987 as an athletic trainer for the Watertown Pirates of the New York-Penn League. He has also worked with Rookie-level Princeton (1988), Class-A Salem (1989), Double-A Harrisburg (1990), Double-A Carolina (1991, 1997-98), Triple-A Buffalo (1992-94), Triple-A Calgary (1995), Augusta (1996) and Double-A Altoona (1999-2000). Sandoval graduated from New Mexico State University in 1988 with a degree in physical education and sports medicine. He and his wife, Dodie, have a son, Michael Jr.

Aaron SCOTT

Assistant Athletic Trainer

Northern Iowa (B.S.)
Years in MLB: 5



Scott, 47, was named assistant athletic trainer for the major league staff in November 2021 and begins his eighth season with the Rays. He spent the previous four years as the minor league medical coordinator, overseeing all minor league athletic trainers and rehabilitation with minor league players while assisting the major league club. Prior to that, he spent one season as athletic trainer for Class-A Charlotte. He previously worked in the Philadelphia Phillies (2015-16) and Baltimore Orioles (2004-14) organizations. Scott was named the 2009 South Atlantic League Trainer of the Year while working for the Delmarva Shorebirds (Orioles) and the 2016 Eastern League Athletic Trainer of the Year (Reading). He received his bachelor's degree in athletic training from the University of Northern Iowa, then completed two internships with the NFL's Detroit Lions and was the assistant athletic trainer for the Berlin Thunder of NFL Europe in 2003 prior to joining the Orioles. Scott resides in Sarasota, FL

Shinichiro FUKUDA

Assistant Athletic Trainer, Acupuncturist

Troy University (B.S.)
East West College of Natural Medicine (Doctorate)
Years in MLB: 7



Fukuda, 40, enters his 13th season in the Rays organization and seventh full season as major league ATC/acupuncturist. He provides acupuncture treatment to players and assists with daily treatment, prevention, evaluation, and rehabilitation of injuries. He served as a minor league athletic trainer at the player development complex in Port Charlotte from 2015-19. Fukuda joined the Rays in 2014 as a seasonal assistant athletic trainer at the player development complex, which included minor league spring training, extended spring, the Gulf Coast League Rays and instructional league. Prior to the Rays, he completed internships with Auburn University's baseball team (2014), EXOS (2013), the Nationals (2012-13), Diamondbacks (2012), and Major League Soccer's Sporting Kansas City (2011). He earned an associate degree in athletic training and acupuncture from Trident Sports Medical College in Nagoya, Japan in 2007. He received his bachelor's degree in athletic training from Troy University in 2013 and his master's in oriental medicine and acupuncture from East West College of Natural Medicine in 2018. Originally from Himeji, Japan, Fukuda and his wife, Shiori, live in Sarasota with their two children, Sara and Sana.

Tropicana Field

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Organizational Athletic Trainers & Performance Staff**Major League Physical Therapist**

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Major League Physical Therapist

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Major League Medical Coordinator, Special Projects

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Minor League Affiliate Medical Coordinator

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Minor League Complex Medical Coordinator

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Major League Rehab Athletic Trainer

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Latin American Medical Coordinator

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Bowling Green Hot Rods (A)

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Charleston RiverDogs (A)

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Florida Complex (Rehab / PTs)

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Addie Scottadeline.scott@raysbaseball.com404.731.1383

Dominican Summer League

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Major League Conditioning Coordinator

Brian Kingbking@raysbaseball.com727.482.7390

Major League Assistant S&C Coordinator

Steve Chaseschase@raysbaseball.com616.890.7958

Major League S&C Rehab Coach, Minor League Mentoring**Athletic Trainers' History****HEAD ATHLETIC TRAINER**

Joe Bengel2018 - Present

Ron Porterfield2006 - 2017

Ken Crenshaw2003 - 2005

Jamie Reed1998 - 2002

ASSISTANT ATHLETIC TRAINER

Aaron Scott2022 - Present

Shinichiro Fukuda2019 - Present

Mike Sandoval2018 - Present

Mark Vinson2011 - 2021

Paul Harker2006 - 2018

Nick Paparesta2008 - 2010

Ron Porterfield2003 - 2005

Ken Crenshaw1998 - 2002



Matt LUCERO

Head Athletic Trainer

New Mexico State University (B.S.)
Years in MLB: 15



Matt Lucero, 56, is entering his eighth season as Head Athletic Trainer with the Texas Rangers organization. He is in his 21st season with the club overall. He was the Minor League Rehabilitation Coordinator in 2006, the Minor League Medical Coordinator from 2007 – 2010, and was added to the Major League staff prior to the 2011 season. He was selected as American League All-Star Athletic Trainer in 2021 and 2024. Lucero's career began with the Tampa Bay Devil Rays Rookie team in Princeton, West Virginia (1999), followed by the Rays Class A Charleston Riverdogs (2000), Rays High A Bakersfield Blaze (2001 and 2002), Rays Double A Orlando Rays (2003), and Rays Double A Montgomery Biscuits (2004 and 2005). He was voted Athletic Trainer of the year for the South Atlantic League in 2005. He is a graduate of New Mexico State University where he obtained a BS in Athletic Training Education. Born in Fairview, NM, Lucero now resides in Grapevine, Texas with his wife Regina and their children Madyson, Andres and Max.

Jacob NEWBURN

Assistant Athletic Trainer

University of Tulsa (B.S.)
University of Nevada, Las Vegas (M.S.)
Years in MLB: 7



Jacob Newburn, 44, enters his 21st season overall with the organization, 8th with the Major League Club. Newburn began his baseball career in Spokane (2006-2007), making stops in Clinton, Iowa (Low-A, 2008), Bakersfield (High-A, 2009-2010), Hickory (Low-A, 2011-2013), Myrtle Beach (High-A, 2014), High Desert (High-A, 2015), and Frisco (2016-2018), where he was voted Texas League Athletic Trainer of the Year (2018), before reaching his current post. Following the 2018 season he was promoted to the Rehabilitation Coordinator before later being promoted once more to the Major league Assistant Athletic Trainer. He received his Bachelors of Science in Athletic Training from the University of Tulsa and his Masters of Science in Kinesiology from UNLV. Born in Richardson, TX, Newburn now resides in Dallas, TX with his wife, Jami Jack.

Sean FIELDS

Assistant Athletic Trainer

Texas Tech University (B.S.)
Stephen F. Austin State University (M.S.)
Years in MLB: 3



Sean Fields, 41, is joining the Texas Rangers medical staff for his 4th season in MLB, and 17th year overall with the organization. He was previously the Arizona Medical Coordinator for four seasons (2019-2022), the organization's Rehab Coordinator for three seasons (2016-2018), as well as six seasons as an Athletic Trainer in the Texas System. Fields' stops as an Athletic Trainer with the Texas organization include Low-A Hickory (2014-2015), Short-A Spokane (2012-2013), the Rookie-level AZL Rangers (2011), and DSL Rangers (2010). He originally joined the organization as an intern with the Rangers' Dominican Summer League entry in 2009. Fields completed his undergraduate work at Texas Tech University prior to earning a Master's Degree from Stephen F. Austin State University. Born in Sonora, Texas, Fields now resides in Midlothian, Texas with his wife Lauren and their sons.

Organizational Athletic Trainers & Performance Staff

Major League Physical Therapist

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Medical Coordinator

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Rehab Athletic Trainer

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Frisco RoughRiders (AA)

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Hub-City Spartanburgers (High-A)

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Hickory Crawdads (A)

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Kota Nakano.....knakano@texastrangers.com660.924.4127

Dominican Summer League (Rookie)

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Corey Dirks.....cdirks@texastrangers.com443.223.2172

Athletic Trainers' History

HEAD ATHLETIC TRAINER

Matt Lucero2019 - Present

Kevin Harmon2014 - 2018

Jamie Reed2003 - 2013

Danny Wheat.....1992 - 2002

Bill Zeigler1970 - 1991

Tom McKenna1961 - 1969

ASSISTANT ATHLETIC TRAINER

Sean Fields2023 - Present

Jacob Newburn2019 - Present

Matt Lucero2011 - 2018

Kevin Harmon2005 - 2013

Greg Harell2003

Ray Ramirez1992 - 2004

Danny Wheat.....1985 - 1991



Jose Julian MINISTRAL

Head Athletic Trainer

Springfield College (B.S.)

Years in MLB: 9



Jose Julian Ministrál, 51, begins his 13th season with the Toronto Blue Jays Organization and 7th year as the Head Athletic Trainer. A Summit, NJ native, Jose earned his undergraduate degree from Springfield College and is certified by the, CATA, NATA, and NSCA. He was named to the position of Assistant Athletic Training Coordinator in 2013, a position he held until becoming the Minor League Athletic Training Coordinator in 2016. Jose began his baseball career in 1998 with the Pittsburgh Pirates Organization as a GCL Intern, spending 14 years with the organization as a minor league athletic trainer. He spent six seasons (2003-05 & 2007-09) as Pittsburgh's Triple-A athletic trainer. Also served as athletic trainer at Lynchburg (A) in 2002 and as the Pirates Minor League Rehab Coordinator in 2001. Jose resides in Indiana during the off-season with his wife and 2 children.

Voon CHONG

Assistant Athletic Trainer

Simon Fraser University, BC (B.S)

Years in MLB: 9



Voon, 55, is entering his 25th season overall with the Blue Jays organization and his 9th on the Major League staff as Assistant Athletic Trainer. He began his baseball athletic training career with the Blue Jays in Medicine Hat (Rookie A) in 2002 and has made stops in Charleston, WV (A) 2003; Manchester, NH (AA) from 2004-2009 and Buffalo, NY (AAA) from 2010-2017. He was voted the Eastern League Athletic Trainer of the Year in 2007 & 2008 and was selected to represent the Blue Jays in the Hawaii Winter Baseball League (Honolulu Sharks) in 2006 and Arizona Fall League (Scottsdale Scorpions) in 2007. Prior to baseball, Voon represented Canada as an Athletic Trainer/Equipment Manager on the Canadian U-20 National Soccer Team at the World Youth Cup in 1997 (Malaysia) and 2001 (Argentina), 2001 Canadian U-23 National Soccer Team at Francophone Games in Ottawa and Canadian Olympic National Soccer Team in the 2003 Olympic Qualifying Tournament. Voon graduated from Simon Fraser University, BC with a Bachelor of Applied Science in Kinesiology in 1998 and is certified by the CATA and NATA. He was born in Ipoh, Malaysia and currently resides in Vancouver, BC.

Drew MACDONALD

Assistant Athletic Trainer

Sheridan College (B.S.)

Years in MLB: 7



Drew, 39, is entering his 7th season on the Major League staff as the 2nd Assistant Athletic Trainer and 16th season with the Blue Jays. A graduate of Sheridan College's Athletic Therapy program, Drew interned for the Blue Jays in 2008 before being hired on to serve as the Bluefield Athletic Trainer in 2011. Since then he has made professional stops in Vancouver (2012), Lansing (2013-2017) and New Hampshire (2018) prior to serving as the Assistant Medical and Athletic Training Coordinator in 2019. In 2023, MacDonald was selected as the Head Trainer for Team Canada at the World Baseball Classic. Originally, from Teeswater, On. He currently resides in Paris, On with his wife Heidi, sons Max, Brooks and Hayes.

Andrew PIPKIN

Medical Director, Health & Performance

Lebanon Valley College (DPT)

Years in MLB: 6



Andrew Pipkin enters his 6th season as a member of the Toronto Blue Jays medical staff after spending five seasons with the Cleveland organization. He received his undergraduate and graduate physical therapy degrees from Lebanon Valley College in Pennsylvania. Andrew completed a sports physical therapy residency at the University of Wisconsin Hospital and Clinics in 2014 and is a board certified sports specialist. He went on to The Ohio State University where he completed an Upper Extremity Athlete Fellowship. Andrew was hired to work as a member of the Cleveland medical staff in 2016 and he served as both the Rehab Coordinator and Minor League Medical Coordinator until 2020. In 2021, Andrew joined the Blue Jays staff as the Medical Director and was promoted to his current role as Major League Director of Health and Performance in 2024.

Scott PETERS

Assistant Director of Health & Performance, Scouting

Minot State University (BS, MS)

Duke University (DPT)

Years in MLB: 10



Scott Peters is entering his 10th season with the Blue Jays and his 3rd as Assistant Director of Health & Performance, Scouting after prior stints as Research Coordinator and Major League Assistant Physical Therapist. A native of Altona, MB, he obtained his Doctorate in Physical Therapy from Duke University in 2017 after receiving his Bachelors in Athletic Training and Corporate Fitness from Minot State University (ND) in 2013. He then completed a Masters degree in Management from Minot State in 2014 while serving as a graduate assistant strength and conditioning coach with the baseball program for the Division II University. Peters' other previous experience includes an athletic training internship with the Los Angeles Angels of Anaheim (2012) in Tempe, AZ, assistant athletic trainer for the Lowell Spinners (Boston Red Sox, 2014), and game day assistant with the Carolina Hurricanes (NHL, 2015-2016). He has also obtained his Fellowship in Orthopedic Manual Physical Therapy through the American Academy of Manipulative Therapy.

Rogers Centre

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Organizational Athletic Trainers & Performance Staff**Major League Physical Therapist**

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Assistant Medical Director

Adam Ingle937.216.3177

Minor League Athletic Training Coordinator

Michael Rendon563.210.9434

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Minor League Rehab Coordinators

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Alex Suerte727.455.8297

Minor League Physical Therapists

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Minor League Strength and Conditioning Coordinator

Justin Batcher770.900.5235

Minor League Assistant Strength & Conditioning Coordinator

Taylor Haslinger941.457.5525

Minor League Rehab Strength & Conditioning Coach

Phil Tomassi845.300.1218

Buffalo Bisons (AAA)

Jason Schwartzman954.234.3581

Roelvis Vargas919.753.8688

New Hampshire Fisher Cats (AA)

Katie Reyes778.822.6114

Matthew Beauregard216.633.2183

Vancouver Canadians (High-A)

Dalton Holemo302.331.8554

Callista Tsangarakis905.979.7694

Dunedin Blue Jays (A)

Luke Green765.562.2453

Rob Shifrin314.479.1917

Gulf Coast League (Rookie)

Alain Pacheco Vidal239.246.8535

Tony Laquitar315.719.3028

Blake Wood740.464.9632

Latin American Coordinator

Frank Esposito630.200.9517

Dominican Summer League (Rookie)

Katelynn Park352.464.2026d

Athletic Trainers' History**HEAD ATHLETIC TRAINER**

Jose Ministral2020 - Present

Nikki Huffman2018 - 2019

George Poulis2004 - 2017

Scott Shannon2000 - 2003

Tommy Craig1987 - 1999

Ken Carson1977 - 1986

ASSISTANT ATHLETIC TRAINER

Drew MacDonald2020 - Present

Voon Chong2018 - Present

Jose Ministral2018 - 2019

Jeff Stevenson2016 - 2017

Mike Frostad2010 - 2017

David Hudson2011 - 2012

Dave Abraham2004 - 2009

George Poulis2000 - 2003

Scott Shannon1987 - 1988, 1998 - 1999

Brent Andrews1989 - 1997

Tommy Craig1985 - 1986





Ken CRENSHAW

Director of Sports Medicine & Performance

New Mexico State University (B.S.)
Years in MLB: 29



Ken Crenshaw, 58, is entering his ninth season as the Director of Sports Medicine and Performance after serving twelve years as the Head Athletic Trainer for the Arizona Diamondbacks. Crenshaw was the head athletic trainer for the Tampa Bay Devil Rays from 2003 to 2005 and served as the assistant athletic trainer for the Rays from 1998-2002. While with the Rays, Crenshaw shared "Major League Baseball Athletic Training Staff of the Year" honors in 2005 and the "Dick Martin Athletic Training Staff of the Year" honors in 2004 with Ron Porterfield. He also served as the organization's Minor League athletic training and conditioning coordinator for the 1996 and 1997 seasons. Prior to joining Tampa Bay, Crenshaw worked for seven years as a professional athletic trainer, including four years as Minor League conditioning coordinator for the Atlanta Braves from 1992 to 1995. He also served as an athletic trainer in the Pittsburgh Pirates farm system from 1989 to 1991, working with affiliates in Princeton, W.Va., and Welland, Ontario. A native of Carrizozo, N.M., Crenshaw received an undergraduate degree in sports medicine from New Mexico State University in 1990. He is a certified member of the NATA and the (NSCA) National Strength & Conditioning Association. In his spare time, Crenshaw coaches youth football, basketball and baseball programs. Crenshaw, his wife, Robyn, and their sons, Wacy, Wyatt, and Dustin, reside in Chandler, AZ.

Ryan DIPANFILO

Head Athletic Trainer

Springfield College (B.S.)
Years in MLB: 14



Ryan DiPanfilo, 41, is entering his ninth year as the Head Athletic Trainer after serving five years as the Assistant Athletic Trainer for the Diamondbacks. Before joining the Major League staff, DiPanfilo served as the organization's Minor League Medical Coordinator (2011-2012). Prior to the 2011 season, he was the Head Athletic Trainer for the AA Mobile BayBears (2009-2010), High-A Visalia Oaks (2008), and Rookie Yakima Bears (2007). Prior to joining the Diamondbacks, DiPanfilo earned a bachelor's degree in athletic training from Springfield College (Springfield, MA) in 2006. He is a certified member of both the NATA and NSCA in addition to being credentialed with the Postural Restoration Trained (PRT) designation through the Postural Restoration Institute. A native of Saugus, MA, DiPanfilo now resides in Chandler, AZ with his wife, Kathryn, daughter, Kelly, son, Rhys, and daughter, Kamryn.

Junko YAZAWA

Assistant Athletic Trainer, Manual Therapist

Mukogawa Women's University (B.S.)
Texas State University (B.S. & M. Ed.)
Years in MLB: 9



Junko is entering her 9th season as assistant athletic trainer/manual therapist for the D-backs. Before joining the D-backs organization, Yazawa worked at ALTIS where she specialized in working with Olympic level track & field athletes. Prior to ALTIS, Junko served as an athletic trainer for several NCAA schools including stints at Arizona State University (2012-2014), Texas Christian University (2008-2011), & Long Island University Brooklyn Campus (2006-2008). Junko completed post-graduate athletic training internships with the baseball team at the University of Texas at San Antonio in 2005 as well as a seasonal internship with the Austin Wranglers of the Arena Football League in 2004. She also completed a PBATS internship with the San Diego Padres in 2003. Junko has served several stints as an athletic trainer/medical staff with the USA Track and Field National Team for multiple international meets since 2004, including the IAAF World Outdoor Championships in 2007, 2013, 2015, and 2017, as well as the 2016 Rio & 2020 Tokyo Olympic Games. She also was the manual therapist for the National League squad at the 2019 MLB All-Star Game in Cleveland. In addition, Yazawa was the manual therapist for the Gold Medal winning Team USA during the 2017 World Baseball Classic. The Nagoya, Japan, native earned a Bachelor of Science degree in physical education from Mukogawa Women's University in Hyogo, Japan, in 1997. She completed her Master of Education degree in physical education at Texas State University in 2002 and augmented that degree with another bachelor's degree in exercise sports science, athletic training from Texas State in 2004. She is a certified member of the NATA and is a licensed athletic trainer in the state of Arizona and Texas.

Chase Field

401 East Jefferson St. | Phoenix, AZ 85004 | 602.462.6500

Max ESPOSITO

Assistant Athletic Trainer, Physical Therapist

Northeastern University (DPT)
 Idaho State University (M.AT)
 Years in MLB: 5



Max, 33, enters his fourth season as D-backs Assistant Athletic Trainer and tenth in the organization. He previously served as the Major League Physical Therapist (2022), Minor League Medical Coordinator (2020 & 2021) and Assistant Minor League Medical Coordinator (2019). Prior to the 2019 season, he was the minor league physical therapist (2017 & 2018). Max completed two separate six-month physical therapy internships with the Diamondbacks in 2014 & 2016. He was also a physical therapy clinical student with the Cincinnati Reds in 2016 for his final clinical rotation. Max graduated in 2016 from Northeastern University with a doctorate of physical therapy. Upon graduation from physical therapy school, he continued his education and graduated in 2017 from Idaho State University with his Master in Athletic Training degree. He is a member of the APTA as well as the NATA. He currently resides in Scottsdale, AZ and enjoys playing golf, camping, and skiing.

Organizational Athletic Trainers & Performance Staff**Head Strength & Conditioning Coordinator**

Nate Shawnshaw@dbacks.com602.320.7269

Assistant Strength & Conditioning Coordinator

Scott Clinescline@dbacks.com479.979.8670

Director of Physical Therapy

Ben Hagarbhagar@dbacks.com775.544.7645

Major League Physical Therapist

Bryan Adamesbadames@dbacks.com281.785.6038

Medical Coordinator

Mike Powellmpowell@dbacks.com412.596.4639

Medical Administrator

Jon Herznerjherzner@dbacks.com480.270.5863

Minor League Rehab Coordinator

Paul Porterpporter@dbacks.com734.272.3656

David Kaudkau@dbacks.com408.930.0546

Reno Aces (AAA)

Connor Oatescoates@dbacks.com614.395.4351

Adam Brewerabrewer@dbacks.com607.661.6221

Amarillo Sod Poodles (AA)

Haruki Mukohchihmukohchi@dbacks.com774.281.2860

Hillsboro Hops (A+)

Cat Widaycwiday@dbacks.com619.886.0655

Visalia Rawhide (A)

Hannah Boutwellhboutwell@dbacks.com951.565.6590

Arizona League Diamondbacks (Rookie)

Bryan Dunlaveybdunlavey@dbacks.com602.762.6161

Latin American Medical Coordinator

Spencer Ryansryan@dbacks.com801.473.2006

Dominican Summer League (Rookie)

TBD

Athletic Trainers' History**HEAD ATHLETIC TRAINER**

Ryan DiPanfilo2018 - Present

Ken Crenshaw2005 - 2017

Paul Lessard1998 - 2005

ASSISTANT ATHLETIC TRAINER

Max Esposito2023 - Present

Junko Yazawa2021 - Present

Ryne Eubanks2020 - 2022

Kyle Torgerson2018 - 2019

Ryan DiPanfilo2012 - 2017

PJ Mainville2011 - 2012

Dave Edwards1998 - 2010



George POULIS

Head Athletic Trainer / Director of Player Health



Baldwin-Wallace College (B.A.)
University of Alabama (M.A.)
Years in MLB: 27

George, 61, enters his ninth season as the Head Athletic Trainer / Director of Player Health for the Atlanta Braves. This will be his 37th season in professional baseball, and twenty-seventh at the Major League level. He spent the previous 18 years with the Toronto Blue Jays. Prior to the Blue Jays, George was an athletic trainer in the San Diego Padres' Minor League system for 10 years. His staff received the MLB athletic training staff of the year for 2021. George got his first experience with professional sports in 1986 as an athletic training intern in the NFL with the Cleveland Browns Football Club. A Cleveland native, George earned his undergraduate degree from Baldwin-Wallace College in Berea, Ohio, and earned his master's degree from the University of Alabama. He worked his way up through the Padres' Minor League system with stops in Waterloo, Iowa (Class A); Wichita, Kan.; Memphis, Tenn.; Mobile, Ala. (Class AA); and Las Vegas, NV (Class AAA). At the conclusion of the 1998 Minor League season, George assisted the San Diego Padres' Athletic Training Staff during the 1998 playoffs and World Series. During the off-season, George and his wife, Jenny, have three daughters, Lainey, Evy, Nicki and their granddaughter, Nia.

Jeff STEVENSON

Assistant Athletic Trainer



Indiana University (B.S.)
Years in MLB: 11

Jeff Stevenson, 56, begins his eighth season with the Atlanta Braves organization, and sixth as Major League assistant athletic trainer. The Braves staff received the MLB athletic training staff of the year award for 2021. He joined the Braves as assistant minor league medical coordinator in 2019, and spent the 2020 season as the compliance officer with the Major League club. This will be his 33rd season in professional baseball, and tenth at the Major League level. Prior to joining the Braves, he spent 8 seasons with the Toronto Blue Jays. Two of those years he was the Rehab Coordinator, four years as Minor League Medical Coordinator, and two seasons as Major League assistant athletic trainer 2016-2017. The first 18 seasons of his career Jeff worked in the Kansas City Royals system. He worked 16 years in their minor leagues, spending 9 seasons in AAA Omaha 1999-2007. He spent the 2008-2009 seasons as Major League assistant athletic trainer in Kansas City. He received the Dick Howser player development award with the Royals in 1999. He received his undergraduate degree from Indiana University. Jeff resides in Palm Harbor Florida with his wife Christy. They have three children Brennan, Michael, Meg and their granddaughter Charlotte.

Nick FLYNN

Assistant Athletic Trainer



University of South Florida (B.S.)
Georgia State University (M.S.)
Years in MLB: 5

Nick, 37, begins his 11th season with the Atlanta Braves organization and fifth as a major league assistant athletic trainer. He spent the previous 3 years as the Braves minor league medical coordinator. Prior to his time with the Braves, he spent 5 seasons as a minor league affiliate athletic trainer in the Tampa Bay Rays organization. He received his undergraduate degree from the University of South Florida and graduate degree in sports medicine from Georgia State University. Nick resides in Venice, Florida in the offseason.

Truist Park

755 Battery Avenue | Atlanta, GA 30339 | 404.614.2300

Organizational Athletic Trainers & Performance Staff**Minor League Medical Coordinator**

Eric Hrycko.....847.271.5415

Assistant Minor League Medical Coordinator

Toby Williams.....404.547.7484

Head League Physical Therapist

Marcus Ahrens319.430.6625

Assistant Major League Physical Therapist

Jeremiah Randall913.364.7751

Minor League Physical Therapist

Johnny Passarelli262.515.4654

Assistant Minor League Physical Therapist

Jonathan Pabon770.241.0391

Gwinnett Stripers (AAA)

Greg Harrel405.812.6695

Jesus Aviles.....787.207.7302

Columbus Clingstones (AA)

Tyler Moos.....303.902.8358

Rome Braves (High-A)

Tom Adams815.931.1442

Augusta Greenjackets (A)

Dan Gaertner.....414.758.4177

FCL Braves (Rookie)

Joel Wiggins.....515.528.3785

Matt Barnes908.323.3005

Yoshi Iwaya.....812.262.4301

DSL Braves (Rookie)

Chaerin Yeon.....385.326.5415

Head Major League Strength & Conditioning Coach

Bradford Scott.....520.975.3044

Assistant Major League Strength & Conditioning Coach

Jordan Wolf.....480.695.5600

Athletic Trainers' History**HEAD ATHLETIC TRAINER**

George Poulis2018 - Present

Jeff Porter2003 - 2017

David Pursley1969 - 2002

Harvey Stone.....1966 - 1968

Bob Feron1957 - 1965

Charles Lacks1946 - 1956

Ralph May1944 - 1945

Eddie Froelich1937 - 1938

ASSISTANT ATHLETIC TRAINER

Jeff Stevenson2021 - Present

Nick Flynn2022 - Present

Mike Frostad2018 - 2022

Andrew Hauser.....2018

Jim Lovell.....2003 - 2017

Jeff Porter1984 - 2002

Gene Lane.....1982 - 1983

David Pursley1961 - 1968



PJ MAINVILLE

Director of Medical Services



East Carolina University (B.S.)
California University of Pennsylvania (M.S.)
Years in MLB: 16

PJ enters his fourth season as the Director of Medical Services after having served ten seasons as the Head Athletic Trainer for the Chicago Cubs. Prior to joining the Cubs, he completed the previous two seasons (2011-2012) as the Assistant Athletic Trainer for the Arizona Diamondbacks. Mainville spent 13 years in the Minor Leagues with the Baltimore Orioles and Arizona Diamondbacks organizations. He served as the Minor League Medical & Rehabilitation Coordinator from 2007 to 2010 for the Diamondbacks. Prior to the 2007 season while serving in the Baltimore Orioles minor league system, he was the Head Athletic Trainer for the AAA Ottawa Lynx (2004-2006), AA Bowie Baysox (2001-2003), High-A Frederick Keys (2000), Low-A Delmarva Shorebirds (1999), and Rookie Bluefield Orioles (1998). He began his interest in professional baseball as an undergraduate intern with the Baltimore Orioles in 1996 and 1997 while attending East Carolina University. In 2025, PJ was elected to the PBATS Executive Board, serving as the inaugural NL At-Large Representative in the newly created position. A certified member of the NATA, Mainville later earned his Masters of Science degree in Performance Enhancement from California University of Pennsylvania in 2005. A native of Warrenton, VA, Mainville now resides in Chicago, IL with his wife, Michele, and children Kylie, Caden, and Carter.

Nick FRANGELLA

Head Athletic Trainer



Assistant Athletic Trainer
Illinois State University (B.S.)
California University of Pennsylvania (M.S.)
Years in MLB: 9

Nick begins his fourth season as Head Athletic Trainer for the Chicago Cubs. He spent the previous five seasons as the assistant Athletic Trainer. Prior to working at the Major League level, he served in the Cubs' minor league system for 13 years. He worked as head minor league athletic training and performance coordinator (2013-2017). Prior to this, he was head athletic trainer for the Iowa Cubs (2012-2013), Tennessee Smokies (2008-2011), Peoria Chiefs (2006-2007), and Boise Hawks (2005). Frangella was an Athletic Trainer for the Mesa Solar Sox of the Arizona Fall League (2011) and has also earned Southern League Athletic Trainer of the Year honors in 2009 while with the Tennessee Smokies. Nick served as PBATS Athletic Training intern for the Chicago Cubs during the 2004 season at the major league level. He earned a Bachelor of Science degree from Illinois State University in 2004 and a Masters Degree from California University of Pennsylvania in 2007. Nick was raised in Oak Forest, IL and resides in Bloomingdale, IL with his wife Alyssa, son Nico, and daughter Kaia.

Neil RAMPE

Assistant Athletic Trainer



University of Findlay (A.A. & BS)
University of Minnesota, Minneapolis, MN (M.Ed)
Years in MLB: 18

Neil Rampe enters his fourth season with the Cubs serving as an Assistant Athletic Trainer. Prior to the Chicago Cubs, Rampe served as the Head Athletic Trainer for the LA Dodgers for 6 seasons from 2016-2021. Prior to the Dodgers, Rampe was the Major League Manual & Performance Therapist with the Arizona Diamondbacks from 2008-2015. Neil's education includes an AA in Personal Training as well as BS in Athletic Training and Physical Education with an emphasis in Strength & Conditioning from the University of Findlay in 2000. He went on to receive his M.Ed. in Applied Kinesiology with a Sport and Exercise Science emphasis in 2002 from the University of Minnesota where he served as a strength & conditioning coach in the Golden Gopher athletic department. Neil then served as a certified athletic trainer at the Boulder Center for Sports Medicine in Boulder, CO. Neil went on to spend five years at The University of Arizona where he served as the Associate Director, Performance Enhancement. Neil is a Certified Athletic Trainer through the NATABOC, a Certified Strength & Conditioning Specialist through the NSCA, a Licensed Massage Therapist through the AMTA and NCBTMB. Neil resides in Chicago, IL with his wife, Laura, and daughters, Liv and Gia.

Wrigley Field

1060 W. Addison St. | Chicago, IL 60613 | 773.404.2827

German SUNCIN

Assistant Athletic Trainer



Western Illinois University (B.S.)
 Southern Illinois University (M.S.)
 Years in MLB: 4

German enters his fourth season as a Major League Assistant Athletic Trainer for the Chicago Cubs. Prior to working at the Major League level, he was the head athletic trainer for Tennessee Smokies (2022), Myrtle Beach Pelicans (2021), assisted with COVID-19 protocol during the pandemic season in Chicago (2020) and the head athletic trainer for Dominican Summer League (2018-2019). Prior to that, he was an intern during the Arizona Complex League (2017). Suncin was also an Athletic Trainer for Mesa Solar Sox in (2022). Suncin earned his Bachelor of Science from Western Illinois University (2014) and Masters degree from Southern Illinois University (2017) where he also served as Graduate Assistant to the baseball team.

Organizational Athletic Trainers & Performance Staff**Medical Coordinator**

James Edwards.....630.774.5019

Assistant Medical Coordinator

Sean Folan847.769.8591

Minor League Medical Administrator

Jeremy Clipperton.....314.766.0338

Minor League Physical Therapist

Cam Holshouser540.309.7240

Javier Strickler.....480.242.5268

Iowa Cubs (AAA)

Logan Severson815.258.4758

Seth Clapp336.684.7539

Tennessee Smokies (AA)

Nick Roberts407.697.8804

South Bend Cubs (A)

Maggie Lowenhar574.344.9600

Myrtle Beach (A)

Chad Rodriguez972.322.4477

Mesa Cubs (Rookie)

Leroy Martinez505.901.9175

Dominican Summer League (Rookie)

Ari Ramos562.381.3118

Olivia Lopez908.906.9500

MiLB Strength and Conditioning Director

Blaine Kinsley910.580.0974

MiLB Strength and Conditioning Coordinator

Nathan Garza713.254.7736

Athletic Trainers' History**HEAD ATHLETIC TRAINER**

Nick Frangella2023 - Present

PJ Mainville2013 - 2022

Mark O'Neal.....2004 - 2012

Dave Groeschner2004

Dave Tumbas1997 - 2003

John Fiero1987 - 1996

Tony Garafolo1977 - 1986

Gary Nicholson1973 - 1976

Al Sheuneman1953 - 1972

Andy Lotscha.....1922 - 1952

ASSISTANT ATHLETIC TRAINER

German Suncin2023 - Present

Neil Rampe2023 - Present

Chuck Baughman2020 - 2022

Nick Frangella2018 - 2022

Matt Johnson2012 - 2019

Ed Halbur.....2004 - 2017

Sandy Krum2001 - 2004

Steve Melendez1998 - 2000

Brian McCann1995 - 1997

Brett Fischer1993 - 1994

Dave Cilladi1986 - 1992

Gary Nicholson1972



Sean MCQUEENEY

Head Athletic Trainer



Richard Stockton University (B.S., M.P.T., D.P.T.)
Years in MLB: 5

Sean McQueeney, 47, is in his 5th season as the Cincinnati Reds Head Athletic Trainer. He worked for the Seattle Mariners from 2004-2011 as Coordinator of Rehabilitation & Athletic Training and Coordinator of Minor League Rehabilitation, then from 2011-2013 spent time in the Kansas City Royals organization as Minor League Rehabilitation Coordinator. A board-certified clinical specialist in sports physical therapy, McQueeney spent 2013-2022 working as a physical therapist for a variety of private companies. In the summer of 2018, he was the athletic trainer/physical therapist for the Chinese Olympic Committee's men's table tennis team and in 2009 was the head athletic trainer for Cardenales de Lara in the Venezuelan Winter League. McQueeney played baseball at Richard Stockton College of New Jersey and from there received a bachelor's degree in science, a master's degree in physical therapy and a transitional doctorate in physical therapy. As part of his clinical experience, in the summer of 2004 he interned for local TriHealth Physical Therapy and for the Reds' Major League training staff. Sean resides in Cincinnati, OH with his wife Lila.

Tomas VERA

Assistant Athletic Trainer



University of Pedagogy Libertador-Venezuela
Years in MLB: 16

Tomas Vera, 58 enters in his 16th season with the Cincinnati Reds as Assistant Athletic Trainer, his 36th in professional baseball. He joined the Reds organization in September of 2006 as a Reds Minor League Athletic Trainer (Louisville Bats AAA 2009-10, Sarasota Reds 2007-08). Prior to the Reds he worked 12 years with the Chicago White Sox organization (Kannapolis Intimidators 2004-06, Great Falls Sox 2003, Bristol Sox 2002, Phoenix 2001, Tucson 1998-2000, and Sarasota 1995-97). Prior to the White Sox, Tomas worked for the Milwaukee Brewers in Spring Training/Extended Spring in 1994. He began his baseball career in Venezuela Summer League with the Azucareros de la Victoria in 1990, serving as an Athletic Trainer in the Venezuela Winter League with Aragua, Caracas, Cabimas and Pastora teams (1990-96, 2009, 2012), He also spent time in the Dominican Winter League with the Licey Tigers (1999-2002). Vera has been named Head Athletic Trainer for the 2006, 2009, 2013, 2017, 2023 & 2026 World Baseball Classic Venezuelan National Team and a member of the National League's medical staff for the 2023 All-Star Game in Seattle. He received his degree in Physical Education from UPEL – Venezuela; Vera is recognized as the first Venezuelan Certified members of the NATA. Tomas is the son of Leandro Vera Fortique and Hilda Oviedo de Vera. Born in Caracas Venezuela, Tomas and his wife Mariela have two children, Rafael and Carolina. They reside in Sarasota, Fla.

Ryan ROSS

Assistant Athletic Trainer



Seton Hall University (B.A., M.S., A.T.C., C.S.C.S.)
Years in MLB: 4

Ryan Ross, 35, enters his 4th season as the Cincinnati Reds Assistant Athletic Trainer, his 10th with the organization. Ryan joined the Reds organization in 2016 as a Reds Minor League Athletic Trainer where he worked Billings Rookie-Advanced (2017), Greenville Rookie-Advanced (2018), Daytona High-A (2019-20), Dayton High-A (2021), and Chattanooga AA (2022). Ryan currently serves as the Head Athletic Trainer for Great Britain who competed in the 2026 World Baseball Classic. Prior to joining the Reds, he began his career in professional baseball working one year in the Los Angeles Angels Player Development System. Ryan started his career in Athletic Training serving as the primary Athletic Trainer for the baseball and women's soccer programs at St. John's University, and in 2013 he worked for the NFL's New York Jets as a season-long intern. He earned his bachelor's and master's degrees from Seton Hall University and holds his CSCS certification. Ryan resides in New Jersey with his wife Alexis & their sons Beckett & Griffin.

Organizational Athletic Trainers & Performance Staff

Coordinator of Minor League Athletic Training

Chuck Baughman 623.293.1604

Medical Administrator

Sarah "J" Coil 623.932.6857

Assistant Coordinator of Minor League Athletic Training

Clete Sigwart..... 602.821.2323

Latin America Medical Coordinator

Manny Lopez..... 815.519.4448

Louisville Bats (AAA)

Wade Hebrink 641.590.6136

Lauren Powers 480.773.0188

Chattanooga Lookouts (AA)

Stephanie McLain 816.682.7311

Dayton Dragons (High A)

Samuel Tedtman 715.853.8795

Daytona Beach Tortugas (Low A)

Nick Briggs-Ellenberger 315.723.0512

Arizona Reds (Rookie)

Glenn Steele 303.330.1814

Tysen Lipscomb 765.744.6140

Arizona Physical Therapists

Eric Gonzalez (Rehab Director) 520.234.3778

Addison Tarr 805.390.3529

Sarah Gamillo 715.316.1167

Garrett Taylor 314.922.5959

Dominican Republic Complex

Jay Williams 415.722.2541

Jaime De Los Santos 829.727.2030

Will Taylor 302.766.2838

Taijiro "Ty" Koyama 585.815.5344

Athletic Trainers' History

HEAD ATHLETIC TRAINER

Sean McQueeney 2022 - Present

Steve Baumann 2016 - 2021

Paul Lessard 2010 - 2015

Mark Mann..... 2003 - 2009

Greg Lynn 1993 - 2002

Larry Starr 1972 - 1992

Bill Cooper 1968 - 1971

Al "Hump" Wylder 1965 - 1967

"Doc" Rhode 1960 - 1964

"Doc" Wayne Anderson 1951 - 1959

Bob Bohm 1948 - 1950

ASSISTANT ATHLETIC TRAINER

Ryan Ross..... 2023 - Present

Tomas Vera 2012 - Present

Wade Hebrink 2024

Brad Epstein 2022 - 2023

Jimmy Mattocks 2016 - 2021

Steve Baumann 2005 - 2015

Tim Elser 2004 - 2006

Nick Kenney 2003 - 2004

Lonnie Soloff..... 2003

Mark Mann..... 1995 - 2002

Doug Spreen 1992 - 1994

Dan Wright..... 1990 - 1991

Joe Harvey 1982 - 1989



Keith DUGGER

Senior Medical Director & Head Athletic Trainer

San Diego State University (B.A.)
Years in MLB: 28



Keith Dugger, 60, begins his 28th season in Major League Baseball after nine seasons in the Minors. After receiving an undergraduate degree in athletic training in 1989 from San Diego State University, Dugger joined the San Diego Padres' farm system, working with Class A affiliates in Spokane, Wash., from 1990 to 1991, and Charleston, S.C., in 1992. He came to the Rockies' farm system in 1993, working with the Class A Bend, Ore., Rockies for one season, Class AA New Haven, Conn., Ravens in 1994, and Class AAA Colorado Springs Sky Sox from 1995 to 1998. Dugger earned the Pacific Coast League's "Athletic Trainer of the Year Award" in 1997, and in 2003 earned the honor of Major League "Training Staff of the Year" along with head trainer Thomas Probst. Dugger was selected to represent the National League as one of its athletic trainers at the 2010 All-Star Game in Anaheim, and was the National League athletic trainer for the 2021 All-Star game in Denver. In addition, Dugger has served on the Executive Board of the Professional Baseball Athletic Trainers Society (PBATS) as National League Representative and is on the Pitch Smart Panel which was launched in 2014 through the works of MLB and USA Baseball. Took part in the 2018 Japan All-Star tour. Recipient of the PBATS Presidential Award for 2024. A member of the NATA and the Rocky Mountain Athletic Trainers Association, Dugger also volunteers as a YMCA Big Brother and enjoys golfing, fishing, and traveling. He lives in Castle Pines, Colo., with wife, Shannon, and daughter, Tianna, and his son Cashel.

Heath TOWNSEND

Assistant Athletic Trainer

University of West Alabama (B.S. -A.T.C.)
University of North Alabama (M.A.-H.P.E.R.)
Years in MLB: 7

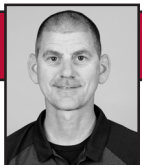


Heath Townsend, 54, begins his 7th season in Major League Baseball after 20 seasons in the Minors. Heath received an undergraduate degree in Athletic Training from the University of West Alabama in 1996 and a Master of Arts degree in Health, Physical Education and Recreation from the University of North Alabama in 1998. The Colorado Rockies Baseball Organization employed Heath in the spring of 2000 as a minor league athletic trainer. Heath's first assignment led him to Portland, Oregon for the Rookie ball affiliate Portland Rockies of the Northwest League. The following season, Heath was sent to Asheville, North Carolina for the Class A affiliate Asheville Tourists of the South Atlantic League where he remained from 2001-2004. During this time, Heath was recognized as "The 2001 South Atlantic League Athletic Trainer of the Year." In 2005, Heath was promoted to the Tulsa Drillers, AA affiliate of the Texas League, located in Tulsa Oklahoma. During which time, he was chosen to represent the Tulsa Drillers at the 2005 AA Texas League All-Star game in Frisco Texas. Heath was promoted to Colorado Springs Sky Sox in 2006, AAA affiliate of the Pacific Coast League, located in Colorado Springs, Colorado. Heath relocated in 2013 when the Colorado Rockies moved their AAA affiliate to Albuquerque, NM. He was a participant in the Colorado Rockies National League Championship and post season play with a September Call-up for the 2007 World Series. In 2009, Heath was also a part of the National league Wild Card Championship and participant in the National league Divisional Series play with a September Call-up. Heath was recognized as "The 2010 Pacific Coast League Athletic Trainer of the Year" and was chosen to represent the Sky Sox at the 2012 AAA Texas League All-Star game in Buffalo New York. Heath enjoys hunting, fishing, and watching football. Heath currently resides in Dixons Mills, AL with his wife, Becky Townsend, and son Parker.

Andy STOVER

Assistant Athletic Trainer, Work Comp. Admin.

Ashland University (OH) (B.S.)
Defiance College (OH) (M.A.)
Years in MLB: 5



Andy Stover, 50, begins his 5th season in Major League Baseball after spending the previous 16 years in the Minor Leagues. Stover received a bachelor's degree in Athletic Training from Ashland University (OH) and a master's degree in Education from Defiance College (OH). After spending the 2005 season as an intern with the Philadelphia Phillies, he joined the Colorado Rockies in 2006. Andy was the Athletic Trainer for Short Season Tri-City from 2006-2012 and was selected as the Northwest League Athletic Trainer of the Year by his peers in 2008 and 2009. Stover was named Assistant Minor League Rehab Coordinator in 2013, working alongside Scott Murayama to oversee the healthcare of the Player Development Department and added the responsibilities of Manager, Scottsdale Operations in 2020. He was selected to serve as the National League Athletic Trainer for the 2021 Futures Game held in Denver. In his free time, he enjoys hiking, paddle boarding and backpacking in the Grand Canyon. Andy and his wife, Lauren currently reside in Castle Rock, Colorado with their 3 boys.

Scott Murayama

Major League Athletic Training/Rehab Coordinator



Colorado State University (B.S.)

Years in MLB: 4

Scott Murayama, 51 will begin his 25th year with the Colorado Rockies Organization, but his 2nd year as the Major League Athletic Training and Rehab Coordinator. Scott graduated from Colorado State University in 1998 with a degree in Exercise and Sport Science and a minor in anatomy and neurobiology. After graduating, Scott worked for Banner Health in Loveland, CO helping with outpatient physical therapy, working as an athletic trainer for local high schools, and working for a sports performance company. Scott's first year with the Rockies was 2001, when he was hired to work with their affiliate in the Northwest League, the Tri-City Dust Devils in Pasco, WA. In 2004, Scott won the "Northwest League Athletic Trainer of the Year" award that was voted on by his peers. In 2005, Scott was promoted to Minor League Rehab Coordinator. In that role and for the next 17 years, Scott focused on working with the major league rehab players as well as supervised the minor league athletic trainers and helped manage the health and wellness of the 8 minor league teams. Scott is a native to Colorado, loves all the outdoor activities the state has to offer, and is always planning international travel.

Organizational Athletic Trainers & Performance Staff

Albuquerque Isotopes (AAA)

Hoshito Mizutani.....hoshito.mizutani@rockies.com541.908.2936

Kota Omizu.....kota.omizu@rockies.com515.708.7633

Hartford Yard Goats (AA)

Justin Wilsonjustin.wilson@rockies.com321.394.1298

Spokane Indians (High-A)

Toshi Nagaharatoshiaki.nagahara@rockies.com870.219.5020

Fresno Rockies (A)

Luke Schroeringluke.schroering.com812.786.3700

Arizona Rockies (Short-Season A)

Lee Slaglelee.slagle@rockies.com334.313.7670

Dominican Rockies Short-Season A)

TBD.....

Major League Strength and Conditioning Coordinator

Gabe Bauergabe.bauer@rockies.com608.469.4682

Athletic Trainers' History

HEAD ATHLETIC TRAINER

Keith Dugger2004 - Present

Thomas Probst1999 - 2004

Dave Cilladi1993 - 1998

ASSISTANT ATHLETIC TRAINER

Heath Townsend2021 - Present

Andy Stover.....2022 - Present

Scott Murayama2022 - Present

Scott Gehret2004 - 2021

Keith Dugger1998 - 2004

Thomas Probst1993 - 1998



Los Angeles Dodgers

Thomas ALBERT

Head Athletic Trainer



Upper Iowa University (B.S.)
A.T. Still University (D.P.T.)
Years in MLB: 10

Thomas Albert returns in his eleventh season with the Los Angeles Dodgers. This is his fifth year as the Head Athletic Trainer. He was honored to participate on the medical staff as the Head Athletic Trainer host for the All Star Game in 2022. He was the Medical/Rehabilitation Coordinator for the Cleveland Indians for 4 years. He is a member of the Professional Baseball Physical Therapy Society and an active board member for the Educational Committee. A native of Burlington, IA, Thomas earned his Doctorate degree in Physical Therapy from A.T. Still University. He earned a Bachelor's degree in Athletic Training, Sports Science, and Fitness from Upper Iowa University. He is certified in Spinal Manipulation and Dry Needling through the American Academy of Manipulative Therapy. He is certified as a Corrective Exercise Specialist and Performance Enhancement Specialist and Sports Nutrition Coach through the National Academy of Sports Medicine. He is also a Certified Strength and Conditioning Specialist through the National Strength and Conditioning Association. Thomas is a member of the National Athletic Training Association. He is also a member of the Orthopedic and Sports Sections of the American Physical Therapy Association. Thomas resides in Diamond Bar, CA with his wife Mandi and three daughters Chloe (17), Adelyn (14) and Juliet (11).

Yosuke NAKAJIMA

Assistant Athletic Trainer



Chuo University, Tokyo Japan (B.S.)
Long Beach State University (M.A.)
Years in MLB: 12

Yosuke "Possum" Nakajima enters his 24th season with the Dodgers' medical staff. Nakajima worked for 10 seasons as a minor league athletic trainer and spent 3 seasons as the athletic trainer with AAA club in Albuquerque before joining major league club. Nakajima began his career with the Dodgers as an athletic training intern (2003 and 2004 seasons). Nakajima earned his master's degree from Long Beach State in 2005. Prior to his time with the Dodger organization, Nakajima worked for the Long Beach State Baseball program as an equipment manager. A native of Yokohama, Japan, Nakajima attended Chuo University where he earned his bachelor's degree in Physics. He lives in Long Beach, CA with his wife Mimi, who is a professor at Long Beach State, and his two sons, Mario and George.

Greg BARAJAS

Assistant Athletic Trainer



Metropolitan State University of Denver (B.S.)
University of Northern Colorado (M.A.)
Years in MLB: 12

Greg Barajas is entering his 13th season at the Major League level and his fifth with the Los Angeles Dodgers. An Arizona native, he grew up in the Phoenix area and earned his undergraduate degree from Metropolitan State University of Denver before completing his graduate studies at the University of Northern Colorado. Barajas has spent 13 seasons in Minor League Baseball with the Boston Red Sox and Milwaukee Brewers organizations and was promoted to the Red Sox Major League staff as an Assistant Athletic Trainer in 2010. He later joined the Washington Nationals Baseball Club in 2016, where he was part of the club's 2019 World Series championship team. Throughout his Major League career, Barajas has been a member of four World Series championship teams, winning titles with the Boston Red Sox organization in 2007, the Washington Nationals in 2019, and the Los Angeles Dodgers in 2024 and 2025. He and his wife Heather, along with their two children, Ava and Zachary, reside in Phoenix, Arizona, during the offseason.

Ron PORTERFIELD

Sr. Advisor, Medical



New Mexico State University (B.S.)
Years in MLB: 23

Ron Porterfield, 61, is entering his 9th year with the Los Angeles Dodgers after serving the previous twelve years as the Head Athletic Trainer for the Tampa Bay Rays, and three years as the Assistant Athletic Trainer before that. He is also the past president of PBATS. Prior to his move to the Major Leagues, Porterfield spent 15 years in the Minor Leagues. From 1988 to 1996, he worked his way through the ranks of the Houston Astros organization. In 1997, Porterfield was hired by the Tampa Bay Rays to serve as their Minor League medical and rehabilitation coordinator until he was promoted to the Major League club. A Santa Fe, N.M., native, Porterfield is a certified member of the NATA. In 2013 was honored to work the Major League All Star Game in New York. In 2009, Porterfield shared honors with Paul Harker and Nick Paparesta as "Major League Athletic Training Staff of the Year. In 2005, Porterfield shared honors with Ken Crenshaw as "Major League Athletic Training Staff of the Year." Porterfield and his wife Barbara of 34 years live in Peoria, AZ.

Dodger Stadium

1000 Elysian Park Avenue | Los Angeles, CA 90012 | 323.224.1500

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Athletic Trainers' History**HEAD ATHLETIC TRAINER**

Thomas Albert.....2022 - Present

Neil Rampe2016 - 2021

Stan Conte.....2014 - 2015

Sue Falsone2012 - 2013

Stan Conte.....2007 - 2011

Stan Johnston2000 - 2006

Charlie Strasser.....1996 - 1999

Bill Buhler1961 - 1995

ASSISTANT ATHLETIC TRAINER

Greg Barajas2024 - Present

Yosuke Nakajima2015 - Present

Nathan Lucero.....2022 - 2024

Thomas Albert2016 - 2021

Andrew Hauser2019 - 2021

Nathan Lucero.....2016 - 2018

Nancy Patterson2011 - 2015

Greg Harrel2012 - 2014

Todd Tomczyk2007 - 2011



Corey S. TREMBLE

Director, Medical Operations

Florida Southern College (B.S.)
Florida International University (DAT)
Years in MLB: 2



Corey begins his second year with the Miami Marlins overseeing the organization's Sports Medicine Department as the Director of Medical Operations. Prior to joining the Marlins, Tremble spent 17 years with the Detroit Tigers as both a minor league athletic trainer and the Minor League Medical Coordinator and one season as the Director of Minor League Medical Operations for the Texas Rangers. After completing his undergraduate degree at Florida Southern College and a graduate assistantship at the University of South Florida, Tremble began his journey in professional baseball. The New Jersey native completed his Doctor of Athletic Training degree at Florida International University in 2024 with an emphasis on Academic and Entrepreneurial Leadership. His passion for advocacy of the profession has earned him back-to-back PBATS Medical Coordinator of the Year Awards, the Professional Sports Athletic Trainer of the Year Award from the Athletic Training Association of Florida, and the Detroit Tigers Player Development Person of the Year Award (Dwight Lowry Award). On the field, he had the honor of being named to the staff of the 2021 and 2023 MLB All-Star Futures Games. Tremble served as the Chair of the National Athletic Trainers' Association Cannabis-Related Resources for the Athletic Trainer Task Force, is a member of the MLB/PBATS Electronic Medical Records Committee, and heads various PBATS initiatives. Tremble resides in Michigan with his wife, Joanna.

LJ PETRA

Head Athletic Trainer

University of Connecticut (B.S.)
Australian Catholic University (M.S.)
Years in MLB: 7



L.J. enters his second season as the Head Athletic Trainer for the Marlins, having previously spent five years as the Assistant ATC with the San Francisco Giants. Prior to the Major Leagues, L.J. was the Minor League Medical Coordinator for the Giants from 2018 to 2020 and worked as a Minor League ATC from 2009-2017. He also has experience with Latin American baseball, serving as the Head of Health and Safety Protocols for the Liga de Beisbol Dominicano during the 2020 winter league, and was the Head Athletic Trainer for Tiburones de la Guaira of the Venezuelan Winter League in 2013. Prior to the Giants, L.J. worked with the Baltimore Orioles organization as the Head Strength and Conditioning Coach for the Bowie Baysox from 2007-2008. He has enjoyed speaking engagements with the San Francisco Giants Sports Medicine Conference, Sacramento State University, the University of Connecticut, Sacred Heart University, the California Physical Therapy Association, and the California Concussion Institute. L.J. received his Bachelor's degree in Sports Medicine from the University of Connecticut in 2004 and in 2024 received his Master's Degree in High Performance Sports from Australian Catholic University. L.J. also holds certifications with the National Strength and Conditioning Association and the National Academy of Sports Medicine. L.J. resides in Greenville, SC with his wife Carly and their two children; Ellie (12) and Austin (9).

Brad LAROSA

Assistant Athletic Trainer

Southern Illinois University Edwardsville (B.S., M.S.)
Years in MLB: 6



Brad is entering his second season with the Miami Marlins as an assistant athletic trainer, after spending two seasons in the same role with the Oakland Athletics. Prior to this role, LaRosa spent the 2022 season with the El Paso Chihuahuas (Triple A - San Diego), 2020-2021 seasons as the Assistant Athletic Trainer with the Miami Marlins, 2008-2019 with the Oakland A's in Triple A (Sacramento/Nashville/Las Vegas), 2006-2008 with the St. Louis Cardinals in Double A (Springfield) and 2003-2004 with the Florida Marlins (Carolina/Jupiter). LaRosa was honored by his peers as Athletic Trainer of the Year (2006, 2007 Texas League) (PCL 2012, 2016 and 2019) and was chosen as the Minor League Athletic Trainer of the Year in 2007. In his spare-time he enjoys waterfowl hunting, golf and spending time with his family. LaRosa holds a Bachelor of Science in Kinesiology and received his Master of Science in Education in Kinesiology from Southern Illinois University Edwardsville. He is a certified member of the National Athletic Trainers' Association (NATA) and Licensed in the state of Illinois. LaRosa makes his off-season home in Illinois with his wife Denise and their two daughters: Lydia and Emma.

Jose ALVAREZ

Assistant Athletic Trainer

Arizona State University (B.S.)
Bridgewater State University (M.S.)
Years in MLB: 3



José is in his third year as a MLB Asst. Athletic Trainer and his eighth year with the Marlins organization. He served as the Marlins' Minor League Medical Coordinator and spent four years as the Latin America Medical Coordinator. Before joining the Marlins, José worked with the St. Louis Cardinals as the Minor League Assistant Rehab Coordinator and spent four years as the Latin America Medical Coordinator for the Chicago Cubs. In addition to his work in Major League Baseball, José currently serves as the Director of the Sports Medicine Department for Tigres del Licey in the Dominican Winter League (LiDOM). His extensive winter ball experience spans 14 seasons across Mexico, Venezuela, and the Dominican Republic which has resulted in being named an athletic trainer for Team DR during the 2026 World Baseball Classic. José began as an intern with Boston Red Sox, working with their DSL and Short Season teams as part of the PBATS program. Prior to that, he interned with the Wareham Gatemen in the Cape Cod Baseball League, contributing to the team's 2012 championship season. A native of Phoenix, Arizona, José earned his bachelor's degree from ASU and his master's degree from Bridgewater State Univ. He resides in the Dominican Republic with his wife, Genesis, and their three children: Nomar, Phoenix, and Neymar.

loanDepot Park

501 Marlins Way | Miami, FL 33125 | 305.480.1300

Dru SCOTT

Assistant Athletic Trainer

Manchester (IN) College (B.S.)
 Hardin-Simmons University (M.S.)
 Years in MLB: 2



Dru is entering his 2nd season with the Miami Marlins after spending 16 seasons with the Pirates organization. Spent the 2024 season as the Major League/Minor League Medical Specialist, prior to that role, spent the 4 previous seasons (2020-2023) as the Minor League Athletic Training Coordinator. He has also spent 3 seasons (2017-2019) with AAA Indianapolis, 2 seasons (2015-2016) with AA Altoona Curve after working 3 seasons (2012-2014) with the A+ Bradenton Marauders. Scott also spent 2 seasons (2010-2011) with A affiliate West Virginia after beginning his baseball career in 2009 with the Gulf Coast League Pirates in Bradenton, FL. Prior to joining the Pirates, Scott spent 2 years (2007 & 2008) working for Unity Sports Medicine, which covers West Lafayette High School. Scott received a degree in Athletic Training from Manchester (IN) College in 2007 and is certified by the National Academy of Sports Medicine (NASM) as a Corrective Exercise Specialist (CES) and Performance Enhancement Specialist (PES). He is also a certified USA Weightlifting Level 1 coach. He recently graduated in 2023 from Hardin-Simmons University with a Masters in Kinesiology. He and his wife, Mandy, reside in Fort Wayne, Indiana.

Victor SCARPONE

Assistant Athletic Trainer

University of Kansas (BS)
 Years in MLB: 2



Victor, 31, a Chicagoland native, enters his second season as Assistant Athletic Trainer with the Marlins. He previously held the position of the Minor League Medical Coordinator for the Los Angeles Dodgers (2021-2024). Prior to that he was an Assistant Athletic Trainer in AAA with the Dodgers. He started his professional career with the Atlanta Braves (2016-2018) where he served as an affiliate athletic trainer. He was first introduced to professional baseball in between semesters in college, serving a summer internship with the Arizona Diamondbacks organization in 2015. He earned his bachelor's degree in athletic training from the University of Kansas and is a part of the National Athletic Trainers Association (NATA) and the National Strength and Conditioning Association (NSCA). He resides in Phoenix, Arizona with his wife Nicole and baby Juliana, enjoying all things active and comedy.

Organizational Athletic Trainers & Performance Staff**Major League Physical Therapist**

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Athletic Trainers' History**HEAD ATHLETIC TRAINER**

LJ Petra2025 - Present
 Lee Meyer2022 - 2024
 Gene Basham2020 - 2021
 Dustin Luepker2016 - 2019
 Sean Cunningham2002 - 2016
 Larry Starr1993 - 2001

ASSISTANT ATHLETIC TRAINER

Brad LaRosa2025 - Present
 Dru Scott2025 - Present
 Victor Scarpone2025 - Present
 Jose Alvarez2024 - Present
 Eric Reigelsberger2024
 Rick Lembo2022 - 2024
 Ben Potenziano2022 - 2023
 Brad LaRosa2020 - 2021
 Chris Mudd2020 - 2021
 Gene Basham2016 - 2019
 Mike Kozak2002 - 2019
 Dustin Luepker2012 - 2015
 Kevin Rand1993 - 2001



Brad EPSTEIN

Head Athletic Trainer

Baldwin-Wallace University (B.A.)
Columbia University (DPT)
Years in MLB: 6



Brad enters his second season as Head Athletic Trainer with the Milwaukee Brewers. He was previously (2023-24) the Major League rehab coordinator/physical therapist with the Tampa Bay Rays. He worked 13 seasons (2010-22) for the Cincinnati Reds as organizational rehab coordinator and physical therapist (2010-2016), director of physical therapy/rehab (2017-21) and director of rehab and Major League assistant athletic trainer (2022). Brad also served as head athletic trainer for Team Israel in the 2023 World Baseball Classic as well as for Team Czech Republic during the 2017 WBC Qualifier. Brad served two terms as president (2021-2025) of the Professional Baseball Physical Therapy Society (PBPTS) which he was a founding member when it was established in 2017. He is dually credentialed, earning his Bachelor of Arts from Baldwin-Wallace University (2005) in Berea, Ohio and his Doctor of Physical Therapy from Columbia University (2009) in New York City. Brad and his wife, Randi, reside in Cincinnati, Ohio, with their son Parker and dog Doctor Dreidel.

Lee MEYER

Assistant Athletic Trainer

University of Wisconsin – Stevens Point (B.S.)
University of Minnesota State – Mankato (M.S.)
Years in MLB: 7

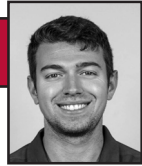


Lee enters his second season as Assistant Athletic Trainer with the Brewers. He spent the 2022-2024 seasons as Head Athletic Trainer with the Miami Marlins. He previously spent 5 seasons with the Houston Astros organization, including 2019-21 as Major League Assistant Athletic Trainer. He is a Certified Strength and Conditioning Specialist, a Licensed Athletic Trainer, and a Certified Athletic Trainer. Meyer joined the Astros organization in 2017 following seven seasons with the New York Yankees as an athletic trainer in the club's Minor League system. Lee also spent three off seasons as the Head Athletic Trainer for the Cardenales de Lara in the Venezuelan Winter League from 2014-16. Prior to landing a full-time position with the Yankees, Meyer held internships with the Colorado Rockies and Pittsburgh Pirates, as well as the Indianapolis Colts of the NFL and Walt Disney World. Lee enjoys the outdoors spending time hunting and fishing as well as exercising. He completed IRONMAN Louisville in 2016 and, along with his wife, has raised thousands of dollars in purpose of philanthropy work across the country and world. Lee resides in Coleman, WI with his wife, Claudia and two children Larry and Amelia.

Nick JENSEN

Assistant Athletic Trainer

East Carolina University (B.S.)
University of Delaware (M.S.)
Years in MLB: 1



Nick enters his 2nd year as the Major League Assistant Athletic Trainer with the Milwaukee Brewers. He joined the club in 2019 as the Minor League Medical Coordinator (2019-2023), before becoming the Director of Player Health (2024), during which he was part of the 2024 Minor League Athletic Training Staff of the Year. He previously spent four seasons in the Atlanta Braves organization for the GCL Braves (2016), Low-A Affiliate Rome Braves (2017), and the AAA-Affiliate Gwinnett Stripers (2018-2019). Nick has spent time with Team China for the World Baseball Classic Qualifier (2025) and previously completed several baseball internships: Somerset Patriots, Trenton Thunder, Akron RubberDucks, and the Wilmington Blue Rocks. He completed his undergraduate degree at East Carolina University and his Master of Sports Medicine at the University of Delaware. Nick resides in Phoenix, Arizona with his wife Krystal, and son, Jack.

American Family Field

One Brewers Way | Milwaukee, WI 53214 | 414.902.4400

Bryn HESTER

Assistant Athletic Trainer, Physical Therapist

Harding University (BS, DPT)

Years in MLB: 2



Bryn enters his third season as an Assistant Athletic Trainer/Physical Therapist with the Milwaukee Brewers. He joined the organization as a Minor League Physical Therapist/Athletic Trainer in 2021 and was promoted to Coordinator of Rehabilitation in 2022. Before working in baseball, Bryn worked as a dual credentialed clinician for the University of Missouri Therapy Services. He earned bachelor's degrees in athletic training and cognitive neuroscience, as well as a doctorate in physical therapy from Harding University. Bryn and his wife, Karlee, reside in Nashville, Michigan with their daughter Kristi Anne.

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Athletic Trainers' History**HEAD ATHLETIC TRAINER**

Brad Epstein	2025 - Present
Scott Barringer.....	2019 - 2024
Dan Wright.....	2012 - 2018
Roger Caplinger.....	2002 - 2011
John Adam.....	1984 - 2001
Fred Frederico.....	1981 - 1983

ASSISTANT ATHLETIC TRAINER

Nick Jensen.....	2025 - Present
Lee Meyer.....	2024 - Present
Bryn Hester.....	2024 - Present
David Yeager.....	2012 - 2024
Theresa Lau.....	2021 - 2024
Rafael Freitas.....	2016 - 2020
Kevan Creighton.....	2014 - 2016
Dan Wright.....	2002 - 2011
Paul Anderson.....	2003 - 2005
Roger Caplinger.....	1998 - 2001



Brian CHICKLO

Director of Player Health and Medical Services

Shenandoah University (B.S.)
University of Nevada, Las Vegas (M.S.)
Years in MLB: 15



Brian Chicklo, 54, enters his fifth season as the Director of Player Health and Medical Services with the New York Mets after spending 4 seasons as the head athletic trainer. Chicklo spent a total of 13 seasons as a minor league athletic trainer in the New York Mets system as well. Chicklo began his career in professional baseball in 1999 as the athletic trainer for the Pittsfield Mets, in Pittsfield, MA. Brian progressed through the minor leagues working 10 seasons in AAA and 1 season (2011) as the minor league athletic training coordinator. Chicklo, a native of Winchester, VA now resides in Lancaster, S.C. with his wife and two children.

Joseph GOLIA

Head Athletic Trainer

West Virginia Wesleyan College (B.S.)
The Citadel (M.Ed.)
Years in MLB: 9



Joseph Golia, 48, enters his fifth season as the head athletic trainer with the New York Mets after spending the 4 seasons as the assistant athletic trainer. Prior to joining the major league medical staff, Golia held the position of Minor League Medical Coordinator in 2017. Joseph began his professional baseball career with the New York Mets in 2005 and served as the athletic trainer for the Brooklyn (A) affiliate of the New York- Penn League. Golia went on to spend the 2006-2010 seasons with the AA affiliate in Binghamton, NY of the Eastern League and the 2011-2015 seasons with the AAA affiliate (s) in Buffalo, NY of the International League and Las Vegas, NV of the Pacific Coast League. Joseph is a native of Wappinger Falls, NY and now resides in Charleston, SC with his wife and two children.

Bryan BACA

Assistant Athletic Trainer

New Mexico State University (B.S.)
Years in MLB: 5



Bryan Baca, 45, enters his fifth season as the Assistant Athletic Trainer with the New York Mets. Prior to joining the Mets, Baca spent 15 seasons as a Minor League Athletic Trainer in the Houston Astros system including spending the last 5 seasons, 2017-2021, as the Minor League Medical Coordinator. Bryan began his career in professional baseball in 2007 as the athletic trainer for the Greeneville Astros and progressed through the minor leagues spending the 2008-2010 seasons in Tri-City, NY of the New York Penn League, 2011-2012 in Lancaster, CA of the California League, 2013-2014 in Corpus Christi, TX of the Texas League, and 2015-2016 in Fresno, CA of the Pacific Coast League. Baca is a native of Santa Fe, NM and currently resides in Long Island, NY

Citi Field

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Athletic Trainers' History**HEAD ATHLETIC TRAINER**

Joseph Golia2022 - Present

Brian Chicklo2018 - 2021

Ray Ramirez2005 - 2017

Scott Lawrenson2002 - 2004

Fred Hina.....1995 - 2001

Steve Garland1984 - 1994

Larry Mayol1981 - 1983

Tom McKenna1970 - 1980, 1981 - 2006 (Trainer Emeritus)

Gus Mauch1962 - 1969

ASSISTANT ATHLETIC TRAINER

Bryan Baca2022 - Present

Joseph Golia2018 - 2021

Justin Podell2019 - 2020

Brian Chicklo2012 - 2018

Mike Herbst2002 - 2011

Scott Lawrenson1997 - 2001

Sam McCrary.....1992 - 1996

Bob Sikes1985 - 1991

Paul Grayner.....1984

Steve Garland.....1983

Paul Weiner1981 - 1982

Larry Mayol1979 - 1980

Joe Deere1964 - 1978

Lynn Lischer1962 - 1963



Paul BUCHHEIT

Director of Medical Services/Head Athletic Trainer

Buena Vista University (B.A.)
University of Northern Iowa (M.S.)
Years in MLB: 11



Paul is the Director of Medical Services & Head Athletic Trainer for the Philadelphia Phillies where he spent the previous six years serving as their head athletic trainer. He previously served as an assistant athletic trainer for the Boston Red Sox from 2016-2019. Prior to being an assistant athletic trainer, Paul spent 10 years in the Boston Red Sox minor league system. He held the position of athletic training / medical coordinator from 2012-2015 and prior to that he spent six years as a head athletic trainer at the minor league affiliates. Paul is a native of Sioux City, IA where he became interested in professional baseball as an athletic training intern with the Sioux City Explorers, an independent league baseball team. Paul is a certified athletic trainer and a certified strength and conditioning specialist.

Joe RAUCH

Assistant Athletic Trainer, Physical Therapist

University of Pittsburgh (B.S.)
Widener University (DPT)
Years in MLB: 7



Joe Rauch is entering his fifth season as the 1st Assistant Athletic Trainer with the Philadelphia Phillies. He previously served as the Major League Physical Therapist with the team. Joe joined the Phillies in January of 2015 as Minor League Athletic Training and Rehabilitation Coordinator. Prior to being hired, he worked for NovaCare Rehabilitation in the Philadelphia market and was the physical therapist for LaSalle University Athletics. He spent the previous 5 years at the University of Cincinnati, most recently as the Head Athletic Trainer for the Athletics Department and Coordinator of Rehabilitation for the Bearcats Football, Basketball and Baseball teams. Joe is a 2005 graduate from the University of Pittsburgh with a BS in Rehabilitation Science and a concentration in Athletic Training. In 2009, he received his DPT from Widener University in Chester, PA. He completed the NovaCare/University of Cincinnati Sports Physical Therapy Residency Program in 2010. In 2014, Joe became a Board-Certified Clinical Specialist in Sports Physical Therapy. Born in Columbus, Ohio, Joe currently resides in Tampa, Florida with his wife Sarah and daughter Cora.

Christian BERMUDEZ

Assistant Athletic Trainer

University of South Florida (B.S.)
Years in MLB: 4



Christian Bermúdez enters his fifth season as the assistant athletic trainer for the Philadelphia Phillies. This is his 14th season in professional baseball. He spent 8 years with the Houston Astros organization and is currently in his 6th year with the Philadelphia Phillies organization. Before making it to the big leagues, Christian has had the privilege to work in all levels of minor league baseball; DSL, GCL, Single-A, Double A and AAA. Born in San Juan, Puerto Rico, Christian graduated from the University of South Florida in 2012 with a bachelor's degree in athletic training.

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Major League Director of Strength, Conditioning & Nutrition

Morgan Gregory

Major League Strength & Conditioning Coach

Furey Leva

Athletic Trainers' History

HEAD ATHLETIC TRAINER

Paul Buchheit2020 - Present

Scott Sheridan2007 - 2019

Jeff Cooper1981 - 2006

Don Seger1969 - 1980

Joe Liscio.....1963 - 1968

Frank Wiechec.....1948 - 1962

Dusty Cooke1945 - 1947

Leo Miller1941 - 1944

ASSISTANT ATHLETIC TRAINER

Joe Rauch2022 - Present

Christian Bermudez.....2022 - Present

Aaron Hoback2020 - 2022

Shawn Fcasni2012 - 2021

Chris Mudd2015 - 2019

Dong Lien2008 - 2013

Mark Andersen.....1986 - 2011

John Fiero1984 - 1985

Jeff Cooper1976 - 1980

P

Pittsburgh Pirates

Todd TOMCZYK

Senior Director of Sports Medicine



Duquesne University (B.S.)
 California University of Pennsylvania (M.S.)
 Years in MLB: 20

Todd has 20 years of MLB experience across 28 seasons in professional baseball. He enters his 15th season with the Pittsburgh Pirates after previously serving as Director of Sports Medicine and Head Athletic Trainer and spending five years as Assistant Athletic Trainer with the Los Angeles Dodgers. Prior to MLB, he spent eight years in the Cleveland Guardians minor-league system, including roles with Triple-A Buffalo (2005–06), Double-A Akron (2002–04), and rehabilitation coordinator (2001–02). His honors include the 2019 MLB All-Star Game athletic trainer, World Baseball Classic assignments with Team South Africa (2006) and Team Italy (2026), Arizona Fall League (2003), PBATS MLB Athletic Training Staff of the Year (2014), and the 2024 Pro Baseball Chiropractic Society Visionary Award. A Certified Strength & Conditioning Specialist (CSCS), NASM-PES, adjunct faculty member at Duquesne University, and Mental Health First Aid instructor. He resides in Pittsburgh with his wife Colleen and their two daughters.

Luke NOVOSEL

Head Athletic Trainer



University of Pittsburgh (BS, DPT)
 Boston University (MS)
 Years in MLB: 2

Luke Novosel, 33, is entering his first season as Head Athletic Trainer with the Pittsburgh Pirates after serving as the club's Major League Assistant Athletic Trainer/Physical Therapist in 2025. He previously spent four seasons (2021–24) with the New York Mets as a Physical Therapist in Port St. Lucie, FL. A Pittsburgh native, Luke earned his B.S. in Exercise Science (2014) and Doctorate in Physical Therapy (2018) from the University of Pittsburgh, where he was a Division I baseball athlete. He completed a sports physical therapy residency at Houston Methodist (2019) and later earned a master's degree in athletic training from Boston University (2021). He is a Certified Strength and Conditioning Specialist and a board-certified Sports Clinical Specialist, with additional certifications in Active Release Technique, Fascial Manipulation, spinal and extremity manipulation, and dry needling. He resides in Pittsburgh with his wife, Maggie, and their daughter, Halle.

Joel HARRIS

Associate Head Athletic Trainer



Endicott College (BS)
 University of Kentucky (MS)
 Years in MLB: 1

Joel Harris, 34, is in his first season as Associate Head Athletic Trainer with the Pittsburgh Pirates. He spent the previous ten seasons with the Boston Red Sox organization in a variety of roles. Most recently, he served as the Minor League Rehab Specialist in 2025 after three seasons (2022–24) as Minor League Athletic Training Coordinator. He began his professional career with the Red Sox as Assistant Athletic Trainer with Lowell in the New York–Penn League in 2016 before serving as Head Athletic Trainer from 2017–18. In 2019, he earned selection to work with the Peoria Javelinas of the Arizona Fall League. A native of South Stratford, Vermont, Harris earned his bachelor's degree in athletic training from Endicott College in 2013 and his master's degree, with a specialization in athletic training, from the University of Kentucky in 2016. He and his wife, Leah, have one son, Cooper.

Tyler BROOKS

Assistant Athletic Trainer



Messiah University (BA)
 American Public University (MS)
 Years in MLB: 1

Tyler Brooks, 33, is in his first season as Assistant Athletic Trainer with the Pittsburgh Pirates, 11th season with the organization. Spent 2025 as Minor League Athletic Training Coordinator and 2022–24 seasons in AAA. In 2022, Tyler was selected to Team Argentina for the WBC Qualifiers. Spent 2021 with AA Altoona and worked with the Peoria Javelinas during the Arizona Fall League. In 2019, served the West Virginia Black Bears and the Gigantes del Cibao in the Dominican Winter League. Named Appalachian League Athletic Trainer of the Year with the Bristol Pirates in 2018 and spent two years (2016–17) working at the Pirates Dominican Academy. In 2015 before joining the Pirates, Tyler worked as an intern with the Boston Red Sox, also in the Dominican Republic. Born and raised in Jonestown, PA, he currently resides in Bradenton, FL with his wife, Katelynn.

Koji TANAKA

Assistant Athletic Trainer/Massage Therapist



Messiah University (BA)
 American Public University (MS)
 Years in MLB: 1

Koji Tanaka is in his second season as the Massage Therapist with the Pirates. He spent the previous 8 seasons with the Marlins, serving as an interpreter for pitcher Junichi Tazawa in 2017–18 before assuming the role of Massage Therapist in 2019. He also spent two seasons (2019–20) as the Bullpen Catcher. Prior to joining the Marlins, Koji spent two years (2013–14) as a Massage Therapist and AT for LPGA golfer Chie Arimura. Tanaka received his degree in Kinesiology and Certified Athletic Training from Long Beach State in 2008. A native of Japan, Koji currently resides in Los Angeles, CA, with his wife Noriko and their three children: daughters Riko (7) and Miko (2) and son Koki (4).

Organizational Athletic Trainers & Performance Staff

Special Assistant, Performance & Acquisition

AJ Patrickaj.patrick@pirates.com.....412.389.9636

Sr. Coordinator of Amateur Draft/Minor League Medical Services

Carl Randolphcarl.randolph@pirates.com412.337.5869

Minor League Athletic Training Coordinator

Victor Silvavictor.silva@pirates.com978.375.7481

Indianapolis Indians (AAA)

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Greensboro Grasshoppers (A)

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Bradenton Marauders (A)

Wilson Boadawilson.boada@pirates.com787.613.0282

Kinley Farriesterkinley.farriester@pirates.com479.249.7252

Florida Complex League (Rookie)

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Samantha Nassiefsamantha.nassief@pirates.com.....661.309.5662

Dominican Summer League

Alex Menaalex.mena@pirates.com708.606.5074

Christian Torreschristian.torres@pirates.com787.901.4032

Daniel Jerezdaniel.jerez@pirates.com.....809.761.1360

Senior Rehab Coordinator

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Lead Minor League Physical Therapist

Brian Pigue.....brian.pigue@pirates.com501.837.1011

Minor League Physical Therapist

Jason Chengjason.cheng@pirates.com480.492.2544

Sr. Coordinator, Strength & Conditioning

Cory Cookcory.cook@pirates.com614.571.8166

Coordinator, Strength & Conditioning & International Performance

Orlando Cranceorlando.crance@pirates.com646.245.1602

Athletic Trainers' History

HEAD ATHLETIC TRAINER

Luke Novosel2026 - Present

Joel Harris (Associate)2026 - Present

Rafael Freitas2021 - 2025

Bryan Housand2018 - 2020

Todd Tomczyk2012 - 2018

Brad Henderson.....2003 - 2011

Kent Biggerstaff.....1986 - 2002

Tony Bartirome1967 - 1985

ASSISTANT ATHLETIC TRAINER

Tyler Brooks2026 - Present

Koji Tanaka2025 - Present

Luke Novosel2025

Tony Leo2021 - 2025

Ben Potenziano.....2012 - 2020

Otis Fitzgerald2016 - 2020

Jeremiah Randall.....2013 - 2016

Erwin Valencia.....2006 - 2012

Mike Sandoval2001 - 2011

Mark Rogow2001 - 2005

Kent Biggerstaff.....1982-1985



St. Louis Cardinals

Adam OLSEN

Director of Medical Services, Head Athletic Trainer

Auburn University (B.S.)
University of Wisconsin - Madison (M.P.T.)
Years in MLB: 17



Adam continues his role as Director, Medical Services and Head Athletic Trainer for the St. Louis Cardinals, following completion of six seasons as their Assistant Athletic Trainer/Physical Therapist. Prior to his time in St. Louis, he served for four seasons as the Medical/Rehab Coordinator for the Cardinals out of their Spring Training Complex in Jupiter, Florida. Olsen is a native of Green Bay, Wisconsin and is a graduate of Auburn University where he earned his Athletic Training Certification. Olsen worked as an athletic trainer for Disney's Wide World of Sports and Wildwood High School in the Orlando area before returning to school for his Master's in Physical Therapy from The University of Wisconsin – Madison. Following graduation, Olsen completed a post-professional Sports Physical Therapy Fellowship at Champion Sports Medicine and the American Sports Medicine Institute (ASMI) under the direction of Dr. James Andrews and Kevin E. Wilk in Birmingham, Alabama. Olsen and his wife, Amy, reside in St. Louis with their daughters, Annabelle Frances and Piper James, and their dog August, bunny Caper, and fish Peppia.

Chris CONROY

Assistant Athletic Trainer

College of Charleston (B.S.)
Years in MLB: 15



Chris is entering his fifteenth season with the St Louis Cardinals major league staff, after thirteen years in their minor league system. Chris spent time with five different affiliates, including the Memphis Redbirds, where he spent seven seasons. Along with being a certified athletic trainer, he is a certified strength and conditioning specialist, a performance enhancement specialist, a corrective exercise specialist, and is currently working on his certification in performance and sport science and various manual therapy based treatment paradigms. Born an Irish citizen, Chris was naturalized as a United States Citizen on July 3, 2010. He and his wife Kristi, and two daughters Madelyn, and Cecelia reside in Kirkwood, Mo.

Dan MARTIN

Assistant Athletic Trainer

Central Methodist University (B.S.)
Years in MLB: 1



Dan enters his first year with the major league staff in St. Louis. He has worked for 14 years in the Cardinals Minor Leagues. During his time in the minor leagues, he served as the athletic trainer in Short Season Rookie- Johnson City Cardinals (2012), Short Season A- State College Spikes (2013-2015), Low A- Peoria Chiefs (2016-2018), and Triple A Memphis Redbirds (2019-2025). He resides with his wife Katrina and their two kids Meagan and Ryan in Reedsville, PA.

Keith JOYNT

Assistant Athletic Trainer

Central Michigan University (B.S.)
Years in MLB: 5



Keith remains with the St. Louis Cardinals major league staff, a position he began during the 2022 season. Joining the organization in 2007, he has also been the Medical Coordinator for Player Development, Assistant Rehabilitation Coordinator, a minor league affiliate athletic trainer, and also the Strength and Conditioning Coordinator. Prior to joining the club, he was the Head ATC with the Detroit Ignition of the Major Indoor Soccer League. Keith and his family reside in St. Louis.

Busch Stadium

700 Clark St. | St. Louis, MO 63102 | 314.345.9600

Organizational Athletic Trainers & Performance Staff**Medical Coordinator**

Chris Whitmancwhitman@cardinals.com267.825.1863

Assistant Medical Coordinator

Nick Coberlyncoberly@cardinals.com937.489.0113

Memphis Redbirds (AAA)

Alex Wolfingerawolfinger@cardinals.com609.571.2999

Riku Shibatarshibata@cardinals.com903.422.0370

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Kily Gilbertkgilbert@cardinals.com541.643.5759

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FCL Cardinals (Rookie)

Trista Hartmanthartman@cardinals.com574.540.8580

Yoko Sakuraiysakurai@cardinals.com808-386-0382

DSL Cardinals (Rookie)

Connor Greavescgreaves@cardinals.com573.356.1855

Athletic Trainers' History**HEAD ATHLETIC TRAINER**

Adam Olsen2016 - Present

Greg Hauck2011 - 2015

Barry Weinberg1998 - 2010

Gene Gieselmann1969 - 1997

Bob Bauman1956 - 1968

Harrison "Buck" Weaver1927 - 1955

Kirby Samuels.....1926

ASSISTANT ATHLETIC TRAINER

Dan Martin.....2026 - Present

Keith Joynt2022 - Present

Chris Conroy2012 - Present

Jeremy Clipperton2016 - 2021

Adam Olsen.....2010 - 2015

Barry Weinberg2011

Mark O'Neal.....2003 - 2004

Brad Henderson1988 - 2002

Bob Bauman1954 - 1955



Mark ROGOW

Head Athletic Trainer

University of Florida (B.S.)
Years in MLB: 16



Mark Rogow, 56, enters his eleventh season with the Padres as their Head Athletic Trainer. Mark joined the Padres after five years with the U.S. Dept. of Defense, serving as Sports Medicine Program Manager for Naval Special Warfare (Navy SEALs) Group 1 - NAB Coronado. Prior to working for the D.O.D., Mark spent 20 years working in professional baseball. He was the Minor League Medical Coordinator for the New York Mets for five seasons (2006-10) and prior to the Mets, he worked for the Pittsburgh Pirates organization from 1991-2005. He was the Pirates' Major League Assistant Athletic Trainer and Assistant Strength and Conditioning Coordinator for five seasons (2001-05) and in 2002 he and the Pirates' Major League Athletic Training Staff were voted by their peers as Major League Athletic Training Staff of the Year. Prior to being with the major league club he served as their Minor League Athletic Training/Rehab/Strength and Conditioning Coordinator for four seasons (1997-2000). He also served as their athletic trainer for the Carolina Mudcats (1996), Bradenton Pirates (1991-95) and in the offseason worked as an athletic trainer for the Chandler Diamondbacks (1994) in the Arizona Fall League and with the Honolulu Sharks (1996) of the Hawaiian Winter League. Mark graduated from the University of Florida with a Bachelor of Science degree in Exercise and Sport Sciences. Mark resides in Carlsbad, CA with his wife, Cheryl, and their three children, Spencer, Preston and Hayden.

Ricky HUERTA

Assistant Athletic Trainer

University of LaVerne (B.S.)
Years in MLB: 7



Ricky Huerta, 40, enters his seventh season as an Assistant Athletic Trainer and his 16th season with the Padres. While working in the minor leagues he was chosen as one of the Arizona Fall League Athletic Trainers in 2012 and 2016. In 2018 Ricky was voted by his peers as Athletic Trainer of the Year for the California League. Ricky resides in San Diego, CA with his wife, Brittany, and their son Jayden, and daughters Juliana and Jaylynn.

Maritza CASTRO

Assistant Athletic Trainer

San Diego State University (B.S.)
San Jose State University (M.A.)
Years in MLB: 3



Maritza Castro enters her third season as Assistant Athletic Trainer, having spent the previous 12 seasons working at different levels throughout the Padres minor league system. Since 2015, she has also served as an athletic trainer in the Dominican Winter League, all with the Leones del Escogido. Castro was named PBATS Athletic Trainer of the Year for the Dominican Summer League (2015) and the California League (2022), as well as being named an athletic trainer for Team Mexico in the WBC (2023). Maritza received her Bachelor of Science degree in Kinesiology / Athletic Training at San Diego State University and earned her Master of Arts degree in Kinesiology / Athletic Training at San Jose State University. She currently resides in Coachella, CA.

Petco Park

100 Park Blvd. | San Diego, CA 92101 | 619.795.5000

Organizational Athletic Trainers & Performance Staff**Major League Physical Therapists**

Scott Hacker	559.859.8677
Taylor McWilliams	763.516.7889

Minor League Athletic Training Coordinator

Josean Prieto	623.412.4013
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Coordinator, Medical Administration

JoJo Tarantino	619.997.0955
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Minor League Physical Therapists

Bennett Tabaracci	406.546.0668
D'Mitri Washington	623.217.8299

El Paso Chihuahuas (AAA)

Carlos Olivas	505.681.9004
Micah Gerhart	267.733.3219

San Antonio Missions (AA)

Juan Pena	580.665.9999
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Ft. Wayne TinCaps (A+)

Yuki Matsuzawa	209.355.7620
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Lake Elsinore Storm (A-)

Edmundo Fernandez	626.466.7613
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Peoria Padres (Rookie)

Jake Arnold	623.210.2024
Olivia Gingrich	717.682.4567
Lenny Roman	201.208.1722

DSL Padres

Tomoki Hyodo	903.422.1277
Jairo Garcia (Asst.)	829.562.6360
Jeysis Amador (Physiotherapist)	849.250.1449

Minor League Strength and Conditioning

Dwayne Peterson	859.620.8616
Garrett Kelly	361.945.2121

Major League Strength and Conditioning Coaches

Jay Young	330.858.1477
Ryo Naito	541.908.2642

Athletic Trainers' History**HEAD ATHLETIC TRAINER**

Mark Rogow	2016 - Present
Todd Hutcheson	1998 - 2015
Larry Duensing	1993 - 1997
Bob Day	1991 - 1992
Dick Dent	1975 - 1990
John "Doc" Mattei	1969 - 1974

ASSISTANT ATHLETIC TRAINER

Maritza Castro	2024 - Present
Ricky Huerta	2020 - Present
Ben Fraser	2020 - 2025
Kevin Pillifant	2019 - 2020
Michael Salazar	2019
Will Sinon	2015 - 2018
Paul Navarro	2006 - 2018
Jim Daniel	1998 - 2005
Bill Henry	2003
Todd Hutcheson	1991 - 1997



San Francisco Giants

David GROESCHNER

Vice President, Medical & Performance

University of South Carolina (B.S.)

Years in MLB: 27



Dave begins his 1st season as Vice President of Medical and Performance, and 30th season overall with the Giants. Serving as Senior Director of Athletic Training from 2018 -2025, Dave was also the Head Athletic Trainer for 11 seasons from 2007- 2017. Groeschner spent the 2005 and 2006 seasons as the Giants Assistant Athletic Trainer in his second stint with the Giants after having spent the 2004 season as the Head Athletic Trainer for the Chicago Cubs. Groeschner previously spent four seasons in a dual role as the Assistant Athletic Trainer and strength and conditioning coordinator for the Major League club. He served as Athletic Trainer for the triple-A Fresno Grizzlies during the 1999 season, after logging two years at single-A San Jose and one campaign at rookie-league Bellingham. Groeschner served as the Giants Minor League Medical Coordinator during the 2000 and 2001 seasons. Dave served as Athletic Trainer for the 2007 All Star Game in San Francisco. He earned a Bachelor's degree in physical education from the University of South Carolina. Served as athletic trainer for Team Netherlands during the WBC in 2017 and 2023.

Anthony REYES

Head Athletic Trainer

San Jose State University (B.S.)

Years in MLB: 15



Anthony begins his 8th season as head athletic trainer for the Giants, 15th season overall with the major league club. He served six seasons as Assistant Athletic Trainer. Reyes previously spent four seasons as the athletic trainer for the triple-A Fresno Grizzlies (2008-2011). He also spent two seasons (2006-07) with double-A Connecticut and worked with the Arizona Rookie team in 2005 after completing an internship for the Major League club in 2004. He earned a Bachelor's degree in Kinesiology from San Jose State University in 2004. In 2023, Reyes served as one of the athletic trainers for the National League at the All-Star Game in Seattle. Reyes is certified by the National Athletic Trainers' Association and holds a certification with the National Strength and Conditioning Association.

Ryo WATANABE

Assistant Athletic Trainer

San Jose State University (B.S)

Years in MLB: 2



Ryo enters his second season as the Major League Assistant Athletic Trainer for the Giants. He served as the Minor League Medical Coordinator from 2020 to 2024. Ryo previously spent two seasons (2018-2019) as the Athletic Trainer for single-A San Jose Giants. During the 2018 winter season, he worked as the Athletic Trainer for Aguilas del Zulia of the Venezuelan Baseball League. In 2017, he worked as the Athletic Trainer for Chiba Lotte Marines (NPB). Ryo spent three seasons (2014-2016) with the rookie-league Salem-Keizer of the Giants and one season (2013) with the rookie-league Arizona of the Giants. Ryo earned a Bachelor's degree in Kinesiology from San Jose State University in 2010. Ryo resides in Scottsdale, Arizona.

A7&7 Park

24 Willie Mays Plaza | San Francisco, CA 94104 | 415.972.1631

Organizational Athletic Trainers & Performance Staff**Minor League Medical Director**

Dustin Luepker832.317.2093

Medical Coordinator

Matt Morell831.236.5101

Latin America Medical Director

Gabe Garcia619.972.1660

Latin America Medical Coordinator

Jordan Light360.773.0106

Sacramento Rivercats (AAA)

David Getsoff415.793.8247

Brian Reinker415.828.5243

Richmond Flying Squirrels (AA)

Tim Vigue480.990.3341

Eugene Emeralds (A)

Joe Holstedt402.806.1344

San Jose Giants (A)

Kenta Miyazaki838.839.1051

Arizona League Giants

Keinoshin Toyota415.996.4207

Chris Gorosics206.949.2382

Dominican Summer League

Ximena Iniguez415.767.6073

Tilly DeLeon415.767.6087

Athletic Trainers' History**HEAD ATHLETIC TRAINER**

Anthony Reyes2018 - Present

David Groeschner2007 - 2018

Stan Conte2000 - 2006

Mark Letendre1986 - 1999

Perry Archibald1981 - 1985

Joe Liscio1975 - 1980

Leo Hughes1966 - 1974

Frank Bowman1958 - 1965

ASSISTANT ATHLETIC TRAINER

Ryo Watanabe2024 - Present

L.J. Petra2020 - 2024

Eric Ortega2014 - 2019

Anthony Reyes2013 - 2017

Mark Gruesbeck2004, 2007 - 2013

Ben Potenziano2004 - 2011

David Groeschner2002 - 2003, 2005 - 2006

Barney Nugent1993 - 1998, 2000 - 2003

Stan Conte1999

Greg Lynn1986 - 1992

Gary Iacini1981 - 1985



Dale GILBERT

Athletic Trainer



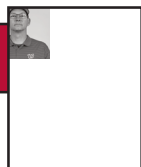
Arizona State University (B.S.)

Years in MLB: 11

Dale enters his 11th season with the Washington Nationals as an Athletic Trainer. He spent the previous five seasons from 2011-2015 with the Texas Rangers holding the positions as Medical Coordinator and Rehabilitation Coordinator (2011). Prior to that, he spent eight seasons from 2003-2014 with the Kansas City Royals serving several capacities and holding the positions of medical coordinator, rehabilitation coordinator, and athletic trainer. He began his baseball career with the Arizona Diamondbacks organization as an athletic trainer from 1997-2002. During his career he has worked in the Winter Baseball Leagues in Venezuela and Mexico, the Arizona Fall League, and Team USA. Gilbert graduated from Arizona State University with a degree in Exercise Science/Physical Education with a minor in Spanish. He resides in Burke, Virginia with his wife, Susan, and daughter, Kiley.

Jon KOTREDES

Assistant Athletic Trainer



University of Maine (B.S.)

Years in MLB: 5

Jon Kotredes is entering his fifth year with the major league team, and 17th year overall with the Washington Nationals organization. Most recently as the Minor League Medical Coordinator for the past seven years. Prior to working with the Washington Nationals, Jon spent three years with the San Francisco Giants organization as a minor league athletic trainer. During his career he has served as an athletic trainer in the Puerto Rican winter league, and was the Team USA Athletic trainer for the 2018 MLB Futures game. Jon attended the University of Maine where he graduated with a degree of Kinesiology and Physical Education. A native of Bangor, Maine Jon and his wife Meghan, son Connor and daughter Danielle reside in Lake Worth, Florida.

Eric MONTAGUE

Assistant Athletic Trainer



Mississippi State University (B.S.)

Years in MLB: 1

Eric Montague is entering his First year with the major league team, and Fourteenth year overall with the Washington Nationals organization. Most recently as the AAA Head Athletic Trainer for the past eighth years. Prior to working with the Washington Nationals, Eric spent eleven years with the Houston Astros organization and three years with the NY Mets as a minor league athletic trainer. During his career he has served as an athletic trainer in the Arizona Fall league in 2005 & 2011, and was the Assistant Athletic Trainer Team Italy for the 2006 World Baseball Classic. Eric attended Mississippi State University where he graduated with a degree in Fitness Management. He resides in Vaiden, Mississippi.

Nationals Park

1500 South Capitol Street SE | Washington, DC 20003 | 202.640.7000

Organizational Athletic Trainers & Performance Staff**Medical & Rehabilitation Coordinator**

Toby Williamstoby.williams@nationals.com404.547.7484

Assistant Medical/Rehab Coordinator

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Rochester Red Wings (AAA)

Donald Neidigdon.neidig@nationals.com202.302.4084

Vanessa Weisbachvanessa.weisbach@nationals.com570.877.0949

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Brooke Boggsbrooke.boggs@nationals.com262.370.9950

Wilmington Blue Rocks (A)

Jacob MeyerJacob.meyer@nationals.com219.455.8585

Brandon Harristbrandon.harrist@nationals.com979.422.1246

Fredericksburg Nationals (A)

Nitfrancis Marreronitfrancis.marrero@nationals.com561.412.9573

Florida Complex League (Rookie)

TBD

Dominican Summer League (Rookie)

Manny Mooremanny.moore@nationals.com202.384.2168

Nationals Minor League PT/ATC

J.R. Woodjr.wood@nationals.com757.470.1447

Latin American Coordinator

Isaac Adornettoisaac.adornetto@nationals.com806.280.0717

Athletic Trainers' History**HEAD ATHLETIC TRAINER**

Dale Gilbert2016 - Present

Lee Kuntz2007 - 2015

Tim Abraham2004 - 2006

Ron McClain1980 - 2004

Yvan Belanger1975 - 1979

Joe Liscio1969 - 1974

ASSISTANT ATHLETIC TRAINER

Eric Montague2026 - Present

Jon Kotredes2022 - Present

Dale Gilbert2016 - 2022

Greg Barajas2016 - 2021

Steve Gober2013 - 2015

Mike McGowan2005 - 2012

Tim Abraham2004

John Adam2002 - 2003

Kevin Rand2002

Mike Kozak1981 - 2001

Paul Gauvreau1980

Rene Lavigueur1975 - 1979



Major League Baseball Umpires

Scott SHERIDAN

Director of Sports Medicine & Performance

West Chester University (B.S., ATC)
Neumann University (M.S., P.T.)



Scott was hired December 16, 2019, by the Office of the Commissioner as Director of Sports Medicine and Performance in the Umpire Administration Department. Scott was previously employed by the Philadelphia Phillies for 17 years. For the Phillies he served the Head Athletic Trainer (2006-2019) and Coordinator of Rehabilitation and Minor League Athletic Trainers (2003-2006). A graduate of West Chester University and Neumann University, Scott earned his bachelor's degree in athletic training from West Chester in 1991 and a master's degree in physical therapy from Neumann in 1998 and is a certified member of the National Athletic Trainers Association (1991) and American Physical Therapy Association (1998). In 2005, he attained certified strength and conditioning credentials from the National Strength and Conditioning Association. Before joining the Phillies, Scott worked 11 years as a staff physical therapist/athletic trainer at Chester County Orthopedic and Sports Physical Therapy (Physiotherapy Associates) in West Chester, PA and served as adjunct faculty at Neumann for three years. Scott served on the Professional Baseball Athletic Trainers Society (PBATS) Executive Board as National League Representative for the 2018-2019 season. In addition, has served on the Electronic Medical Records Committee (2014-present) and Medical Advisory Committee (2008- present).

Shawn FCASNI

Manager of Sports Medicine & Performance

West Chester University (B.S.)
Nova Southeastern University (M.H.Sc.)



Prior to being hired by MLB's Umpiring Department as Manager of Sports Medicine and Performance, Shawn Fcasni was part of the Philadelphia Phillies' Major League Athletic Training Staff for 11 years (2011 to 2021) and spent 18 total years in the organization. Prior to serving on the Major League staff, Shawn spent four years (2008-11) as the Phillies' Minor League Conditioning Coordinator and Minor League Athletic Training and Rehabilitation Coordinator. He also worked as the Athletic Trainer for the Phillies' Minor League affiliates in Ottawa (AAA, 2007), Reading (AA, 2006), as well as the Peoria Saguaros in the 2006 Arizona Fall League. Shawn began his Phillies' career as an athletic training intern, first with the Phillies in 2001 and then the Gulf Coast League Phillies in 2002. Shawn earned his Bachelor's degree in Athletic Training from West Chester University and his Master's degree from Nova Southeastern University. He holds certifications as a Certified Strength and Conditioning Specialist (National Strength and Conditioning Association), Performance Enhancement Specialist, and a Corrective Exercise Specialist (National Academy of Sports Medicine).

Conditioning Coordinators & Coaches

American League

Baltimore Orioles	Ryan Driscoll
Boston Red Sox.....	Nick Schedd, Joe Hudson, Matt Jones
Chicago White Sox	Brad Lawson & Alex Tavarez
Cleveland Guardians	Joe Kessler
Detroit Tigers	Aaron Spano
Houston Astros	Stephanie Grubbs
Kansas City Royals	Luis Perez
Los Angeles Angels	Dylan Cintula
Minnesota Twins	Ian Kadish
New York Yankees	Brett McCabe
Athletics	Terranc Brannic
Seattle Mariners	Matt Rutledge
Tampa Bay Rays	Brian King
Texas Rangers	Logan Frandsen
Toronto Blue Jays	™ Chris Joyner

National League

Arizona Diamondbacks	Nate Shaw
Atlanta Braves	Bradford Scott
Chicago Cubs.....	Blaine Kinsley
Cincinnati Reds	Rob Fumagalli & Aaron Reis
Colorado Rockies	Gabe Bauer
Los Angeles Dodgers	Brian Stoneberg & Dan Byrne
Miami Marlins	Daniel Vega
Milwaukee Brewers	Josh Seligman
New York Mets	Dustin Clarke
Philadelphia Phillies	Morgan Gregory & Furey Leva
Pittsburgh Pirates	Carlo Alvarez
St. Louis Cardinals	Lance Thomason
San Diego Padres	Jay Young & Ryo Naito
San Francisco Giants	™ Andy King
Washington Nationals	Tony Rogowski

ATC: Athletic Trainer Certified



Professional
Baseball
Athletic Trainers
Society®

Medical Terms
Anatomical Charts
Glossary



GLOSSARY OF MEDICAL TERMS

ATC Athletic Trainer Certified; athletic trainers with this designation have passed the certification exam administered by the National Athletic Trainers Association (NATA).

AC Joint Acromioclavicular joint; joint of the shoulder where the acromion process of the scapula and the distal end of the clavicle meet; most shoulder separations occur at this point.

Abduct Movement of any extremity away from the midline of the body. This action is achieved by an abductor muscle.

Abrasion Any injury that rubs off the surface of the skin.

Abscess An infection that produces pus; can be the result of a blister, callus, penetrating wound or laceration.

Adduct Movement of an extremity toward the midline of the body. This action is achieved by an adductor muscle.

Adhesion Abnormal adherence of collagen fibers to surrounding structures during immobilization following trauma or as a complication of surgery that restricts normal elasticity of the structures involved.

Aerobic Exercise in which energy needed is supplied by oxygen inspired and is required for sustained periods of vigorous exercise with a continually high pulse rate.

Anabolic Steroids Steroids that promote tissue growth by creating protein in an attempt to enhance muscle growth. The main anabolic steroid is testosterone (male sex hormone).

Anaerobic Exercise without the use of oxygen as an energy source; short bursts of vigorous exercise.

Anaphylactic Shock Shock that is caused by an allergic reaction.

Anterior In front of; the front surface of.

Anterior Compartment Syndrome Condition in which swelling within the anterior compartment of the lower leg jeopardizes the viability of muscles, nerves and arteries that serve the foot. In severe cases, emergency surgery is necessary to relieve the swelling and pressure.

Anterior Cruciate Ligament (ACL) A primary stabilizing ligament within the center of the knee joint that prevents hyperextension and excessive rotation of the joint. A complete tear of the ACL necessitating reconstruction could require up to 12 months of rehabilitation.

Anterior Talofibular Ligament A ligament of the ankle that connects the fibula (lateral ankle bone) to the talus. This ligament is often times subject to sprain.

Anti-Inflammatory Any agent that prevents inflammation, such as aspirin or ibuprofen.

Arteriogram A film demonstrating arteries after injection of a dye.

Arthrogram X-ray technique for joints using air and/or dye injected into the affected area; useful in diagnosing meniscus tears of the knee and rotator cuff tears of the shoulder.

Arthroscope An instrument used to visualize the interior of a joint cavity.

Arthroscopy A surgical examination of the internal structures of a joint by means of viewing through an arthroscope. An arthroscopic procedure can be used to remove or repair damaged tissue or as a diagnostic procedure in order to inspect the extent of any damage or confirm a diagnosis.

Aspiration The withdrawal of fluid from a body cavity by means of a suction or siphonage apparatus, such as a syringe.

Asymptomatic Without symptoms.

- Atrophy** To shrivel or shrink from disuse, as in muscular atrophy.
- Avascular Necrosis** Death of a part due to lack of circulation.
- Avascularity** When controlling bleeding.
- Avulsion** The tearing away, forcibly, of a part or structure.
- Axilla** The armpit.
- Bakers Cyst** Localized swelling of a bursa sac in the posterior knee as a result of fluid that has escaped from the knee capsule. A Bakers cyst indicates that there is a trauma inside the knee joint that leads to excessive fluid production.
- Bennetts Fracture** A fracture and dislocation of the base of the first metacarpal, the thumb.
- Blowout Fracture** A fracture of the cavity containing the eyeball and its associated muscles that can be a result of a direct blow to the eye or cheek.
- Bone Scan** An imaging procedure in which a radioactive-labeled substance is injected into the body to determine the status of a bony injury. If the radioactive substance is taken up by the bone at the injury site, the injury will show as a hot spot on the scan image. The bone scan is particularly useful in the diagnosis of stress fractures.
- Brachial Plexus** Network of nerves originating from the cervical vertebrae and running down to the shoulder, arm, hand and fingers.
- Bruise** A discoloration of the skin due to an extravasation of blood into the underlying tissues.
- Bursa** A fluid-filled sac that is located in areas where friction is likely to occur, this minimizes the friction; for example, between a tendon and bone.
- CPR** Cardiopulmonary Resuscitation; artificial establishment of circulation of blood and movement of air into the lungs in a pulseless, non-breathing person.
- Calcaneofibular Ligament** The ligament that connects the fibula to the calcaneous.
- Calf** Large muscle located at the back of the shin that includes the gastrocnemius and the soleus muscles and is connected to the heel by the Achilles tendon. This is responsible for foot plantar flexion and is instrumental in jumping.
- Capsule** An enclosing structure that surrounds the joint and contains ligaments that stabilize that joint.
- Cartilage** Smooth, slippery substance preventing two ends of bones from rubbing together and grating.
- Cellulitis** Inflammation of cellular or connective tissue.
- Cervical Vertebrae** Group of seven vertebrae located in the neck.
- Chondral Fracture** Fracture to the chondral (cartilaginous) surfaces of bone.
- Chondromalacia** Roughening of the articular cartilage. Best known for the roughening of the underside of the patella, which can occur in any patellofemoral injury.
- Clavicle** The collar bone.
- Coccyx** The tail bone; a group of four vertebrae that are fused together, located at the terminal end of the spine.
- Cold Pack** A pack of natural or synthetic ice that is applied to any injury in order to minimize blood flow in the area to control the injury.
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Collagen Substance Existing in commonly injured tissues of the body, including skin, cartilage, ligaments and bone.

Collateral Ligament On either side of, and acting as a radius of movement of, a hinge joint, as of the elbow, knee and wrist.

Colles Fracture A fracture of the distal end of the radius with the lower end being displaced backward.

Computed Tomography (CT) Method of visualizing the body's soft tissues. Using X-rays with the beam passing repeatedly through the body part, the CT scans while a computer calculates tissue absorption at each point scanned.

Concentric Muscle Contraction A shortening of the muscle as it develops tension and contracts to move a resistance.

Concussion Jarring injury of the brain resulting in dysfunction. It can be graded as mild, moderate or severe depending on loss of consciousness, amnesia and loss of equilibrium.

Congenital Existing before birth; to be born with.

Conjunctivitis Inflammation of the membrane lining the eyelids and covering the eyeball.

Connective Tissue Theory Microscopic tissue trauma, thought to be brought on by explosive or ballistic movements.

Contractures Abnormal, usually permanent contraction of a muscle due to atrophy of muscle fibers, extensive scar tissue over a joint, or other factors.

Contusion An injury to a muscle and tissues caused by a blow from a blunt object.

Cortical Steroids Used to suppress joint inflammation.

Costochondral Cartilage that separates the bones within the rib cage.

CPM Constant passive motion devices used in the early stage of rehabilitation.

Cranium Bony framework of the head consisting of eight cranial bones, 14 bones of the face and the teeth.

Cryokinetics Treatment with cold and movement.

Cryotherapy A treatment with use of cold.

CT Scan Computerized axial tomography (also referred to as a CAT Scan) offers axial visualization of bone, muscle, and fat tissue with the same limitations of radiograms. Bone visualization is usually excellent and soft tissue structures less so. A recent advance of CT scanning allows for coronal and sagittal reconstruction of the body part imaged. CT scanning performed in conjunction with an arthrogram enhances the sensitivity of the scan by showing the leakage of dye outside the joint capsule. This is helpful in the diagnosis of ligament injuries around the joint. In addition it is used to detect intra-articular loose bodies.

Cyst Abnormal sac containing liquid or semi-solid matter.

Debridement Removal of non-healthy tissues and foreign material from a wound or burn to prevent infection and permit healing.

Degenerative Joint Disease Changes in the joint surfaces as a result of repetitive trauma.

Dehydration Loss of body water.

Deltoid Ligament Ligament that connects the tibia to bones of the medial aspect of the foot and is primarily responsible for stability of the ankle on the medial side. The Deltoid Ligament is sprained less frequently than other ankle ligaments.

Deltoid Muscle Muscles at top of the arm, just below the shoulder, responsible for shoulder motions to the front, side and back.

Disc, Intervertebral A flat, rounded plate between each vertebrae of the spine. The disc consists of a thick fiber ring that surrounds

a soft gel-like interior. It functions as a cushion and shock absorber for the spinal column.

Dislocation Complete displacement of joint surfaces.

Distal Term referencing one anatomical term away from another; for example, the hand is distal to the elbow.

Dorsiflexion Ankle motion such that the foot and toes are moved away from the ground in an upward fashion.

Dorsum The back; the back surface of any part.

Dysfunction Unable to function normally as a body organ or system.

Eccentric Muscle Contraction An overall lengthening of the muscle as it develops tension and contracts to control motion performed by an outside force; often times referred to as a negative contraction in weight training.

Eccymosis Bleeding into the surface tissue below the skin, resulting in a black and blue effect.

Ectomy Suffix connoting surgical removal of the affected part (e.g., appendectomy).

Edema Accumulation of fluid in organs and tissues of the body; swelling.

Efferent Away from, pushing toward the center.

Effusion Accumulation of fluid, or the fluid itself, in various spaces in the body. Commonly, the knee has an effusion after an injury.

Electrical Galvanic Stimulation (EGS) An electrical therapeutic modality that sends a current to the body at select voltages and frequencies in order to stimulate pain receptors, disperse edema, or neutralize muscle spasms among other functional applications.

Electrolyte Ionized salts in blood, tissue fluids and cells, including salts of sodium, potassium and chlorine.

Electrolyte Drink Fluid for replacing electrolytes, such as Gatorade[®] Thirst Quencher.

Electromyogram (EMG) Test to determine nerve function.

Epicondylitis Inflammation in the elbow due to overuse.

Ethyl Chloride Cold spray, a chemical coolant sprayed onto an injury site to produce a local, mild anesthesia.

Etiology Study of the causes of injury and disease.

Eversion Action of the ankle turning outward.

Extension Action of straightening of a joint as achieved by an extensor muscle.

External Rotation Lateral movement of a joint or extremity to the outside.

Extrinsic From without.

Fascia A connective tissue sheath consisting of fibrous tissue and fat that unites the skin to the underlying tissue.

Fat Percentage The amount of body weight that is adipose, fat tissue. Fat percentages can be calculated by underwater weighing, measuring select skin fold thickness, or by analyzing electrical impedance.

Femur Thigh bone; longest bone in the body.

Fibula Smaller of the two bones in the lower leg; runs from knee to ankle along the outside of the lower leg.

Flexibility The ability of muscle to relax and yield to stretch forces.

Flexibility Exercise General term used to describe exercise performed by a player to passively or actively elongate soft tissue without the assistance of an athletic trainer.

Flexion Motion of bending a joint as achieved by a flexor muscle.

- Fracture** Breach in continuity of a bone. Types of fractures include simple, compound, comminuted, greenstick, incomplete, impacted, longitudinal, oblique, stress, or transverse.
- Gadolinium MRI** The chemical gadolinium is injected into the joint being studied so as to enhance the diagnosis image of the structure under investigation.
- Gamekeepers Thumb** Tear of the ulnar collateral ligament of the metacarpophalangeal joint of the thumb.
- Glenohumeral** The shoulder girdle; consists of the glenoid capsule, head of the humerus and labrum. The type of joint that allows 360-degree motion, a ball and socket joint.
- Glenoid** Cavity of the scapula into which the head of the humerus fits to form the shoulder girdle.
- Glycogen** Form in which foods are stored in the body as energy.
- Grade One Injury** A mild injury in which ligament, tendon, or other musculoskeletal tissue may have been stretched or contused, but not torn or otherwise disrupted.
- Grade Two Injury** A moderate injury in which musculoskeletal tissue has been partially but not totally torn, which causes appreciable limitation in function of the injured tissue.
- Grade Three Injury** A severe injury in which tissue has been significantly, and in some cases, totally torn or otherwise disrupted causing a virtual total loss of function.
- Groin** Junction of the thigh and abdomen; location of muscles that rotate, flex and adduct the hip.
- Hammer Toe** Condition when the first digit of a toe is at a different angle than the remaining digits of the same toe.
- Hamstring** Category of muscle that runs from the buttocks to the knee along the back of the thigh. It functions to flex the knee, and is oft times injured as a result of improper conditioning or lack of muscle flexibility.
- Heat Cramps** Painful muscle spasms of the arms or legs caused by excessive body heat and depletion of fluids and electrolytes.
- Heat Exhaustion** Mild form of shock due to dehydration because of excessive sweating when exposed to heat and humidity.
- Heat Stroke** Condition of rapidly rising internal body temperature that overwhelms the bodys mechanisms for release of heat and could result in death if not cared for appropriately.
- Heel Cup** Orthotic device that is inserted into the shoe and worn under the heel to give support to the Achilles tendon and help absorb impacts at the heel.
- Hemarthrosis** Accumulation of blood within a joint as a result of an acute injury.
- Hematoma** Tumor-like mass produced by an accumulation of coagulated blood in a cavity.
- Hip Pointer** Contusion to the iliac crest.
- Hot Pack** Chemical pack that rests in water, is approximately 160 degrees, and retains its heat for 15 to 20 minutes when placed in a towel for general therapeutic application.
- Humerus** Bone of the upper arm that runs from the shoulder to the elbow.
- Hyaline Cartilage** Most common type of cartilage.
- Hydrotherapy** Treatment using water.
- Hyperextension** Extreme extension of a limb or body part.
- Ice Massage** A block of ice formed into a paper cup rubbed on an injury in a massaging action to achieve a level of numbness.
- Iliac Crest** Lateral edge of the hip; generally the site of a hip pointer.
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- Illiotal Band** A thick, wide fascial layer that runs from the iliac crest to the knee joint and is occasionally inflamed as a result of excessive running.
- Impingement Syndrome** Pinching together of the supraspinatus muscle and other soft tissue in the shoulder. The most common (throwing) arm injury, which represents many pathologies and generally involves supraspinatus overuse.
- Induced Erythrocythemia** Blood doping.
- Inferior** Anatomically beneath, lower, or toward the bottom.
- Inflammation** The bodys natural response to injury in which the injury site might display various degrees of pain, swelling, heat, redness and/or loss of function.
- Intermittent Compression Pump** Therapeutic modality that uses an air pump to send air into a sleeve worn over an injury, on an intermittent basis, in order to disperse edema and break up swelling at the injury.
- Internal Rotation** Rotation of a joint or extremity medially, to the inside.
- Interosseus Membrane** Uniting membrane between the tibia and fibula that forms a collagenous fibrous tissue. It has two functions: to serve as an origin for many of the muscles of the lower leg, and to transmit stress from the tibia to the fibula.
- Intrinsic** Inherent or inside.
- Iontophoresis** The use of constant direct current to drive heavy metal ions into and through the skin.
- Isokinetic Exercise** Form of active resistive exercise in which the speed of limb movement is controlled by a pre-set limiting machine, such as Cybex or Biodex.
- Isometric Contraction** Muscular contraction in which tension is developed but no mechanical work is done. There is no appreciable joint movement and the overall length of the muscle stays the same.
- Isotonic Contraction** A concentric or eccentric muscular contraction that results in movement of a joint or body part, as in lifting a weight.
- Itis** Suffix connoting inflammation (e.g., tendinitis, bursitis).
- Joint Mobilization** Passive traction and/or gliding movements applied to joint surfaces that maintain or restore the joint play normally allowed by the capsule, so that the normal roll-slide joint mechanisms can occur as the player moves.
- Labrum (Labrum Glenoidule)** The cartilage of the glenoid cavity in the shoulder. A lip-edge or lip-like structure.
- Lateral** To the outside of the body.
- Lateral Collateral Ligament (LCL)** Ligament of the knee along the lateral aspect that connects the femur to the fibula. It provides lateral stability to the joint.
- Lesion** Wound, injury or tumor.
- Ligament** Band of fibrous tissue that connects bone to bone or bone to cartilage and supports and strengthens joints.
- Lumbar Vertebrae** Five vertebrae of the lower back that articulate with the sacrum to form the lumbosacral joint.
- Lumbosacral** Region of lower back comprised of lumbar and sacral spine.
- Magnetic Resonance Imaging (MRI)** Imaging procedure in which a radio frequency pulse causes certain electrical elements of the injured tissue to react to this pulse and through this process a computer display and permanent film establish a visual image. MRI does not require radiation and is very useful in the
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diagnosis of soft tissue, disc and meniscus injuries.

Malleolus Rounded projection on either side of the ankle joint; the lateral malleolus is the fibula and the medial malleolus is the tibia.

Mallet Finger Injury of the finger tip in which the extension tendon is avulsed off the distal phalanx.

Manipulation A passive movement using physiological or accessory motion that may be applied with a thrust or when the player is under anesthesia.

Maximal Aerobic Power (MAX VO 2) The maximal volume of oxygen consumed per unit of time.

Medial To the inside of the body.

Medial Collateral Ligament (MCL) Ligament of knee along the medial aspect that connects the femur to the joint.

Meniscectomy An intra-articular surgical procedure of the knee by which all or part of the damaged meniscus is removed.

Meniscus Crescent-shaped cartilage, usually pertaining to the knee joint; also known as cartilage. There are two menisci in the knee, medial and lateral. These work to absorb weight within the knee and provide stability.

Metacarpals Five long bones of the hand, running from the wrist to the fingers.

Metatarsals Five long bones of the foot, running from the ankle to the toes.

Morbidity An illness or abnormal condition or quality.

Mortons Neuroma Involves the nerves and is usually the result of a trauma to the foot, causing inflammation and sharp pain, usually between the third and fourth toes.

Mortons Toe A hereditary condition in which the second toe is longer than the first toe. This can cause mechanical imbalances that produce pain with weight bearing.

MRI Arthrogram An arthrogram used in conjunction with an MRI scan which enhances the ability to detect ligament and capsular injuries around the joint.

Myositis Inflammation of a muscle.

Myositis Ossificans Traumatica A benign ossification, usually following severe trauma to a large muscle mass.

NATA National Athletic Trainers Association. The certifying and governing body of the Athletic Training profession.

Necrotic Relating to death of a portion of tissue.

Neoprene Lightweight rubber used in joint and muscle sleeves designed to provide support and/or insulation to the area.

Neuritis Inflammation of a nerve.

Olecranon Process Bony projection of the ulna at the tip of the elbow.

One Repetition Maximum The maximum amount of weight that can be lifted by the player in a particular exercise at one time. This is used as a strength testing technique.

Orthotic Any device applied to or around the body in the care of physical impairment or disability, commonly used to control foot mechanics.

Osteochondritis Deseicans A piece of bone and/or cartilage loosened from its attachment after trauma and a cause of a lesion.

Overuse Syndrome A result of repetitive stress to body structures.

Osteomyelitis An inflammatory disease of bone caused usually by infection with streptococcus or staphylococcus.

- Parasthesia** Sensation of numbness or tingling, indicating nerve irritation.
- Patella** The kneecap. The patella functions to protect the distal end of the femur as well as increase the mechanical advantage and force-generating capacities of the quadriceps muscle group.
- Patella Tendinitis** Inflammation of the patellar ligament; also known as jumpers knee.
- Patellofemoral Joint** Articulation of the kneecap and femur. Inflammation of this joint can occur through: 1) acute injury to the patella, 2) overuse from excessive running, particularly if there is an associated knee weakness, 3) chronic wear and tear of the knee, and 4) as a result of poor foot mechanics. Patellofemoral irritation can lead to chondromalacia, which, in its most chronic condition, could require surgery.
- Pathology** Study of the nature and cause of injury.
- PBATS** Professional Baseball Athletic Trainers Society; the governing body of athletic trainers in professional baseball.
- Pectorals** Chest muscles beneath breast that lead up to the shoulder.
- Peroneal Muscles** Group of muscles of the lateral lower leg that are responsible for everting the ankle. Tendons of these three muscles are vital to the stability of the ankle and foot.
- Phalanx** Any bone of the fingers or toes; plural is phalanges.
- Phlebitis** Inflammation of a vein.
- Phonophoresis** The technique of driving whole molecules of medication with ultrasound.
- Plantar** Pertaining to the sole of the foot.
- Plantar Fascia** The tight band of muscle beneath the arch of the foot.
- Plantar Fasciitis** Inflammation of the plantar fascia; associated with overuse of acute foot injury.
- Plantarflexion** Ankle motion such that the toes are pointed toward the ground.
- Plica** Fold of tissue in the joint capsule and a common result of knee injury.
- Posterior** At the back part, or rear of the body.
- Posterior Cruciate Ligament (PCL)** A primary stabilizing ligament of the knee that provides significant stability and prevents displacement of the tibia backward within the knee joint. A complete tear of this ligament necessitating reconstruction could require up to 12 months of rehabilitation.
- Progressive Resistance Exercise (PRE)** An approach to exercise whereby the load or resistance to the muscle is applied by some mechanical means and is quantitatively and progressively increased over time.
- Pronation** In the foot, it is a combination of motions resulting in a position such that the foot is abducted and everted. Foot pronation can be a by-product of an arch problem, leg length discrepancy, or chronically bad running mechanics; can be compromised with the use of an orthotic. In the hand, pronation is movement of the forearm into a palm down position.
- Proprioceptive Neuromuscular Facilitation (PNF)** An approach to therapeutic exercise based on the principles of functional human anatomy and neurophysiology.
- Proximal** Near the source, closer to the point being described. The elbow is proximal to the hand.
- Q-Angle** Normal angle of quadriceps relative to the patella. The normal angle for males is 10 degrees.
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- Quadriceps Quads** A group of four muscles of the front thigh that run from the hip and form a common tendon at the patella; they are responsible for knee extension.
- Radiography** Taking of X-rays.
- Radius** Forearm bone on the thumb side.
- Reconstruction** Surgical rebuilding of a joint using natural, artificial or transplanted materials.
- Referred Pain** Pain felt in an undamaged area of the body away from the actual injury.
- Resect** To cut off, or cut out, a portion of a structure or organ.
- Retraction** The moving of tissue to expose a part or structure of the body.
- Rotator Cuff** Comprised of four muscles in the shoulder area that can be irritated by overuse. The muscles are the supraspinatus (most commonly injured), infraspinatus, teres minor and subscapularis.
- Rotator Cuff Impingement Syndrome** A microtrauma or overuse injury caused by stress. The four stages are: 1) tendonitis with temporary thickening of the bursa and rotator cuff, 2) fiber dissociation in the tendon with permanent thickening of the bursa and scar formation, 3) A partial rotator cuff tear of less than 1 cm, and 4) a complete tear of 1 cm or more.
- SC Joint** Sternoclavicular joint; articulation of the collarbone with the sternum.
- Sacroiliac** Junction of the sacrum with the hip bone.
- Sacrum** Group of five fused vertebrae located just below the lumbar vertebrae of the low back.
- Scapula** Shoulder blade.
- Sciatica** Irritation of the sciatic nerve resulting in pain or tingling running down the inside of the leg.
- Sciatic Nerve** Major nerve that carries impulses for muscular action and sensations between the low back, thigh and lower leg; it is the longest nerve in the body.
- Shin Splint** A catch-all syndrome describing pain in the shin that is not a fracture or tumor and cannot be defined otherwise.
- Soft Corn** A corn, softened by moisture, that is found beneath the toes rather than on the upper surface of the toe.
- Sorbothane** An energy-absorbing polyurethane utilized in some foot orthotics to absorb shock forces of the foot.
- Spasm Theory** Muscle soreness induced by exercise; is the result of reduced muscle blood flow, which results in pain.
- Spinous Process** A small projection off the posterior portion of each vertebrae that functions as an attachment site for muscles or ligaments of the spine.
- Spleen** Large, solid organ responsible for the normal production and destruction of blood cells.
- Spondylitis** Inflammation of one or more vertebrae.
- Spondylolisthesis** Forward displacement of one vertebrae over another below it due to a developmental defect in the vertebrae.
- Spondylosis** Abnormal vertebral fixation or immobility.
- Sports Psychology** A science that deals with the mental and emotional aspects of physical performance.
- Sprain** Injury resulting from the stretch or twist of the joint; causes various degrees of stretch or tear of a ligament or other soft tissue at the joint.
- Sternum** The breast bone.
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- Steroids** Any one of a large number of hormone-like substances. See anabolic steroids and cortical steroids.
- Strain** Injury resulting from a pull or torsion to the muscle or tendon that causes various degrees of stretch or tear to the muscle or tendon tissue.
- Stress Fracture** A hairline type of break in a bone caused by overuse.
- Stress X-Ray** A continual X-ray taken when a portion of the body is stressed to its maximum in order to determine joint stability. This is a test utilized for some ankle injuries.
- Stretching** Any therapeutic maneuver designed to elongate shortened soft tissue structures and thereby increase flexibility.
- Subluxation** Partial dislocation of a joint. The term usually implies that the joint can return to its normal position without formal reduction.
- Superior** In anatomy, the upper of two parts; toward the top or above.
- Supination** Movement of the forearm into a palm-up position.
- Synovial Fluid** Lubricating fluid for joints and tendons, produced in synovium, or the inner lining of a joint.
- Synovitis** Inflammation of the synovial lining of a joint.
- Talus** The ankle bone that articulates with the tibia and fibula to form the ankle joint.
- Target Heart Rate** A predetermined pulse to be obtained during exercise when circulation is working at full efficient capacities.
- Tarsals** Group of six bones of the foot consisting of the calcaneus, talus, cuboid and three cuneiform bones.
- Temporomandibular Joint (TMJ)** The articulation of the jaw and skull; considered by some to be vital in resolution of injuries throughout the body.
- Tendinitis** Inflammation of the tendon and/or tendon sheath, caused by chronic overuse or sudden injury.
- Tendon** Tissue that connects muscle to bone.
- Tennis Elbow** General term for lateral elbow pain.
- Thermotherapy** Use of heat to treat a disease or disorder.
- Thoracic** Group of twelve vertebrae located in the thorax that articulates with the twelve ribs.
- Thoracic Outlet Compression Syndrome** A neuro-vascular disorder of the upper extremity common in throwing.
- Tibia** Larger of the two bones of the lower leg; the weight-bearing bone of the shin.
- Tomograph** A special type of x-ray apparatus that demonstrates an organ or tissue at a particular depth.
- Trachea** The windpipe.
- Transcutaneous Electrical Nerve Stimulator (TENS)** An electrical modality that sends a mild current through pads at the injury site, which stimulates the brain to release the natural analgesic, endorphin.
- Transverse Process** Small lateral projection off the right and left side of each vertebrae that functions as an attachment site for muscles and ligaments of the spine.
- Trapezius** Flat, triangular muscle covering the posterior surface of the neck and shoulder.
- Triangular Cartilage** A connective tissue characterized by its nonvascularity and firm consistency; located on the little finger side of the wrist.
- Triceps** Muscle of the back of the upper arm, primarily responsible
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for extending the elbow.

Ulna Forearm bone that runs from the tip of the elbow to the little finger side of the wrist.

Ulnar Collateral Ligament A band or sheet of fibrous tissue connecting two or more bones, cartilages or other structures, or serving as support for fasciae or muscles; located on the inside of the elbow. (Ligament that was replaced or repaired for the Tommy John surgery.)

Ulnar Nerve Nerve in the elbow commonly irritated from excessive throwing.

Ultrasonography Process by which the reflection of high-frequency sound waves is used to develop an image of a structure.

Ultrasound An electrical modality that transmits a sound wave through an applicator into the skin to the soft tissue in order to heat the local area for relaxing the injured tissue and/or disperse edema.

Valgus Angulation outward and away from the midline of the body.

Varus Angulation inward and toward the midline of the body.

Vasoconstriction Decrease of local blood flow.

Vasodilation Increase of local blood flow.

Whirlpool Water bath in which the water is propelled by air to produce a massaging therapeutic action.

Wind Knocked Out Syndrome describing a contraction of the abdominal nerve trunk, the solar plexus, as a result of an abdominal contusion.

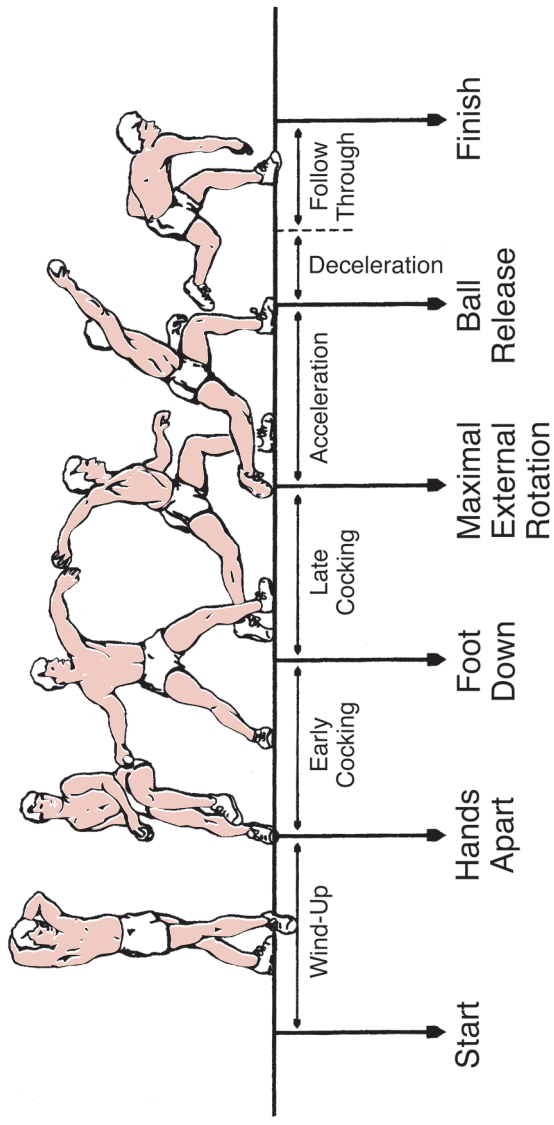
Wrist The junction between the two forearm bones (radius and ulna) and the eight wrist bones (trapezium, trapezoid, capitate, hamate, pisiform, triquetral, lunate and scaphoid).

Zygoma The cheekbone.

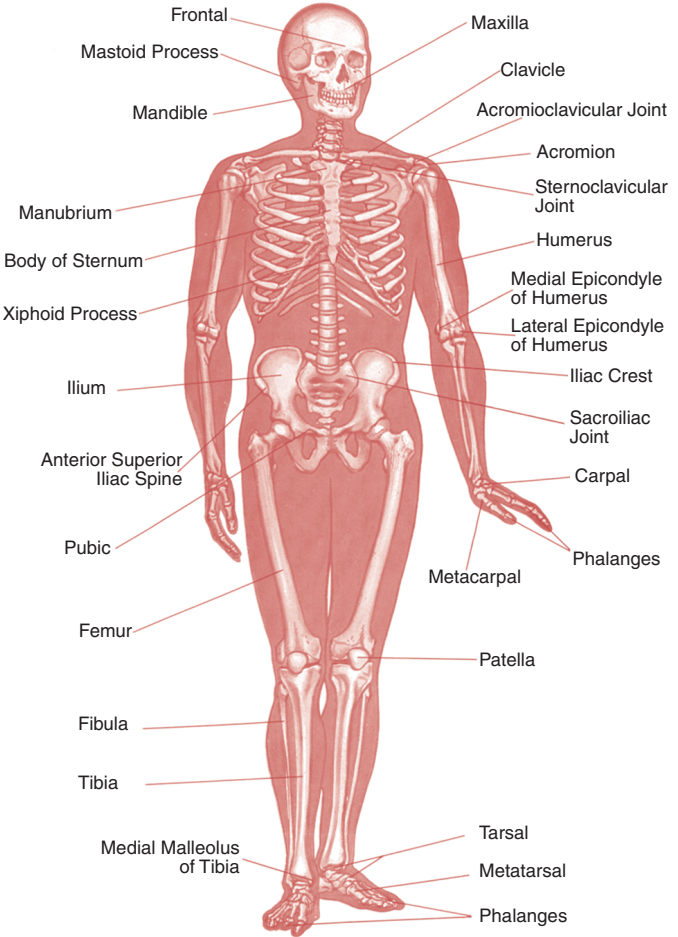
NOTE: This list is not meant to be all inclusive, nor should it be used as a substitute for a physicians diagnosis and/or description of an injury or illness. For further definitions, please refer to the *Stedmans Pocket Medical Dictionary* published by Williams and Wilkins.

the Baseball Pitch

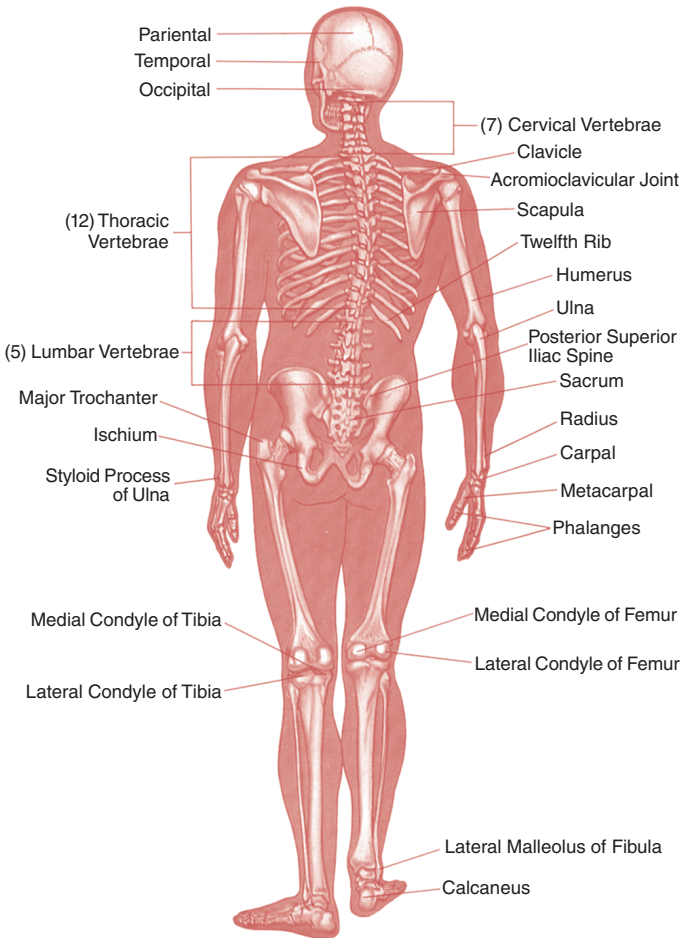
Wind-up, cocking, acceleration, ball release, and follow-through



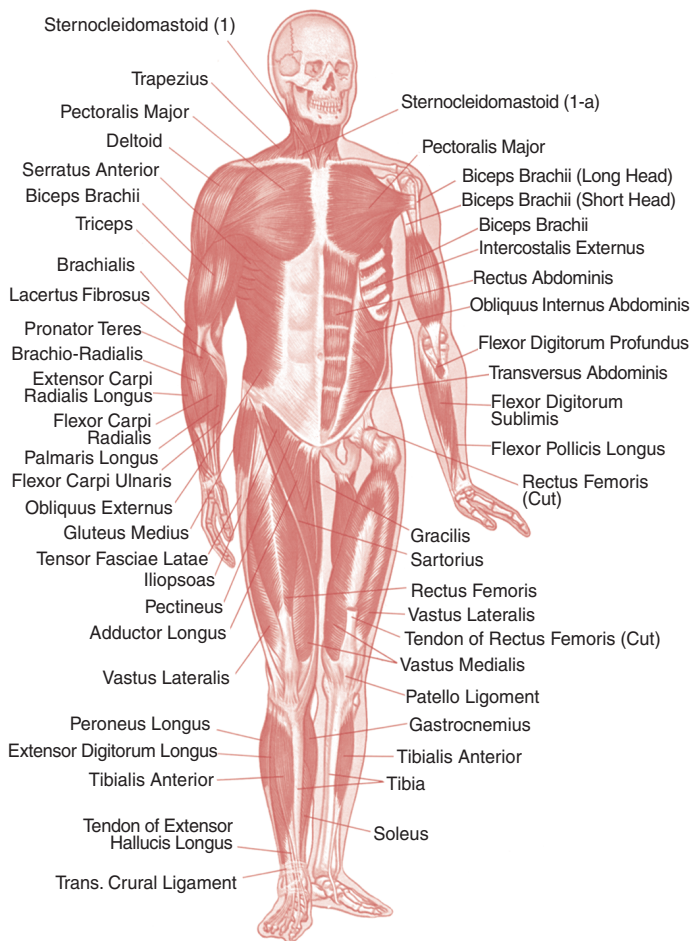
SKELETON: ANTERIOR VIEW



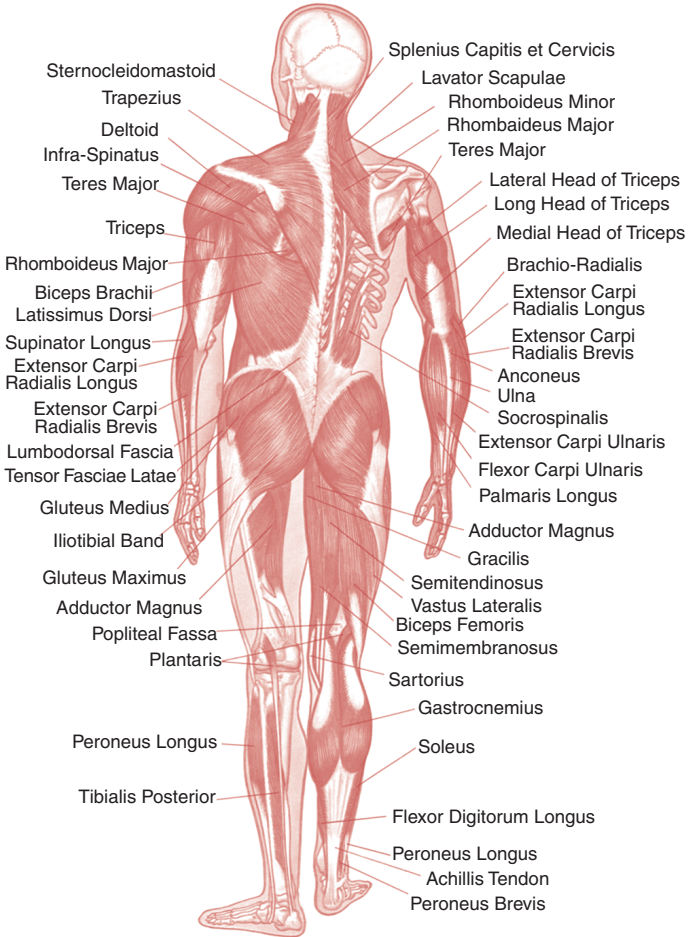
SKELETON: POSTERIOR VIEW



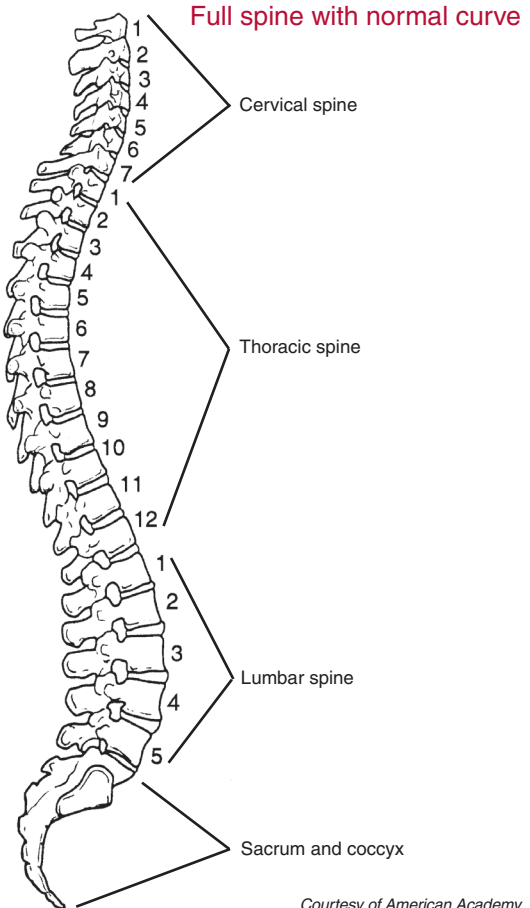
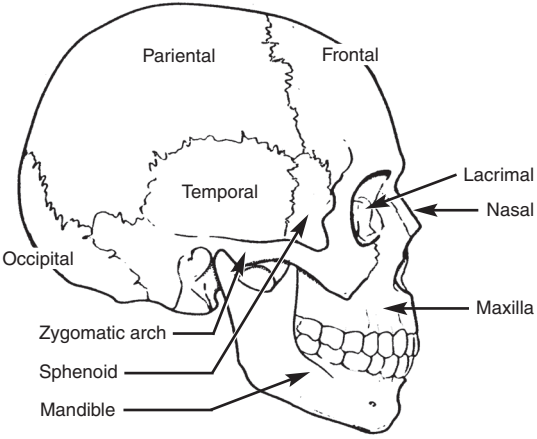
MUSCLES: ANTERIOR VIEW



MUSCLES: POSTERIOR VIEW

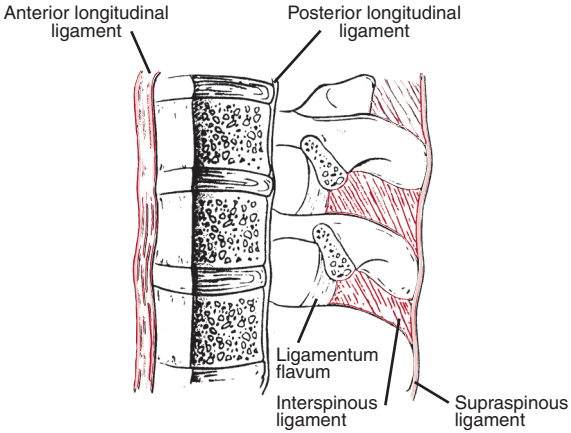


ANATOMICAL SECTIONS

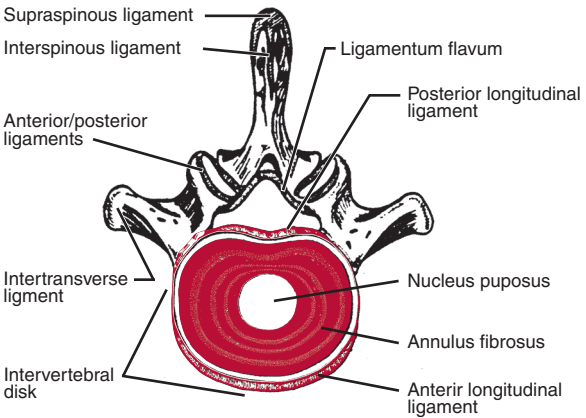


ANATOMICAL SECTIONS

Sagittal superior view

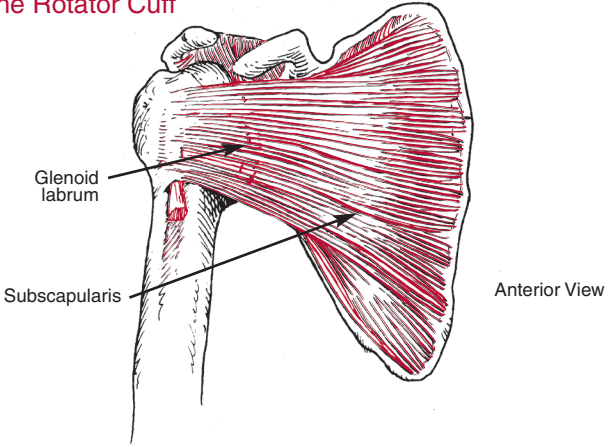


Transverse horizontal view

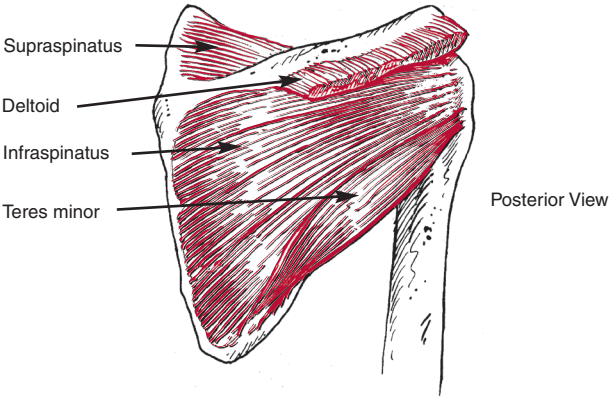


ANATOMICAL SECTIONS

The Rotator Cuff

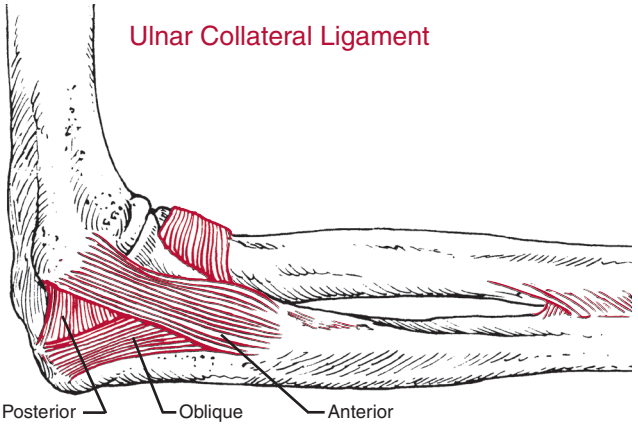


The Rotator Cuff

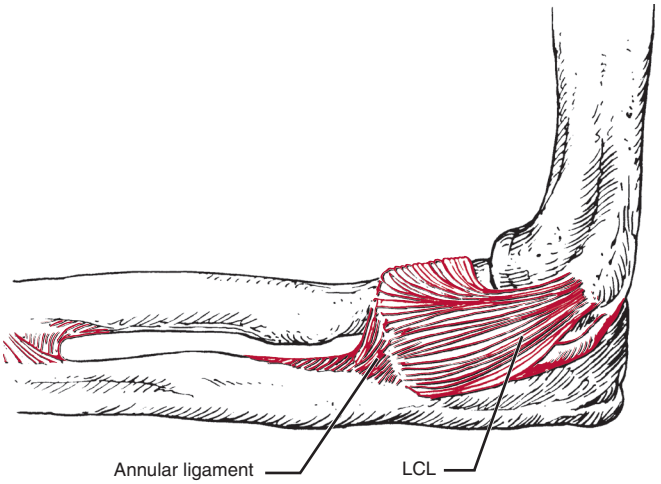


ANATOMICAL SECTIONS

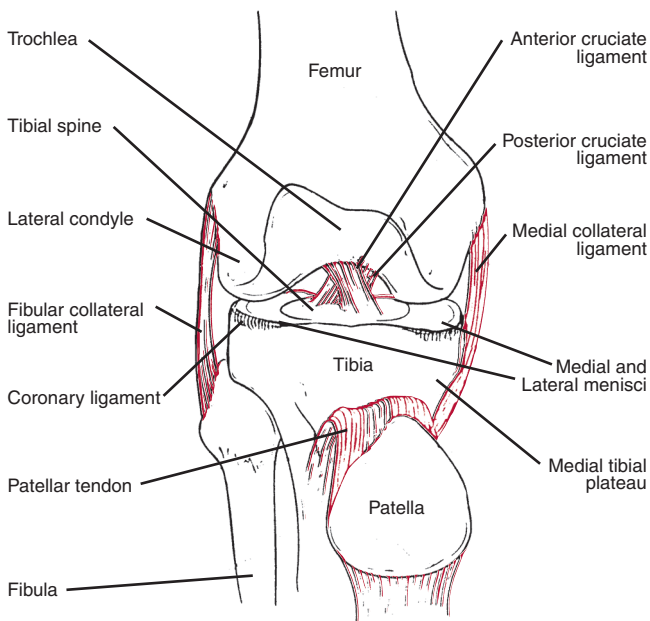
Ulnar Collateral Ligament



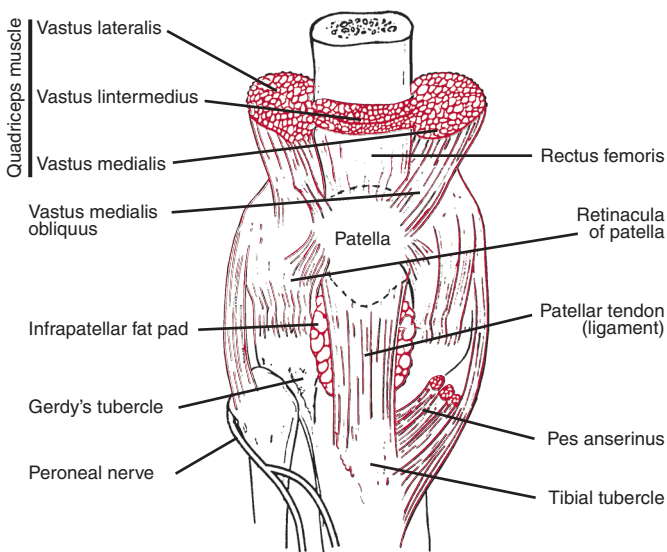
Radial Collateral Ligament



ANATOMICAL SECTIONS



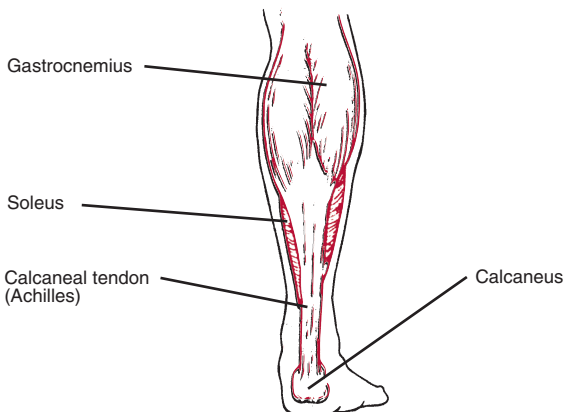
The knee comprises two joints made up by the femur, tibia, and patella. The four major ligaments of the knee are the medial, lateral, anterior, and posterior collateral ligaments. The tibia is partially covered by menisci.



Courtesy of American Academy of Orthopedic Surgeons

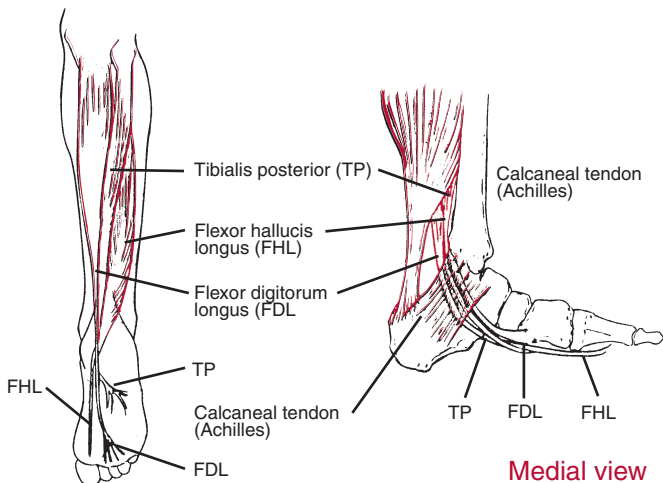
ANATOMICAL SECTIONS

Superficial position

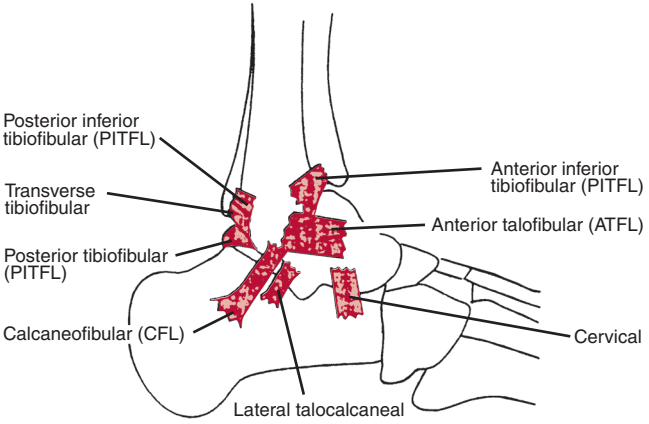


The posterior compartment muscles of the foot cross the ankle joint to insert on the foot.

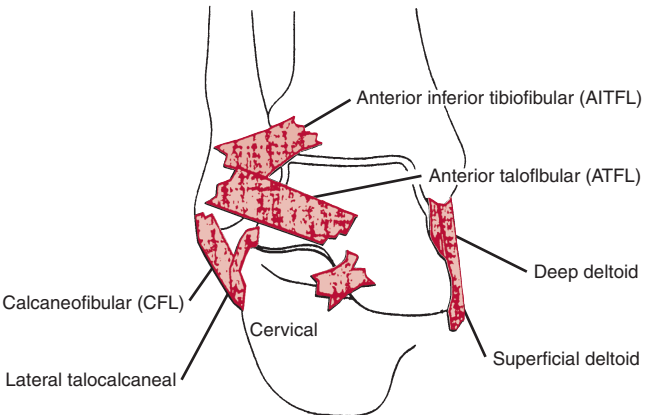
Deep portion



ANATOMICAL SECTIONS



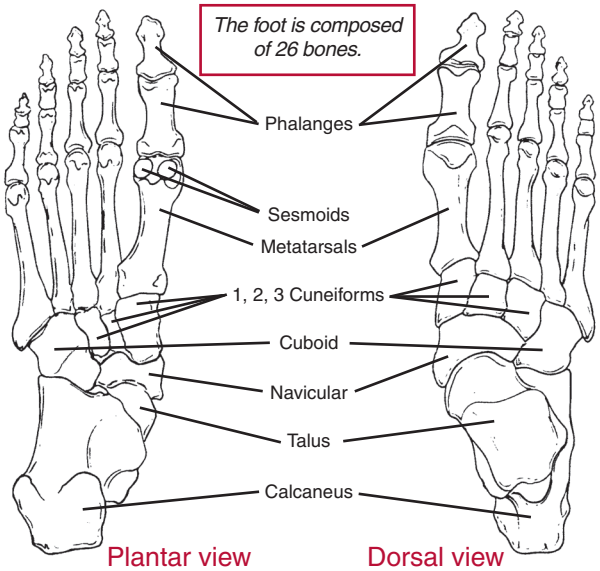
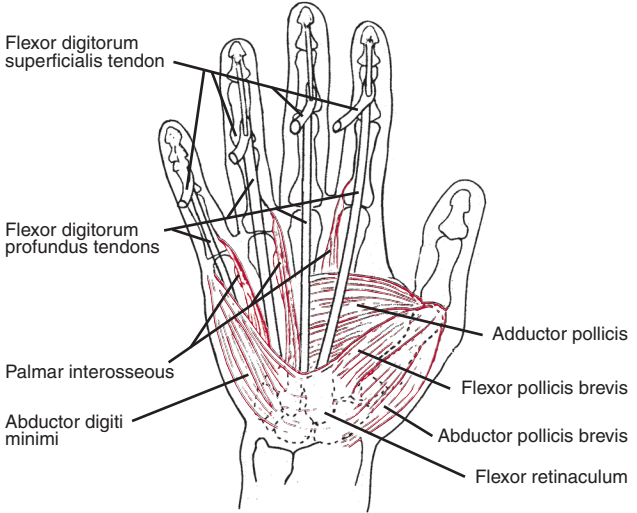
Lateral view of the ankle and subtalar joint ligaments



Anterior view of the ankle and subtalar joint ligaments

ANATOMICAL SECTIONS

Palmar cross-section of the hand



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Manny Lopez
Cincinnati Reds

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Coordinator:	Bryan Housand
International League:	Jacon Legan
Pacific Coast League:	Hoshito Mizutani

Double-A

Eastern League:	Tim Vigue
Southern League:	Dylan Culwell
Texas League:	Brad Groleau

Single-A

Midwest League:	Micah Gerhart
South Atlantic League:	Ruben Santiago
Northwest League:	Katie Reyes
Florida State League:	Marissa VanHassel
California League:	Masa Koyanagi
Carolina League:	Lauren Gottschall

Complex Leagues

Arizona Complex League:	Luis Estala
Florida Complex League:	Toni Lee
Dominican Summer League:	Marlon Carvajal



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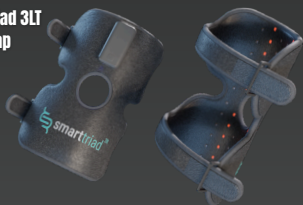
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